

Pediatric Consultation Liaison

Division 54 SPP Special Interest Group Newsletter

A Note from the Co-Chairs:

Kevin Tsang, PsyD

Greetings C&L Sig Members

I'm excited to be shifting roles and joining Chrissy Cammarata as co-chair of the CL SIG. We are grateful to Courtney Fleisher for staying onboard while Chrissy is on maternity leave to support the transition. We are appreciative of Megan Shelton's efforts as long running secretary and membership coordinator on the SIG leadership and we welcome our new team members.

We had a productive business meeting in Portland and are energized by the great discussions generated by a skilled group of CL practitioners. In a short time, through the use of breakout discussion groups, a workgroup was formed to explore management plans for patients boarding on medical floors, an email list was initiated to support discussion about billing concerns, and enthusiasm built for the restart of the Coping Scale Project based out of Louisville.

We also began surveying the SIG membership to assess future directions and how we can meet membership needs. We welcome additional participation; please follow the [link](#) on page 2 to offer your input. Based on initial suggestions, we are exploring ways to expand opportunities for our members to participate and collaborate including web-based didactic programming and, potentially, case discussions. In the spirit of participation and collaboration, please be in touch with the leadership team with ideas and input.



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CL SIG Member Survey

Established in 2011 as one of the first formed Division 54 SIGs, the Pediatric Consultation-Liaison Special Interest Group has evolved to serve its members in a variety of ways. At the SPPAC 2017 CL SIG meeting in Portland, the leadership group conducted its first survey of SIG members to assess perceptions of how the SIG is performing at meeting members' needs. Approximately half of those present at the meeting (N=22) completed the survey; preliminary results reflect overall favorable ratings of CL SIG performance. Recognizing that responses reflect a small percentage of our membership, the leadership group requests that members who did not respond at the Portland business meeting take a few minutes of their time to complete the membership survey. To preserve response integrity, we will refrain from providing complete results of the survey until additional members have had an opportunity to share their perceptions of the SIG's performance through participation in the survey. Keep your eyes peeled for a full accounting of the results in a future CL SIG publication.

www.surveymonkey.com/r/VVH93XY

We are excited to see what ideas emerge from our members about new ways we can meet your needs. So far, themes of interest in web-based initiatives were identified in responses from early respondents. Several members expressed interest in participating in opportunities to use the web as a platform to learn from SIG members through formal presentations and collaborative discussion regarding clinical case material. This could look like:

- A presentation on a CL-related topic that is posted to the Division 54 channel on YouTube or the Pediatric Psychology Resource Bank Blog
- A webinar about a your institution's approach to specific patient populations
- An online, live case presentation or consultation

The leadership group looks forward to facilitating such exchanges of ideas and resources amongst our membership. If you are interested in sharing your knowledge with other members in this way, please contact Anne Reagan and Nicole Schneider, to propose topics. Additionally, if you have expertise in technology and wish to support the CL SIG leadership in facilitating web-based sharing of information, please let [Anne Reagan](#) and [Nicole Schneider](#), know.



SPPAC 2017 CL-related Posters

Integrating Psychology into a Newly Formed Multidisciplinary Center: Assessing the Psychological Needs of Patients with Vascular Anomalies. Dara Steinbert, Ionela Iacobas, Judieth Margolin, & Virginia Depp Cline.

Evaluation of an inpatient rehabilitation protocol for gait abnormalities in pediatric patients with conversion disorder. Catherine Butz, Cindy Iske, Michelle Miller, Chrissie Koterba, & Winnie Chung.

Characteristics of services provided by inpatient Psychiatry/Psychology Consultation/Liaison across a 3-year period at a regional children's hospital. Sarah Wu, Erin N. Shoenfelder, Brent Collett, Freda F. Liu, Ian Kodish, & Cynthia Flynn.

Interdisciplinary In-Vivo Implementation of Pediatric Psychology Services during Inpatient Rehabilitation to Re-Initiate Functional Physical Mobility. Margaret A. Tunney, Courtney R. Porter, Lisa Rones, & Cynthia Ward.

Investigation of Pediatric Psychology: The Utilization and collaboration with Consult-Liaison Services at UM/Jackson Memorial Hospital. Priyanka Doshi & Melisa Oliva.

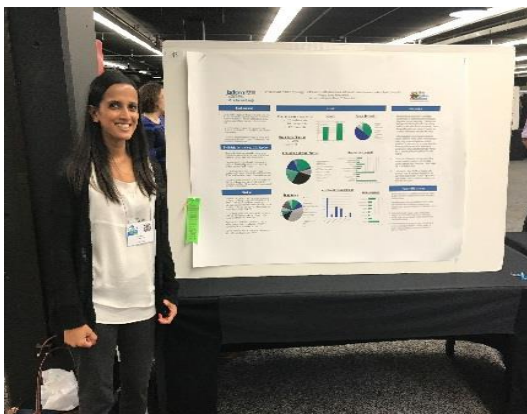
Pediatric provider's perceptions of working with youth with somatic symptom and related disorders: opportunities for pediatric psychologists to collaborate on physician education. Dana Albright, Cook Robin, Laura Donohue, Steven Leber, Nasuh Malas, & Kris Kullgren.

From the Ground Up: Formation and Implementation of a Consultation-Liaison Service. Christopher Min & Heather Huszti.

SAFTeam: An innovative consultation model to support family-centered care in challenging patient/provider relationships. Laura Judd-Glossy, Eileen Twohy, Anne Penner, & Beau Carubia.

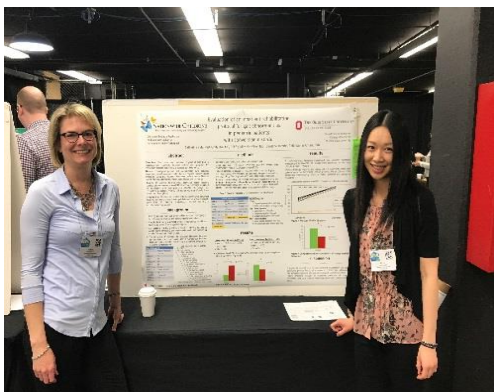


2017 CL Poster Winners



Priyanka Doshi &
Melisa Oliva

*Investigation of pediatric psychology:
The utilization and collaboration with
consult-liaison services at UM/Jackson
Memorial Hospital.*



Catherine Butz, Cindy Iske,
Michelle Miller, Chrissie
Koterba, & Winnie Chung

*Evaluation of an inpatient rehabilitation
protocol for gait abnormalities in pediatric
patients with conversion disorder*



Student Spotlight: Priyanka Doshi, MS, MA

By: Gillian Mayersohn, M.S.

Priyanka Doshi is a Psy.D. candidate at the PGSP Stanford Psy.D Consortium in Palo Alto, CA. She is currently completing her pre-doctoral internship at Jackson Memorial Hospital (Miami, Florida) in their Pediatric Behavioral Medicine track.

Priyanka was awarded the CL-SIG's best student poster award at SPPAC 2017. Her poster was titled "Investigation of Pediatric Psychology: The Utilization and collaboration with Consult-Liaison Services at UM/Jackson Memorial Hospital." She recently sat down for a Q&A about her poster:

How would you describe your poster? As the field of pediatric psychology continues to grow, the goal of my poster was to examine the trends of inpatient psychological consultations in addition to exploring the nature of collaborations with other health related specialties.

What are the most salient/relevant findings from your poster? This study demonstrated the importance of studying the patterns and trends of CL services to work towards integrating pediatric psychology into the medical team. This study also demonstrates the importance of collaboration between psychology and other health related services to help promote the role of psychology and the services they can provide. By demonstrating the large need of CL services in the Jackson healthcare system, research can have an impact on direct and indirect health care costs and patient outcomes. Clinically, increased awareness about CL services can help contribute to the development of first line assessment and intervention to meet the needs of children, adolescents, and families in the acute hospital setting.

What, if any, challenges did you face? Challenges with this project included questions about how to clearly define collaboration between psychology and other health related disciplines. Collaboration can range from liaison relationships with other services to joint therapy, and the challenges associated with this definition may impact the role of psychology. Additionally, when we reviewed the patterns of consults, it became clear that the medical team was uncertain at times about when it was appropriate to consult psychology versus other health disciplines.

What are your next steps after finishing internship? In July 2017, I will begin my postdoctoral fellowship in Solid Organ Transplant at the Children's Hospital of Philadelphia, which is an excellent fit for my clinical interests, which include consultation-liaison services and solid organ transplant. My current research interests include strategies to improve nonadherence within the solid organ transplant population as well as supporting transition from pediatric to adult health care. Throughout my training, I have had the opportunity to conduct both therapy and assessments in a community mental health center, schools, children's hospitals, and an Autism and Developmental Disabilities Clinic, and I look forward to my upcoming fellowship at CHOP.

Thank you to Priyanka Doshi and congratulations to her and her co-author (Dr. Melisa Oliva) on being awarded the Pediatric CL SIG Student Poster Award for this year!

Do you know a student who you'd like to see in our Student Spotlight? Please contact [Laura Judd-Glossy](#) with nominations.

Research Spotlight: Cathy Butz, PhD

By: Nicole Schneider, PsyD

Cathy Butz, PhD is a pediatric psychologist at Nationwide Children's Hospital and an Associate Clinical Professor of Pediatrics at the Ohio State University College of Medicine. Dr. Butz—along with co-authors Cindy Iske, Michelle Miller, Chrissie Koterba, and Winnie Chung—won the Pediatric Consultation and Liaison SIG Poster Award at SPPAC 2017 for "Evaluation of an inpatient rehabilitation protocol for gait abnormalities in pediatric patients with conversion disorder". We had the opportunity to ask Dr. Butz a few questions about her research study and experience on the rehab unit.



Please tell us a little about your poster, including why you and your team wanted to conduct this study. The poster provides a snapshot of the conversion program we run at Nationwide Children's Hospital. We have been treating conversion patients on our inpatient rehab unit for over 20 years. We have a multidisciplinary team that is fully integrated with the nursing and medical staff, all of which provide the necessary tools for successful outcomes. We are proud of our success rate thus far.

What does your inpatient rehab protocol currently encompass? The rehab protocol includes a routine schedule of therapies (physical, occupational, recreational) that are designed to encourage strength-building and mobility. Similar to the other patients in rehab, conversion patients meet with these team multiple times per day. In addition, they have regular sessions with a psychologist and teacher. The goal mountain is designed to emphasize incremental progress in physical mobility and strength, as well as promote independence. Families typically are involved only in a supportive way, and can be limited in terms of visitation. In terms of a behavior plan, patients are restricted from accessing the internet, using cell phones, or participating in hospital events during their admission. This is to ensure the patient maintains their focus on achieving goals to go home.

What were the findings of your evaluation? In general, 86% of patients improved significantly based on assessment of functional independence. Patients completed the inpatient protocol successfully within an average of 6 days, whereas non-completers had longer admissions, averaging about 14 days.

What were some of the challenges you faced in this project? There were no challenges in this project, per say. Documentation is comprehensive for all patients, so this data was readily available. However, this study has identified the potential to introduce additional measures to further assess psychological aspects. In addition, discussions pertaining to characteristics of the non-completers have led to changes in our assessment process prior to admission.

What tips would you give to other psychologists/trainees looking to conduct a program evaluation? Collective accountability and interest from all team is essential. I feel very fortunate to work in that kind of setting at Nationwide Children's Hospital.

What are your next steps with this project? We will continue to collect data on progress of physical mobility, from a programmatic standpoint, as well as consider other measures that may shed more light on the psychological underpinnings of this population. This will help to better understand those who may not have successful completions or longer lengths of stay. We would also like to begin obtaining follow-up data on this population post discharge to assess long-term gains.

Thank you Dr. Butz and congratulations to her and her co-authors on being awarded the CL SIG Poster Award this year!

Please contact [Anne Reagan](#) and [Nicole Schneider](#) if you are interested in having your research highlighted in an upcoming newsletter.

ANNOUNCEMENTS

TRAINING PROGRAM DATABASE

The CL SIG has created a Training Database of clinical practica, predoctoral internships, and fellowships that include pediatric consultation-liaison as a portion of their training. In creating this database, the CL SIG leadership hopes to provide an easily accessible way for trainees, of all levels, to find programs that include a CL component.

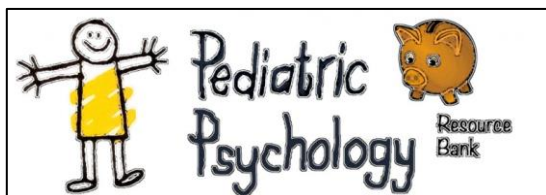


Currently, our database includes 25 programs with information about the levels of training available, the model of the CL service, specific details about each program's CL service, and research opportunities. The database will be listed as a password protected document on the [CL SIG webpage](#) and should be posted by mid-June. The file password is [SPPCLsig2017](#) (case sensitive).

If your program is not currently included in our database and you would like to have it added, please contact CL SIG Student Representative, [Gillian Mayersohn](#).

2018 SIG BUDGET PROPOSAL

This winter, the SPP Board of Directors approved a budget of \$100 to be used at the discretion of each SIG. This year, we used a portion of our budget to award a free 2018 SPP membership to Priyanka Doshi, our SPPAC 2017 student-led poster award winner, and to sponsor lunch for our mentor-mentee lunch at the conference. In addition to the per-SIG budget, SIGs may apply for additional funds (approximately \$3000) to use in innovative ways that benefit SIG and SPP members. Proposals will be evaluated by the Member-At-Large for Membership and a group of four SIG chairs to make determinations about how the funds will be awarded and distributed. If you are interested in participating in the development of a CL SIG proposal, please contact our [co-chairs](#).



Don't forget to check out the Pediatric Psychology Resource Bank! And as always, please contact Bryan Carter at bryan.carter@louisville if you need further information or want to add a submission.

CL SIG Leadership Team

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