

Summer Edition

C/L SIG NEWSLETTER

2026

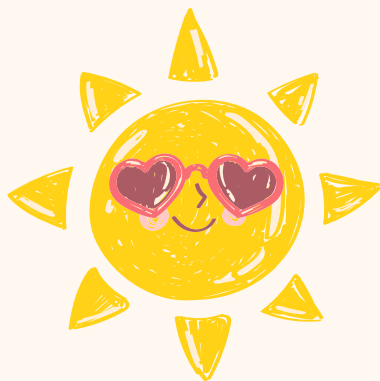
Consultation-Liaison SIG Quarterly Newsletter!

As spring gives way to summer and a new cohort of trainees joins the team, we're settling into a different rhythm of C/L. While consult lists may be a bit lighter and schedules a little more forgiving, the season brings fresh opportunities for teaching, mentorship, and growth. Here's to the collaboration, curiosity, and camaraderie that continue to strengthen our C/L community!



Mentorship Interest?

As we welcome new trainees and look ahead to the coming academic year, we're also exploring opportunities to strengthen mentorship within our C/L community. Whether you're seeking guidance in a specific area of consultation-liaison, career development, education, research, or leadership—or interested in sharing your own expertise as a mentor—we'd love to hear from you. Please complete our [Mentorship Interest Survey](#) to help us foster meaningful connections and support professional growth across all career stages.



Soak in the season.
[Click here](#) for a
quick summer
mindfulness exercise.

Want to Be Featured?

We want to know what research our SIG members are doing in the area of C/L! Below is a link to a Google Form to share your published research in our next newsletter, come Fall. [Click here!](#)

 The C/L SIG Team

Best of Both Worlds: Clinical and Research on C/L

Andrew Gill, PhD
Co-Chair for Research, Outcomes, & Intervention

It is an evergreen challenge for me and most other CL psychologists I know to give as much attention to research as to our clinical responsibilities within CL. That said, it is far from impossible to sustain participation in scholarship as a CL psychologist and the field is much richer for everyone who does so! Here are a few strategies that have helped me seek this balance:

- **Collaboration:** It is way easier to participate in research as a member of a team. This naturally helps lighten loads, allows projects to move forwards when you or your collaborators hit busy periods, and provides accountability towards deadlines. If you are interested in scholarship but don't have collaborators, complete [this survey](#) or reach out to me directly (agill14@jh.edu) so that we can help connect you with others in the SIG with similar interests.
- **Measurement:** My department has a simple adage that if you think you are doing something, measure it. Using rating scales and screening measures within CL work improves precision of assessment, care planning, and treatment delivery while passively growing large datasets for academic inquiry. CL offers a unique advantage as a context for research in this regard as you are likely to encounter far more patients (i.e., potential study participants) in a year than many outpatient providers.
- **Scheduling:** In CL, it's easy for your flex time to get eaten up by competing demands. There is always another patient I could follow up on, another set of messages to send, another care conference to attend, etc. To stay productive in scholarship, I need to set specific deadlines for myself, schedule discrete blocks of time to work on a project, and treat these "appointments" as protected from other interruptions or from rescheduling as if I were meeting with a therapy patient.

The SIG is committed to supporting all who wish to contribute to the science of our field. Let us know how we can help!



Upcoming SIG Events

Coffee Talk 8/21/2026 at 12:00 EST

Topic: Beyond the Consult: Pediatric CL
Psychologists Navigating FND Disposition Planning

Email with meeting Zoom link to follow...

Coffee Talk 10/20/2026 at 12:00 EST

Topic: CL Psychologists Building Better Training for
Medical Residents

Email with meeting Zoom link to follow...

Interested in a Collab?

Education: We love to collaborate with other SIGs for CE's & Coffee Talks! Please email *Laurie Cardona-Wolenski* (laurie.cardona@yale.edu) or Courtney Giannini (courtney.giannini@louisville.edu) with inquiries.



Contact Us



yahlec@childrensdayton.org
drmariamontgomery@gmail.com