

# Pediatric Consultation Liaison

Division 54 SPP Special Interest Group Newsletter

## A Note from the Co-Chairs:

Chrissy Cammarata

Greetings C&L Sig Members

I am excited to join Courtney Fleisher as Co-Chair of this wonderful group. Courtney and I would like to extend a huge thanks to Kristen Kullgren for her work she did in leading this group over the last couple of years and paving the way for the exciting things to come. I am so proud to be a part of such an enthusiastic and creative team of professionals. We had a fantastic meeting in Atlanta and it was great to see so many faces of people interested in CL related work. We understand that many of our members are also members of other SIGs and felt torn about which meetings to attend. We heard you loud and clear and hope to include even more of our members next year. In conjunction with the SIG Leadership, we are problem solving barriers to attendance. Be on the lookout for a short survey to help us better schedule our meetings with fewer conflicts.

At our meeting in Atlanta, we talked about ways to get our members more involved in our SIG. Great ideas arose, including cross-site research projects and innovative collaborations to increase the content of our resource bank. The MUPS brochure, shepherded by Amy Williams while serving as our Representative for Innovations, is one example of such collaboration, and she is ready to spearhead a project focusing on improving sleep for kids during inpatient stays. I am excited to think about additional new projects coming our way. See the Announcements (P. 2) for ways we hope to facilitate connections. We are looking forward to seeing all of you in Portland next year. Until then, stay in touch and keep up the great work!



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# COMING SOON

The leadership team was excited about our conversations in Atlanta. A primary goal we have for the next year is to get more members actively involved in the SIG. That starts with increased communication from the leadership team. Moving forward, we will be sending out bimonthly emails to stimulate conversation and connections among members. We plan to highlight a different content area each eNewsBrief including specific research projects in need of multisite participation or specific concerns often seen on CL services. Please feel free to contact the leadership team if you have a research project or concern you would like to see addressed in our upcoming newsletters!

The leadership team is working to increase opportunities for our members, especially our early career members, to connect with one another around research opportunities and increase dissemination of our members' hard work. Be on the lookout for a brief survey to collect information about ongoing studies in need of participation, as well as research ideas for further development. We will ask for basic details about the study and areas in need of assistance (e.g., literature reviews, data collection, data analysis, etc.), as well as contact information. The goal of the survey is to summarize, organize, and to disseminate opportunities for collaboration.



## SPPAC 2016 CL-related Posters

**Improving Care, Enhancing Health, and Reducing Cost for Children with Medical Complexity and Psychosocial Vulnerabilities.** Harpreet Nagra, Samantha Barry, & David Wagner.

**Adapting and Implementing Family Based Treatment for Medical Stabilization of Eating Disorders in a Pediatric Hospital.** Mery Taylor & Winnie Chung.

**Improving Suicide Identification IN pediatric Populations: A Quality Improvement (QI) Project.** Naadira Upshaw, Brooke Reidy, Grace Fong, & Beth Thompson.

**Medically Unexplained Physical Symptoms – Physician Needs Assessment.** Kevin Tsang, Courtney Fleisher, Deirdre Caplin, Catherine Sullivan, & Emily Wakefield.

**Conjoint Behavioral Consultation Through Mobile Telepresence Robots in Rural School Settings.** Aaron Fischer, Mamie Thompson, Bradley Bloomfield, Jaimee Kidder, Emily May, & Erica Lehman.

**An Interdisciplinary Approach During Inpatient Admission to Address Anxiety Inhibiting Self-Catheterization.** Margaret Tunney, Kimberly Skillicorn, Adrianna Amari, & Cynthia Ward.

**Case Studies in Prevention of Gastrostomy Tube Placement: Behavioral Feeding on a Consultation/Liaison Service.** Lauren Garbacz, Robert Dempster, & Paige Martin.

**Increasing Coping Skills in Children with Chronic Pain through Interactive Play: A Validity Study of the Board Game Monster on the Move.** Danielle Mizell, Bryan Carter, Steve Katsikas, Brooke Threlkheld, & Pamela King.

**A Proposed Measure of Objective Treatment Burden in Cystic Fibrosis.** Emily Ach, Carolyn Snell, Katherine Gallagher, & Georgina Garcia.

**Pediatric Lung Transplantation: Does Quality of Life Improve?** Dara Steinberg, Mariella Self, & Danita Czyzewski.

**Training/Focus Group on the Role of Pediatric Psychology Consultation-Liaison Services at a Mid-Western Children’s Medical Center.** Kelly Hanlon, Nore Salman, & Laura Middleton.



## 2016 CL Poster Winners

Congratulations to our CL poster award winners!!



Margaret Tunney, Kimberly Skillicorn,  
Adrianna Amari, & Cynthia Ward

*An Interdisciplinary Approach During Inpatient  
Admission to Address Anxiety Inhibiting Self-  
Catheterization*



Lauren Garbacz, Robert Dempster, &  
Paige Martin

*Case Studies in Prevention of Gastrostomy Tube  
Placement: Behavioral Feeding on a  
Consultation / Liaison Service*



## Student Spotlight: Gillian Mayersohn, MS

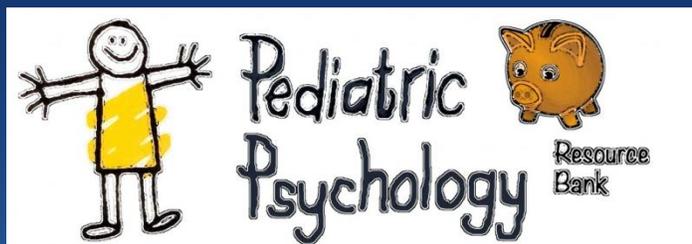
Gillian Mayersohn is a Psy.D. candidate at Nova Southeastern University (Fort Lauderdale, Florida) under the mentorship of Dr. Barry Nierenberg. She is currently completing a practicum at Children's Health Children's Medical Center (Dallas, Texas) and will begin her pre-doctoral internship in August 2016. Her clinical interests include consultation liaison services, hematology/oncology, solid organ transplant, orthopedic/physical conditions and cystic fibrosis. Throughout the course of Gillian's training, she had the opportunity to conduct both therapy and assessment in various settings including children's hospitals, a community mental health clinic, an intensive outpatient program, a pediatric-skilled medical home, and an outpatient orthopedic physical therapy center.

Gillian is currently involved with multiple research projects including a study examining posttraumatic growth in a pediatric solid organ transplant population, a study assessing the impact of diabetes camp on quality of life, hope and well-being in camp counselors, and a study investigating family functioning, treatment burden, and health-related quality of life in youth with cystic fibrosis. Gillian has worked on a research team that received a \$15,000 grant to examine the psychological factors contributing to outcomes in pediatric limb-lengthening. Additionally, Gillian has presented her research at national conferences and has co-authored a manuscript exploring the application of well-being therapy with spinal cord injuries.

Her first clinical exposure to CL services was this year as a practicum student at Children's Health Children's Medical Center, where she is currently providing hospital-wide psychological care to children with various acute and chronic medical conditions. Gillian has quickly come to enjoy the fast-paced, unpredictable nature of CL work in the pediatric setting. Being on the CL service has allowed Gillian to improve her knowledge about various medical diagnoses, hone her brief evidence-based practice intervention skills, and further her abilities to work with multidisciplinary teams.

Gillian has been a student member of Division 54 since 2011 and is the new student representative of the Pediatric Consultation-Liaison Special Interest Group. Some of her goals as student representative are to further advance the mentorship program and increase student involvement within the CL SIG.

## DON'T FORGET!



Please contact Megan Shelton with nominations for the Student Spotlight.

Thanks to everyone who committed to submit materials to the Pediatric Psychology Resource Bank. Please be sure to upload your materials! Your contributions are what make the bank a helpful professional tool for everyone!

Contact Bryan Carter at [bryan.carter@louisville](mailto:bryan.carter@louisville) if you need further information or want to forward your submission as an attachment.

Don't forget to contact Gillian Mayersohn if you would like to register for the student mentor/mentee program!

## CL SIG

### Leadership Team

#### Co-Chairs

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