



The President's Message

"There is no such thing as work–life balance. Everything worth fighting for unbalances your life." — Alain de Botton

Balance is defined as a condition in which different elements are equal or in the correct proportions. My own experience is that balance is a moving target, perhaps achieved over the course of a week, month, or year, but difficult to achieve on a given day.

Balance may be tipped in one direction or another depending on career phase. For example, graduate students in pediatric psychology typically have high work demands — keeping up with course work, assisting with a mentor's projects, working on thesis and dissertation studies, and developing clinical skills. During this time of intense work demands, feeling balanced may be a challenge. It is important to identify strategies that help with focus and efficiency, such that time spent in work is productive. It is equally important to arrange for breaks that truly involve time away and allow for psychological distance between oneself and one's work. The same delicate balance applies to internship where the focus is now solely on consolidating clinical skills and diversifying clinical experiences.

Once in the workforce, achieving balance between professional and personal responsibilities likely involves more choice points. For those of us with multiple professional responsibilities (e.g. providing clinical care, maintaining a funded research program, and providing mentorship), the first balancing act is that of professional juggler. Commitment to personal responsibilities and leisure activities are integrated into this matrix of professional demands.

There are some data to suggest that challenges with work–life balance may be more pronounced depending on the particular professional responsibilities. A study of faculty at the University of California at Davis School of Medicine examined career satisfaction and found that clinical faculty without childcare responsibilities reported significantly greater career satisfaction and better work–life balance than faculty in research positions. Interestingly, once childcare responsibilities were added to the plate, work–life balance satisfaction increased for research faculty but decreased for clinical faculty (Beckett, Nettiksimmons, Howell, & Villablanca, 2015).

Beyond specific responsibilities, there are a host of other factors that may impact satisfaction with work–

life balance. A qualitative study of men and women, including both Ph.D.s and M.D.s, who were former recipients of NIH K08 or K23 awards highlights important themes.

First, work–life balance was an important topic for approximately two thirds of the women and one third of the men, and participants reported that mentoring served an important role in helping to navigate this challenge (Strong et al., 2013).

Of note, this study also highlighted that even when institutional policies are in place to allow flexibility in managing work–life balance, there may be continued stigma related to taking advantage of these policies (Strong et al., 2013). This study points to the invaluable role that senior pediatric psychologists can play in helping to identify effective strategies for navigating work–life challenges and in shaping a culture in which taking advantage of flexible policies is acceptable.

Lessons offered through such mentorship are invaluable and set an important prototype for navigating the balance. I recall observing my postdoctoral mentor bringing her young son to work on an occasion when he was sick and she had work responsibilities that required attention. That image and example remained with me as I sorted through the challenge of managing similar situations.

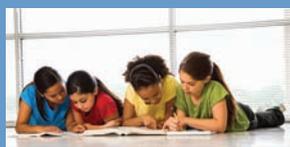
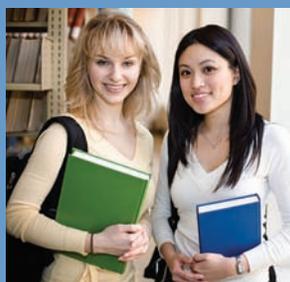
Thinking about the balance between professional and personal responsibilities is important because it requires calibrating or recalibrating values, a task that is easily overlooked in the context of our fast-paced lives. As others have noted, the process of seeking balance between personal and professional lives is cyclical and decisions are renegotiated with new career transitions and opportunities and events during the life cycle, such as taking caring of children and caring for aging parents (Brown, Fluit, Lent, & Herbert, 2011).

I offer a few recommendations for continuing to balance the journey of work and life. It is important to develop collaborations with colleagues who share your values and may be dealing with similar challenges.

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Elissa Jelalian, Ph.D.



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Newsletter Deadline

Articles for the next newsletter are due before January 15, 2016.

Please send your submission to newsletter editor, Laura Simons at laura.simons@childrens.harvard.edu.

SPP and JPP Launch JPP Connection on YouTube

By: Jennifer Schurman, Ph.D.

A joint effort of the Society of Pediatric Psychology (SPP) and the *Journal of Pediatric Psychology* (JPP), the JPP Connection (http://oxfordjournals.org/our_journals/jpepsy/jppconnection.html) strategically links select SPP YouTube video content to special issues and/or individual articles of interest published in JPP.

This will allow for deeper discussion of a population or topic than would be possible in a journal-length manuscript (e.g., application of an evidence-based tool/technique in clinical practice, staging and coding an observational method in research) and/or expansion of discussion into a complementary area (e.g., ethical use of a highlighted research strategy, generalization of findings to diverse populations). It is hoped that this will increase ac-

cess to "hard to find" information and enhance learning by SPP members and the readership of JPP.

The inaugural video is entitled "Observational Research Methods in Action: The Peer Interaction Macro Coding System." This brief video is a companion to a paper published (Holbein et al., 2015) in JPP's 2015 Special Issue on Peer Relations in Youth with Chronic Health Conditions. This video provides more detail about the unique observational research methods described in the paper and is intended for both student/trainee and professional audiences. Thanks to the generosity of Oxford University Press, the companion paper will be available to access without charge via the JPP Connection for one month.



Please check out the JPP Connection and the SPP YouTube page at www.youtube.com/user/Div54SPPChannel for more information and videos in the future.

If you are interested in learning more about the SPP YouTube page or would like instructions on submitting a proposal, please visit www.apadivisions.org/division-54/index.aspx and click on "SPP YouTube Channel."

www.youtube.com/user/Div54SPPChannel

The President's Message

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Equally important is identifying a mentor who is not immediately tied to your academic success and can provide advice and perspective regarding important decisions. Consider the types of flexible policies that may be available to you in the workplace, and identify allies who will support your use of such policies.

Finally, I think it is important to live by the mantra that my close colleague and I use to anchor our interventions with parents of children coping with end of life – above all, minimize regrets.

"A career path is rarely a path at all. A more interesting life is usually a more crooked, winding path of missteps, luck, and vigorous work. It is almost always a clumsy balance between the things you try to make happen and the things that happen to you."

— Tom Freston

References

- Beckett, L., Nettiksimmons, J., Howell, L.P., & Villablanca, C. (2015). Do family responsibilities and a clinical versus research faculty position affect satisfaction with career and work-life balance for medical school faculty? *Journal of Women's Health, 24*, 471-480.
- Brown, J.B., Fluit, M., Lent, B., & Herbert, C.B. (2011). Seeking balance: The complexity of choice-making among academic surgeons. *Academic Medicine, 86*, 1288-1292.
- Strong, E.A., De Castro, R., Sambuco, D., Stewart, A., Ubel, P.A., Griffith, K.A., & Jagsi, R. (2013). Work-life balance in academic medicine: Narratives of physician-researchers and their mentors. *Journal of General Internal Medicine, 28*, 1596-1603.

SAVE THE DATE!

By: Elizabeth R. Pulgaron, Ph.D.

Save the date for the 2016 APA Annual Convention August 4–7 in Denver.

The new APA convention format emphasizes collaborative programs where two or more APA divisions contribute to interdisciplinary learning. Themes for this year's collaborative programs include:

- Social Justice in a Multicultural Society
- The Circle of Science: Integrating Science, Practice, and Policy
- Advancing the Ethics of Psychology: Issues and Solutions
- Cannabis: Concerns, Considerations, and Controversies

- Targeting the Leading Preventable Causes of Death
- Education and Professional Training Issues in Psychology
- The Future of Psychology: Advancing the Field in a Rapidly Changing World

Collaborative program proposals are due October 15. Traditional divisional conference programming continues at the APA convention; the deadline for division-specific program proposal submission is December 1. All proposals must be submitted through the APA convention website.



As program chair for Division 54, I am available to assist with developing collaborative programs. Please contact me at epulgaron@med.miami.edu to begin making connections with members of other divisions. I look forward to seeing you all in Denver next August.

2015 APA Annual Convention Highlights

This year's Annual APA Convention, held in Toronto, offered numerous opportunities for continuing education and career development for Division 54 members. The convention keynote address featured a prominent pediatric psychologist and acclaimed writer, Jonathan Kellerman, Ph.D. Division members were key contributors to many collaborative programs that assembled experts across APA divisions.

SPP Collaborative Program Presenters

- Best Practices in Modeling Longitudinal Data: Making Complex Theory Accessible
- Mental Health and Wellness in LGBTQ Youths and Young Adults
- Integrated Primary Care for At-risk Children: NICU Follow-up and Foster Care
- A Qualitative Evaluation of New Fatherhood: Implications for Policy and Practice
- The Role of Technology in Disseminating Psychology

Division 54 Programming Highlights

- Making a Difference: Moving Child Research Off the Shelf and Into Practice, a symposium chaired by Christine Chambers



- Translating Basic Behavioral Science into New Interventions to Reduce Pediatric Health Disparities, a symposium chaired by Sylvie Naar
- Leadership Development: Developing Skills and Sharing Lessons Learned, a conversation hour hosted by Wendy Ward
- Addressing Perinatal Mood and Anxiety Disorders: Diverse Roles for Psychologists, a symposium chaired by Barbara Ward-Zimmerman and Jennifer Lovell

Programs designed for students, trainees, and early-career psychologists included speed mentoring, a discussion hour with current interns and faculty about preparation for internships, and the ever-popular Internships and Post-docs on Parade. Division members also enjoyed the numerous cultural and social opportunities available in beautiful Toronto.

Many thanks to Karen Roberts, Elizabeth Pulgaron, and all of the D54 members who contributed to the convention's success.

Join Us in Atlanta for SPPAC 2016!



State of the Art in Pediatric Psychology: Promoting Best Practices

By Anna Maria Patiño Fernández, Ph.D., 2016 SPPAC Conference Chair
and Chad Jensen, Ph.D., 2016 SPPAC Conference Co-chair

The 2016 Society of Pediatric Psychology Annual Conference (SPPAC) will be held April 14-16 at the Marriott Marquis in downtown Atlanta. The conference will focus on evidence-based approaches to practice, education, and training. Thursday, April 14, will feature preconference workshops and Special Interest Group (SIG) meetings followed by two days of invited speakers, concurrent symposia, and poster sessions. The conference will feature numerous networking and training opportunities, including social hours, a mentoring lunch, and career development programming. New to the conference this year will be an interactive internships and postdocs on parade. As always, the conference will provide numerous opportunities to earn CE credits.

Featured Presenters



Lee Sanders, M.D., Ph.D.

Our keynote speaker is **Lee Sanders, M.D., MPH**, an associate professor of Pediatrics at Stanford University School of Medicine. He is chief of the division of General Pediatrics and the co-director for the Center for Policy, Outcomes, and Prevention. His research focuses on the field of health literacy. He conducts interdisciplinary research to understand child and parent health literacy as potentially modifiable determinants of child health disparities. Sanders' keynote address will focus on interdisciplinary collaborations in clinical care and research to enhance best practices.

Our international speaker is **Deborah Christie, Ph.D.**, the clinical lead for the Department of Child and Adolescent Psychological Services at the University College London Hospitals. Her work focuses on young people who are searching for ways to live with chronic illness including diabetes, obesity, arthritis, chronic fatigue and chronic pain syndromes, and the development of effective multidisciplinary interventions for children and adolescents. Christie's keynote address will focus on helping medical colleagues think outside the box when working with medically unexplained symptoms.



Deborah Christie Ph.D.

Our Diversity speaker is **Gayle Brooks, Ph.D.**, vice president and chief clinical officer of the Renfrew Center. For the past 25 years, she has treated patients from diverse backgrounds who suffer from eating disorders. Brooks' keynote address will focus on eating disorders and cultural diversity, particularly among minority youth.



Gail Brooks, Ph.D.

Location

The Atlanta Marriott Marquis is a full service hotel, with spacious and stylish conference meeting space, as well as pool, spa, and fitness room. It is perfectly situated in downtown Atlanta and offers a convenient location to area restaurants, tourist locations, and it is a short metro ride to the Hartsfield-Jackson Atlanta International Airport. This is an ideal location for the Society of Pediatric Psychology to convene! Visit the Atlanta Marriott Marquis online at:

www.marriott.com/hotels/travel/atlmq-atlanta-marriott-marquis/



The Society of Pediatric Psychology (Division 54 of the American Psychological Association) is approved by the American Psychological Association to sponsor continuing education for psychologists. The Society of Pediatric Psychology maintains responsibility for this program and its content.

Submit your work

Consistent with the conference theme, we invite program submissions that reflect a focus on the application of research in clinical settings, including the dissemination of evidence-based practice into real-world settings.

All abstract submissions will be peer reviewed and may be submitted as oral (Paper, Symposium, Workshop) or as poster presentations.

Topic areas of interest include, but are not limited to:

- Translation of Evidenced-Based Practices into clinical settings
- Interdisciplinary Collaborations in clinical care and research to enhance best practices, including integrated primary care
- Diverse Populations addressing the needs of diverse and underserved populations, including reducing health disparities and increasing access to care
- Neuropsychological Assessment and Intervention Applications of neuropsychology in addressing impact of disease and other risk factors on learning and school outcomes
- Direct Behavioral Observation/Measurement in the natural environment, in simulated settings, and/or electronic monitoring
- Ethics in Education and Training
- Technology in Research and Clinical Care to broaden reach and increase efficacy

Important Dates

September 18: Abstract submission site opened

October 1: Workshop Abstract submissions due

October 20: Symposium, Paper, and Poster abstract submission deadline

December 1: Registration site opens

December 20: Notification of acceptance or rejection of submissions

March 23: Deadline for reduced rate at hotel (pending availability)

**For more information on SPPAC,
visit www.SPPACannualconference.org.**

**Updates will also be distributed
via the Division 54 Listserv.**

Specific Instructions for Submitting to Easy Chair

<https://easychair.org/conferences/?conf=2016spac>

- 1) Select to log in or create a log-in account
- 2) Select new submission
- 3) Select the track relevant for your submission (Workshop or Posters, Papers, and Symposium) and click "Continue"
- 4) Include the name and email addresses of all authors. This includes all authors participating in a workshop or symposium. Information regarding discussants/chairs of symposia will be collected at a later date.
- 5) Word limit: Workshop proposals should not exceed 400 words. Paper and Poster submission should not exceed 300 words. Symposia submissions should not exceed 300 words for each abstract within.
- 6) Do not include author names in the abstract section. Individual submissions for posters and papers (including symposia) will be blind-reviewed.
- 7) The program asks that you cut and paste your abstract in a window. You must populate the abstract text field.
- 8) You will be asked to state at least three keywords.
- 9) You will be asked to choose from a list of conference topics (choose all that apply). Submissions DO NOT have to be related to any of these categories. If your submission does not fit within a topic area, leave blank.
- 10) For poster submissions, if you would like to be considered for a SIG poster award, please indicate this with your selection.
- 11) For paper, symposia, and workshop submissions, please state 3-5 learning objectives.

Only one first author submission for poster presentations will be accepted.

Questions? Contact Anna Maria Patino-Fernandez, Ph.D., 2016 Conference Chair: ampf@patinopediatricpsych.com or Stacey Walters, event manager: skwalters@ku.edu.

Guidance and Resources for Navigating the Internship Application Process

By: Jackie Lennon, M.A.

For many students, the time has come to apply for internship. While this is an exciting time, it can also be overwhelming. At the APA Annual Convention in Toronto this past August, the student advisory boards of divisions 54 and 53 co-hosted a Q&A session on the internship application process with early-career child/pediatric psychologists: Chad Jensen, Elizabeth Pulgaron, and Genevieve Davis. Below are highlights of the session, along with other resources for navigating the process.

Seeking Guidance and Support

Seek both guidance and support from multiple mentors, senior colleagues, peers, family, and friends. Reach out to colleagues who have applied, interned, or worked at sites you are considering. Ask several people to read your essays. Set-up mock interviews with advisors or faculty members. Take advantage of books, articles, webinars, and other resources on the internship application process. Many conferences offer workshops, panels, or social events related to internship (i.e. each year at the APA Convention, Divisions 53 and 54 co-host Internships and Post-docs on Parade, where prospective applicants can meet representatives from many APA-accredited internship sites).

Selecting Sites

When deciding where to apply, first spend time thinking about your career goals and what experiences you need from an internship in order to reach those goals. Similarly, focus on the fit between you and the site. Consider the opportunities the internship offers along with your past experiences. You should have experience that will prepare you to do well on the internship, while still having gaps in your training that the site can help fill.

Interviewing

In many ways you want to treat an internship interview just like any other type of interview. Be knowledgeable about the internship, including the rotations and the supervisors. Come prepared with questions that will really help you decide whether this site is for you. Be able to talk about

your past experiences, future goals, dissertation, etc. in a succinct manner. Remember, you are in charge of your story!

Ranking and the Match

When it comes time to rank sites, focus on the fit between your training goals and the opportunities the site offers. Also think about the cultural fit between you and the work environment, including the hours interns work, the type of supervision offered, and the professionals with whom you'll be working. When match day arrives, remember that there is no perfect internship and focus on the positives of the site to which you have matched. Also, in the unfortunate event of not matching, remember that you are not alone. There are resources available to help students who have not matched. Focus on making plans for strengthening your application in the coming months to reapply for the following year.

Other Internship Resources

- APAGS website on Doctoral Internships in Professional Psychology: www.apa.org/apags/resources/internships.aspx
- gradPSYCH articles on Internship: www.apa.org/gradpsych/search.aspx?query=internship%20match&fq=&sort=ContentDateSort%20desc
- APPIC Resources on Internship: <http://appic.org/Training-Resources/For-Students>
- C. Williams-Nickelson, M. J. Prinstein, & W. G. Keilin (2013). *Internships in psychology: The APAGS workbook for writing successful applications and finding the right fit* (3rd ed.). Washington, DC: APA.

If you have questions or comments, please reach out to me at: SPP.StudentRep@gmail.com.



Jackie Lennon, M.A.

2015 Student Advisory Board at APA Annual Conference



New SPP Student Advisory Board Members

Terms begin January 2016

Katy Darling, B.S. **Kent State University**

Mentor: Amy Sato

Research Interests Health disparities, especially related to obesity prevention in children and adolescents and barriers to healthy weight management within the family context; prevention and intervention for obesity and Type 2 diabetes in low-income families

Email: kdarlin1@kent.edu



Draycen DeCator, M.A. **DePaul University**

Mentor: Jocelyn Carter

Research Interests Understanding the roles of illness-related factors on psychosocial outcomes of children with chronic medical conditions; primary care; treatment adherence; interdisciplinary collaboration effects; neuropsychological outcomes of pediatric youth

Email: ddecator@depaul.edu



Julia LaMotte, B.S. **University of Georgia**

Mentor: Ron Blount

Research Interests Neurocognitive deficits in youth with congenital heart defects; psychosocial adjustment; parental overprotection; health-related quality of life; transition of healthcare responsibility; peer relations

Email: jlamotte@uga.edu



Ashley Marchante, B.A. **University of Miami**

Mentors: Annette La Greca, Alan Delamater

Research Interests Impact of migration-related stress, family functioning, and peer relations on health behaviors and cardiometabolic risk in Hispanic youth

Email: a.marchante@umail.miami.edu



Tarrah Mitchell, M.A. **University of Kansas**

Mentors: Ric Steele, Christopher Cushing

Research Interests Pediatric health promotion; pediatric weight management; weight-related health and behaviors; physical activity; peer relations

Email: tarrahmitchell@ku.edu



Graduate Student Spotlight

By Katelynn Boerner, B.Sc. (Hons)

Recognizing Andrea Wojtowicz

Andrea Wojtowicz is a fourth-year graduate student at Rosalind Franklin University of Medicine and Science (RFUMS) under the mentorship of Rachel Neff Greenley, Ph.D. Prior to graduate school, Wojtowicz was the research coordinator at the Cleveland Clinic Pediatric Pain Rehabilitation Program under the mentorship of Gerard Banez, Ph.D.



Wojtowicz's research focuses on understanding the contribution of pain to disease burden and psychosocial outcomes in youth with chronic medical conditions. She has received numerous awards for her academic and research accomplishments, including SPP Travel Award, RFUMS Excellence in Research Award, and RFUMS Presidential Scholarship. She also serves the pediatric psychology community as an active member of the SPP Student Advisory Board and the Student Clinical Representative for the SPP Pediatric Gastroenterology SIG.

Wojtowicz is recognized as an outstanding student who has made contributions to the field of pediatric psychology through research, clinical work, and service. She has presented her research at national and local conferences and has collaborated on several published manuscripts. Clinically, she has gained experience with a number of pediatric populations in medical settings with various sociodemographic backgrounds.

In the future, Wojtowicz hopes to pursue a career at an academic medical center integrating research and clinical work.

2015 APA Travel Award Recipients



Nour Al Ghriwati
Virginia Commonwealth University

Poster Title: Family Functioning, Child Security, and Child Internalizing Symptoms in Asthma Settings
email: alghriwatin@vcu.edu



Jessica Greenlee
Virginia Commonwealth University

Poster Title: Mental and Physical Health of Caregivers of Children with Asthma
email: greenleejl@vcu.edu



Brigitte McClellan
Children's Hospital Colorado

Poster Title: Examining Asthma Treatment Adherence and Adversity Factors in Pediatric Primary Care
email: brigitte.mcclellan@childrenscolorado.org



Ashley Moss
Marquette University

Poster Title: Communication Quality and Adherence among Parents and Adolescents with T1DM
email: ashley.moss@marquette.edu



Catherine Sanner
Loma Linda University

Poster Title: Coping skills in parents with children in the NICU: Predictors of Acute Stress Disorder symptoms and depression
email: csanner@llu.edu

2015 APA Poster/Presentation Award Recipients



Dainelys Garcia, M.S.
Florida International University

Paper Presentation: Family-Centered Intervention for Post-Injury Behavior Problems in Young Children with Traumatic Brain Injury
email: nelygarcia@phhp.ufl.edu



Brigitte McClellan, Ph.D.
Children's Hospital Colorado

Poster Title: Examining Asthma Treatment Adherence and Environmental Adversity Factors in Pediatric Primary Care
email: brigitte.mcclellan@childrenscolorado.org

Call for Grad Student Spotlight Nominations

SP's Student Advisory Board is accepting nominations for **outstanding graduate students** in pediatric psychology. One student will be selected based upon his/her interest in pediatric psychology and contributions to the field. Only graduate students will be considered for this round of nominations. Selected students will be featured in the Student Spotlight section of **Progress Notes**.

Nomination forms are available by request from SAB Member Katelynn Boerner. Please send the nomination form, a letter of recommendation, and the nominee's CV to her at katelynn.boerner@dal.ca.

Deadline is December 11, 2015.

Call for SPP Student Awards

C. Eugene Walker Education Award

The **C. Eugene Walker Education Award** is available to any graduate student, intern, or postdoctoral fellow who is a SPP member and enrolled in a training program involving substantial instruction in pediatric psychology. Award funding may be used to present a poster, paper, or other leadership activity at an educational function, with preference given to SPP or APA meetings. One or more awards may be made of up to \$1,000 each.

To apply, submit as one PDF document containing: 1) a cover letter including your name and e-mail address, your current training institution, your primary mentor on this submitted project, a statement confirming your Division 54 membership status, information detailing the name, dates, and location of the conference, and a paragraph describing the relevance of your planned training or leadership activity to your development as a pediatric psychologist; 2) your current curriculum vitae; and 3) copy of your original presentation proposal submitted to Division 54, or an outline of your leadership activities.

SPP Student Travel Awards

The **SPP Student Travel Awards** are available for SPP student members who are current graduate students or pre-doc interns who are first author of a poster or paper to be presented during Division 54 programming at the APA Convention or at any Division 54-sponsored regional or national meeting. Only current graduate students are eligible for these awards. Up to 15 awards of \$750 each will be given to help offset costs of travel.

To apply, submit as one pdf document containing: 1) a one-page cover letter including your name and e-mail address, training institution, primary mentor on this submitted project, the name, dates, and location of the conference, a statement confirming your Division 54 membership status, and information on any other sources of travel funding for your convention participation; 2) copy of your original proposal submitted to Division 54; and 3) your CV.

**Submit applications by January 31, 2016 to:
Eleanor Mackey, Ph.D. at
emackey@childrensnational.org**



SPPAC International Travel Award

The **SPPAC International Travel Award** is available to pediatric psychologists traveling from abroad to attend the Society of Pediatric Psychology Annual Conference (SPPAC). Up to two awards of \$1,000 will be made.

In order to apply for the award you must:

- Reside outside the United States; international faculty who current work/reside in the U.S. are not eligible.
- Be a member of the Society of Pediatric Psychology
- Be first author on a paper or poster accepted for presentation at SPPAC

Priority will be given to:

- First-time attendees
- Early-career psychologists (less than seven years since completing training)

Please submit a PDF document containing: 1) CV, 2) abstract of planned presentation, and 3) statement confirming Division 54 membership status.

**Submit applications by January 15, 2016 to:
Laura.Simons@childrens.harvard.edu**

APA Committee on Children, Youth, and Families

APA's Committee on Children, Youth and Families (CYF), within APA's Public Interest Directorate, is comprised of six APA members elected for staggered three-year terms. The committee is charged with identifying and disseminating information concerning the psychological status of children, youth and families, and advocating for their interests in the context of APA-related issues. The committee holds two formal meetings annually and maintains active monitor and liaison relationships with APA boards, committees, task forces, and divisions.

The CYF committee has recently been involved in a number of initiatives and projects of potential interest to SPP members. These include:

- The December 2014 CYF News issue, a semi-annual publication, was guest-edited by committee member Jodi Quas, Ph.D. and titled, "Adolescence: A Unique Period of Challenge and Opportunity for Positive Development." www.apa.org/pi/families/resources/newsletter/2014/12/index.aspx
- The August 2015 CYF News issue was guest-edited by committee member Caryn

Rodgers, Ph.D. and focused on resiliency in African-American youth.

www.apa.org/pi/families/resources/newsletter/index.aspx

- The next issue of CYF News will be published in spring 2016. Guest-edited by committee member Arthur (Andy) Horne, Ph.D., this forthcoming issue focuses on the Safe and Welcoming Schools program.
- CYF is translating the W. T. Grant Foundation Report, "Disparities in Child and Adolescent Mental Health and Mental Health Services in the U.S." into a clinician's guide for practice and a policymaker's briefing guide.

At the 2015 APA convention, the CYF committee presented inaugural awards for Outstanding Contributions to Benefit Children, Youth and Families. Recipients were Jonathan Comer, Ph.D. (Early Career) and Lynn Miller, Ph.D. (Mid-Career). Nominations for the 2016 awards are due January 15. Additional information can be found at: www.apa.org/about/awards/benefit-cyf.aspx

- Also at the 2015 APA convention, CYF co-sponsored a symposium entitled, "Intimate

Partner Violence and HIV: Intersectionality and the Accumulation of Risk."

- For the seventh year, CYF will participate in the selection process for the American Psychological Foundation (APF) Annette Urso Rickel Dissertation Award for Public Policy, which supports dissertation research on public policy that has the potential to improve services for children and families facing psychological issues.
- The CYF committee is helping update the 2002 APA resource, "Developing Adolescents: A Reference for Professionals" and will include topics such as sleep, technology, and brain development.
- The Office on CYF, which works closely with the CYF committee, recently contributed to an APA publication, "Resilience Booster: Parent Tip Tool," a useful resource for working with families: www.apa.org/topics/parenting/tip-tool-brochure.pdf

If any SPP member would like to raise concerns for the CYF committee, please contact Rachel Tunick, current SPP liaison to CYF, at rachel.tunick@childrens.harvard.edu.

Board Certification Update

ABCCAP membership continues to grow at a healthy pace in 2015. Our membership consists of both clinical child and pediatric psychologists. Our most recently board-certified professionals include:

Jennifer Hansen
Rebecca Lieb
Deirdre Logan
Jessica Luzier
Robyn Mehlenbeck
Kelly Schloredt
Eric Schwartz
Karen Stiles
Anne Walters
Wendy Ward
Christopher Watson

Because we have had such steady growth in our membership, one of our goals is to increase our pool of examiners. A larger pool of examiners will help us continue to develop exam pods throughout the country. This will increase the number of sites where exams can occur, thus reducing travel for candidates.

In addition to individual mentoring of new examiners by committee chairs, we conducted ABCCAP Examiner Training workshops in San Diego at the SPP conference, as a pre-convention workshop, in April, and again in Columbus, Ohio, in May. Future workshops will be scheduled.

We encourage all those with current ABCCAP certification who are interested in becoming examiners to attend one of our examiner training workshops.

For those interested in pursuing ABCCAP board certification, please visit www.clinicalchildpsychology.com/. Review the ABCCAP Exam Manual, which provides details of the process of board certification. For those already board certified through ABCCAP, watch your email as we recruit for an opening on our ABCCAP Board of Directors.

Please consider serving!

Journal of Pediatric Psychology Highlights

By Grayson N. Holmbeck, Ph.D.

2015 has been a great year for *JPP*, as the journal marks its 40th anniversary. We are well on our way to exceeding 300 submissions and have had several exciting papers and special issues. Our new initiative “Historical Analysis in Pediatric Psychology” began in the Issue 2, edited by Anne Kazak where five pioneer papers and several systematic and topical reviews have appeared. In Issue 10, we will have papers from three SPP award winners. I asked Yelena Wu and other scholars to write a paper focusing on state-of-the-art qualitative research methods.



Grayson Holmbeck, Ph.D.

When you saw Issue 5, you may have thought that you were having problems with your vision. Actually, the font was adjusted (smaller) for Issues 5-7 but has now been changed back to its original size beginning with Issue 8.

Three excellent special issues have been published in 2015: 1) Issue 1—Direct Observation Research in Pediatric Psychology, guest edited by Tim Wysocki; 2) Issue 3—Peer Relations in Youth with Chronic Illness, guest co-edited by Vicki Helgeson Grayson Holmbeck; and 3) Issue 9—Resilience in Youth and Families Living with Pediatric Health and Developmental Conditions, guest edited by Marisa Hilliard, Korey Hood, Elizabeth McQuaid, and Laura Nabors.

Several special issues and sections are in progress: 1) Trauma and Child Health, guest edited by Annette La Greca, Jonathan Comer, and Betty Lai; 2) Diversity and Health Disparities, guest edited by Celia Lescano, Daphne Koinis-Mitchell, and Elizabeth McQuaid; 3) Cost-Effectiveness and Economic Impact of Pediatric Psychology Intervention, guest edited by David Janicke, and Kevin Hommel; 4) Sleep in Pediatric and Developmental Conditions, guest edited by Dean W. Beebe, Carolyn E. Ievers-Landis, and Lisa J. Meltzer. The latter special issue will be published in conjunction with special issues on the same topic in *Clinical Practice in Pediatric Psychology* (CPPP) and *Journal of Developmental and Behavioral Pediatrics* (JDBP); and 5) Disorders of Sex Development, guest edited by David E. Sandburg, Nina Callens, and Vickie Pasterski.

Four other special issues have deadlines that have not yet passed: 1) Family Processes and Outcomes, guest edited by: Cynthia Gerhardt, Cynthia Berg, Deborah, Wiebe, and Grayson Holmbeck, Deadline: December 1, 2015; 2) Psychology in Primary Care, guest edited by John Lavigne, Deadline: December 1, 2015; 3) Unintentional Pediatric Injury, guest edited by Barbara Morrongiello and David Schwebel, Deadline: June 1, 2016; and 4) Adolescent and Young Adult Health, guest edited by Katie Devine, Maureen Monaghan, and Lisa Schwartz, Deadline: September 1, 2016.

As always, I want to thank the associate editors for their remarkable work (Dean Beebe, John Lavigne, Tonya Palermo, Lori Stark, Ric Steele, and Tim Wysocki) and Susan Wood for her excellent work as the journal’s editorial assistant.

For any type of manuscript, the Instructions to Authors can be found at www.oxfordjournals.org/our_journals/jpepsy/for_authors/index.html and papers can be submitted at <http://mc.manuscriptcentral.com/jpepsy>. If you have feedback or questions, contact me at [gholme@luc.edu](mailto:gholmbe@luc.edu).

Clinical Practice in Pediatric Psychology Goes Live on Social Media

By Jennifer Verrill Schurman, Ph.D., Associate Editor

CPPP just launched a social media presence to expand the journal’s reach and help shape the dialogue regarding psychology as it relates to the health and well-being of children. We will use Twitter @CPPP_APAJournal to push out publication information and encourage conversation about content in real-time. We will use Facebook www.facebook.com/cppp2013 to increase communication and “warehousing” of relevant information, such as special issue announcements, guidance on special sections, and calls for topical content. We will also link to the SPP YouTube page www.youtube.com/user/Div54SP-PChannel to provide enriched, peer-reviewed content regarding select CPPP articles. Through these efforts, we hope to reach a broader audience, invite more active discussion and sharing around evidence-based content, amplify the scientific and social impact of publications, and increase the immediacy of CPPP’s impact on clinical practice. Come find us online and join the conversation!



Jennifer Schurman, Ph.D.

CPPP is excited to announce the debut of a regular Special Section on Ethics and Pediatric Psychology. This is a unique publication outlet for discussion of issues that are central to pediatric psychology, but which have had limited options for dissemination. We welcome manuscripts that review ethical challenges in clinical practice and clinic-based research, present best practices in professional and multidisciplinary ethics, and utilize illustrative case studies. The editor of this Special Section, W. Hobart Davies at hobart@uwm.edu, welcomes the opportunity to consult with authors on the development of manuscripts.

Finally, for those of you involved in one of our many Special Interest Groups (SIGs), don’t forget about the upcoming November 1, 2015 deadline to submit your one-page letter of intent (LOI) for the CPPP Special Issue: Spotlight on SIGs. We are especially interested in collaborative work among SIG members that was made possible by the emergence and organization of SIGs within SPP. Additional details on both the desired content and submission/review process can be found on our Facebook page (hint, hint), as well as on the SPP website. Please note that the submission process has changed and LOIs should now be submitted through the CPPP portal online. We encourage you to talk with your SIG colleagues and consider submitting some of the exciting collaborative work that we know is happening. Look for this special issue to be published in early 2017.

For any questions on this Special Issue or our social media launch, please contact CPPP Associate Editor, Jennifer Verrill Schurman at jschurman@cmh.edu.

Call for Nominations

Division 54 Officers

Considering running for President, Member at Large, or Treasurer

SPP is accepting nominations for the following offices on the Board of Directors. Elections will be held in the spring of 2016, and the successful candidates will begin their terms of office on January 1, 2017. To be eligible to run for any of the Executive Committee positions listed below, the candidate must be an APA member.

President Elect

The president-elect shall be a member, fellow or voting associate member of the Society elected for a term of three years during which he or she will serve as president-elect, president and past president. As president, the individual will lead the society by assuming ultimate responsibility for all ongoing programs, by leading the development of new directions; maintaining relationships with other organizations; speaking for the society in personal and public communication; and appointing all committees, liaisons and other offices of responsibility. He or she shall preside at all meetings, shall be the chairperson of the Board of Directors and shall perform all other usual duties of a presiding officer. Several duties begin during the president-elect year and extend through the presidential year. The past president chairs the Committee on Nominations and Elections and Nomination and Review Committees for several awards among other duties during the final year of the term.

Member-at-Large – National Conferences (2017 – 2019) (soon to be renamed Member-at-Large – Continuing Education)

The Member-at-Large – National Conferences/Continuing Education shall be a member, fellow or voting associate member of the Society elected for a term of three years. During his or her term in office, the individual will be a member of the Board of Directors with the right to vote. The MAL-National Conferences/Continuing Education serves as the CE Administrator and SPP liaison to the APA Office of Continuing Education Sponsor Approval (CESA) which ensures compliance with all CESA regulations. This individual also chairs the SPP Continuing Education Committee, serves on the SPP Annual Conference Program Committee, and oversees several ongoing continuing education activities directly sponsored by the Society [e.g., SPP YouTube Channel, SPP (online) Homestudy CE Program].

Treasurer (2017-2019)

The Treasurer shall be a member, fellow or voting associate member of the Society elected for a term of three years. During his or her term in office, the individual will be a member of the Board of Directors with the right to vote. This individual will oversee custody of all funds and property of the Society, will direct disbursements of monies, will oversee the keeping of adequate records, will oversee the receipt of all money to the Society, will aid the President and the Board of Directors in the preparation of the annual budget, will make an annual financial report to the Society, will insure that the Society is in compliance with all applicable tax laws, and in general shall perform the usual duties of a Treasurer.

Nomination Information

To nominate a candidate, send an e-mail to: APADiv54@gmail.com with the word “Nomination” in the subject line. Individuals who previously served as officers of the old “Section” may run for office in the Division. For more information about specific officer duties, please see the SPP’s Bylaws, posted on the SPP website.

For all positions, 10 nominations must be received
for each candidate by January 5, 2016.
Self-nominations are encouraged.

New SPP Executive Committee Members

Congratulations to the two newly elected SPP Executive Committee members who will begin their terms January 2015.

Thank you for your willingness to serve.



President Elect
Celia Lescano
lescano@usf.edu

Secretary
Christine Chambers
christine.chambers@dal.ca



APA Council Representative
Anne Kazak
anne.kazak@nemours.org

MAL Diversity
Jessica Valenzuela
jv637@nova.edu



**MAL Student/
Trainee Development**
Eleanor Mackey
emackey@childrensnational.org

SPP Faculty Awards

The SPP Awards Committee invites you to nominate a colleague for one of our five faculty awards. Several awards have been revised to honor pediatric psychologists who have made significant contributions to the field. Faculty award winners will be invited to present brief award addresses at the SPP Annual Conference (SPPAC), with partial travel support provided. For complete nomination instructions, visit www.apadivisions.org/division-54/awards/index.aspx for complete nomination instructions.

Wright Ross Salk Distinguished Service Award

This award in honor of the early founders of pediatric psychology recognizes outstanding service contributions to the SPP or to the field of pediatric psychology in general. Examples of types of significant contributions include: leadership in SPP; public or political advocacy or leadership; significant and extensive prevention or intervention program development, implementations, and dissemination; development and implementation of significant and influential service or training models; professional leadership in other professional or public organizations that benefit the field of pediatric psychology; substantial influential production of clinically oriented scholarship such as case studies and literature reviews. Self nominations will not be considered since this award represents recognition of service contributions by one's peers.

Routh Early Career Award in Pediatric Psychology

This award recognizes significant contributions of an early-career SPP member to the field of pediatric psychology in research, clinical training, and/or service. To qualify, an SPP member must have received his or her Ph.D. no more than seven years prior to the date in which the honor is awarded. Self-nominations will be considered.

Dennis Drotar Distinguished Research Award

The award recognizes excellence and significant contributions in establishing the scientific base of pediatric psychology. Nominations can be made for one particularly significant contribution or a series of contributions in a programmatic area. Nominations and endorsements should include an evaluative summary of the contribution, noting the positive impact of the nominee's research and detailing the extent of scholarship given in productivity. Self nominations will **not** be considered since this award represents recognition of scholarly contributions by one's peers.

SPP Outstanding Mentorship Award

This award originally started with the generous support of the Levin Foundation to honor pediatric psychology faculty who mentor students in an exemplary way, providing professional advice and guidance through various training phases. Nominations may be made by any current or past graduate student, intern, or postdoctoral trainee.

Carolyn Schroeder Outstanding Clinical Practice Award

This award recognizes outstanding commitment and significant contributions to pediatric psychology by a full-time provider of direct clinical services in the field. Nominees should typically spend a minimum of 20 hours weekly in direct, face-to-face patient care; assessment, therapy, and consultation; program development; administration and service; model service delivery; or other evidence-based clinical applications. The outstanding practice can be in any clinical setting including primary care, hospital, or clinic-based practice. Additional time may be spent in professional activities such as teaching, supervision, or clinical research.

**A letter of nomination outlining accomplishments and
a CV for all faculty awards should be sent by December 1, 2015 to:**

Tim Wysocki tim.wysocki@nemours.org

New Division 54 Fellows 2015

Congratulations to SPP's newest APA Fellows effective January 1, 2016. At the recommendation of the SPP Fellows Committee and the APA Board of Directors, the APA Council of Representatives elected the following three individuals to Fellow status.



Avani Modi, Ph.D.



Susana Patton, Ph.D.



William Rae, Ph.D.



Jennifer Schurman, Ph.D.

Apply for Division 54 Fellow Status — Deadline is November 15

Criteria for recognition as a Division 54 Fellow include having: a national impact on psychology, sustained contributions to pediatric psychology for more than five years, distinctive contributions to pediatric psychology that are recognized by others as excellent, and contributions whose impact extends beyond the immediate setting in which the candidate works. Areas of unusual and outstanding contributions include research, teaching, administration, professional service, and practice.

Application Procedures

The SPP Fellows Committee reviews applications, and if positive, the supporting materials are forwarded to the APA Membership Committee in February. The APA Membership Committee then

decides whether to endorse the application and forwards it to the Board of Directors and Council of Representatives for a vote at the annual meeting.

For application information, contact Karen Roberts at apadiv54@gmail.com. State interest in applying for Initial Fellow Status or as a Current Fellow. Members who hold Fellow status in another division (Current Fellows) will have a different application process. Initial Fellow applicants are required to obtain three endorsements from current Division 54 Fellows.

For more information, visit www.apadivisions.org/division-54/membership/fellows/index.aspx.



Cleveland Clinic Recognized for Excellence in Pain Management

The American Pain Society selected the Cleveland Clinic Children's Pediatric Pain Rehabilitation Program as a Clinical Center of Excellence in Pain Management.

The program is directed by Division 54 member and past Pain SIG co-chair, Gerard Banez, Ph.D. Division 54 members, Ethan Benore, Ph.D. and Pam Senders, Ph.D., serve on the core psychology staff for the program.



Society of Pediatric Psychology

Division 54, American Psychological Association

Join Division 54!

Membership benefits include:

- Subscription to two professional journals: *Journal of Pediatric Psychology and Clinical Practice in Pediatric Psychology*, and the Society's newsletter, *Progress Notes*
- Professional development and continuing education credit at SPPAC, the Society of Pediatric Psychology Annual Conference, and the annual APA convention
- Access to the SPP member directory and listserv, with employment opportunities, clinical issue discussions, referral requests, etc.
- Opportunities to network, participate in Special Interest Groups, and have advocacy and representation in pediatric psychology
- Various awards and grants for students and psychologists at all career stages
- Participation in the SPP mentoring program — as mentee or mentor
- Participation in the SPP mentoring program—as mentee or mentor

Special Student Benefits include:

- Option to join the SPP student listserv addressing training and early-career issues
- Conference programming specifically designed for students to meet and network with mentors

Vision Statement

Healthier children, youth, and families.

Mission Statement

The Society aims to promote the health and psychological well being of children, youth and their families through science and an evidence-based approach to practice, education, training, advocacy, and consultation.

Accessing Member Services

- **Join the listserv** Send an e-mail to: div54@hotmail.com, with the following command: ADD DIV54-MEMBERS (Email address) (First name) (Last name) in the body of the message (do not include parentheses and do not write anything in the subject line). For example: ADD DIV54-MEMBERS janedoe@pedpsych.edu Jane Doe
- **Sign off the listserv** Send an e-mail to: listserv@lists.apa.org. Leave subject line blank. In e-mail, type "signoff div54-members" (without quotes).
- **Change your e-mail address or for problems using the listserv** Send an e-mail to at div54@hotmail.com
- **Access the *Journal of Pediatric Psychology* and *Clinical Practice in Pediatric Psychology* online** Go to: www.division54member.com/ and sign in with your username and password.
- **Check your membership status, change your contact information, or to ask about SPP programs and services** Send an e-mail to: APAdiv54@gmail.com
- **Join the online member directory** Send e-mail to: APAdiv54@gmail.com to ask for online directory registration form.
- **Make changes to your online member directory listing** Send an e-mail to: APAdiv54@gmail.com
- **Join the student listserv**
Go to: www.geocities.com/sppstudent
- **Change your student listserv membership**
Send an e-mail to: SPP.StudentRep@gmail.com
- **Read past newsletter issues**
Visit www.apadivisions.org/division-54/publications/newsletters/progress-notes
- **Visit the Society of Pediatric Psychology online**
Go to: www.apadivisions.org/division-54

To join, please visit:

www.apadivisions.org/division-54

Progress Notes

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Visit Division 54 at: www.apadivisions.org/division-54