eNewsBrief

A bi-monthly newsletter brought to you by the CL SIG

VOL. 2, ISSUE 3 AUGUST 2017

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Training Treats

CL for CL

The CL SIG is revamping our mentorship program and is excited to announce the development of "CL for CL." This program will allow clinicians of all levels (e.g., trainees, early career, mid-career, late career) to seek out consultation from peers in the field on specific topics. Currently we are working to develop a list of individuals who would be available for CL SIG members to contact. This list would be posted as a password protected document on the CL SIG website. Please contact <u>Gillian Mayersohn</u> if you are interested in being a "consultant" or for additional information. We anticipate that this will be a fairly low time commitment and would love to have the involvement of many CL SIG members.

Suggested Topics

- · Applying to internship
- Applying to fellowship
- · Job search
- · Program development
- · Billing
- · Research
- · Case consultation
- · Somatic / functional / MUPS
- · Eating Disorders
- · Trauma / Rehabilitation
- Ethical Issues

Conference Corner

SPPAC 2018: April 5-7 in Orlando, FL

Please keep in mind the following dates for upcoming SPPAC 2018 proposals! The CL SIG leadership is happy to help with any proposal ideas in whatever way makes sense, whether you want to run ideas by someone, are seeking guidance, or want to connect to co-presenters.

September 1, 2017: Abstract Submission site opens

October 2, 2017: Submission Deadline for ALL Oral and Poster Presentations

CL SIG Survey Results

Thank you to those who took a moment to complete our membership survey. As forecast in our Spring 2017 Newsletter, members generally report overall favorable ratings of CL SIG performance. While participation was low (10.4% of our overall membership, N=25), of those who responded, 80% reported that the CL SIG either "Mostly" or "Fully" met their needs and 100% similarly reported that leadership was responsive to feedback and suggestions.

A free-response question eliciting information about what participants are seeking from SIG membership revealed that networking and collaboration was the primary intention and increased clinical care resources ranked 2nd in terms of objectives of SIG membership. Additionally, several individuals expressed a desire to collaborate and receive research support as a function of their SIG membership.

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CL SIG Survey (continued)

CL SIG publications (eNewsBrief and the Quarterly Newsletter) were rated as the most useful among the benefits of membership (91.7% identified each of these publications as "Mostly" or "Very" useful) and the Resource Bank was rated "Mostly" or "Very" useful by 87.5% of respondents. While the Mentorship Program, Research Database, and the Training Program Database were all rated as "Mostly" or "Very" useful by less that 60% of respondents, we are hopeful that the re-vamping of the Mentorship Program (see "CL for CL" on page 1) and the on-line publication of the Training Program Database will improve the usefulness of these benefits for members. If you are pursing your next level of training in the coming year and would like to know about CL opportunities, please check out the Training Program Database on the DIV 54 CL SIG website.

Among activities and projects members rated, participants reported being "Mostly" or "Very" likely to participate in online clinical case discussions (95.8%) and CL talks and trainings (91.6%). Those reporting that they were "Mostly" or "Very" likely to participate in group research were numerous (76%), but responses were more varied, and less than half (44%) reported being "Mostly" or "Very" likely to participate in virtual happy hours.

Given themes of interest in web-based initiatives, the CL SIG leadership is exploring avenues through which clinical case discussions and CL talks and trainings may be pursued on the internet. If you are interested in sharing your knowledge with other members in this way or if you have expertise in technology and wish to support web-based sharing of information, please contact <u>Anne Reagan</u> and <u>Nicole Schneider</u>. Finally, please explore the new format we will be pursuing for mentor-mentee relationships ("CL for CL") and provide updated information to <u>Gillian Mayerson</u> to further the knowledge and advancement of our field on a person to person level.

Announcements

New Project: Boarders

Patients with psychiatric co-morbidities are spending more time on medical/surgical floors awaiting bed availability in facilities equipped to treat their mental health conditions. Increasingly, pediatric psychologists are being called upon to provide behavioral plans to help manage such patients on floors without established resources in place. CL SIG members are collaborating to systematically evaluate this topic and develop best practice guidelines about meeting these needs. If you are interested in sharing your knowledge or participating with this group, please contact: Courtney Fleisher, Anne Reagan, or Megan Shelton.

Training Database Reminder

The CL SIG has been putting together a database of training programs to serve as a resource for our student members. We currently have 27 programs represented, but know that we are still missing some! Contact <u>Gillian Mayersohn</u> to confirm your program is listed or to complete the brief 7 item questionnaire. Keep in mind that all information you provide will be accessible through a password-protected file on the Division 54 CL SIG website, so please only submit information that you feel comfortable sharing.

SIG Funding

The next round of applications for additional SIG funding will be November 15th! Currently we are putting together an application to fund CL-focused webinars for which members voiced strong interest at SPPAC 2017. If you have other ideas or benefits you'd like to see that support the mission of the CL SIG, get in touch and we'll work to draft a proposal. Contact Kevin Tsang or Chrissy Cammarata.

Resource Bank Highlights

Check out the growing number of brochures available to download on the Resource Bank. Also, Andrew Riley at Doernbecher Children's Hospital with Oregon Health & Sciences University has generously contributed some excellent parenting videos with accompanying handouts that can be accessed on the website. Have you considered submitting a resource that you have found useful in your pediatric psychology practice? As always, a link to the Resource Bank can be found on the <u>CL SIG website</u>. To make a deposit or withdrawal if you are not currently a subscriber, please email <u>Bryan Carter</u> to get your User ID and Password.

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Resource Bank Forms & Brochures

Behavior Contract (de-identified) (Brady) – This contract was developed to set behavioral expectations and guidelines for patients and families admitted for protracted hospital stays. This is intended to be used as a proactive tool rather than singling out more difficult families once conflicts or problems have arisen. Completion of this form upon hospital admission may lead to fruitful conversations reading potential barriers or areas of behavior that may be more difficult to manage.

Brochure-Belly-Breathing_NEW (Schneider & Carter)

Consultation Liaison Brochure (McMurtry)

Conversion brochure (McMurtry)

Generic Multi-Use Video Consent Form (Carter)

Medically Unexplained Symptoms brochure (CL SIG)

Neuropsychology brochure - (McMurtry)

Pediatric Chronic Pain brochure (Williams & CL SIG)

Selective Mutism (Children's Hospital of Eastern Ontario)

Somatic Symptom Conversion brochure (Carpenter)

Traumatic Brain Injury brochure (McMurtry)

Understanding Your Child's Conversion Disorder-Parent Handout (Caplan)

Parenting Resources

Effective Discipline/Behavior Management - Oregon Health & Sciences University -

(Riley) – These short videos, which can be used in a variety of clinical and educational contexts, illustrate effective parenting approaches to a variety of early childhood behavioral challenges. Also includes are supplemental parenting handouts. These are from Project BeHave, Andrew Riley, Ph.D., Oregon Health & Sciences University and Doernbecher Children's Hospital.





Figuring out Frustration (video)

Reworking Rewards for Success (Video)

Supercharging Playtime (Video)

Tools for Effective Time-out (Video)

Giving Great Instructions (Video)

Handouts - Figuring Out Frustration; Giving Great Instructions; Paying Attention, So Attention Pays Off; Power of Praise; Rewards; Supercharging Playtime; Tools for Timeout



PEDIATRIC CONSULTATION LIAISON

Division 54 SPP Special Interest Group

Upcoming Newsletter: November 2017