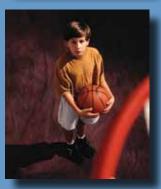
Fall 2012 Volume 36













# **Progress Notes**

Newsletter of The Society of Pediatric Psychology, Division 54, American Psychological Association

### President's Message

y presidential year has been filled with fun, productive, and rewarding work; it is hard to believe that the year is almost over and that this is my final president's column. I had a chance to reflect on the year at the APA convention last month. It was a great opportunity to spend time with the SPP Board of Directors, to recognize the Society's award winners, acknowledge service to the society, and to inform the membership about the current activities of the society. In this column, I will summarize a few updates from these convention activities.

### **SPP Executive Board Recognition**

At APA, we recognized the outstanding service of our outgoing Board members including Amy Lewandowski Holley (2012 APA Program Chair), Gerry Koocher (Past-President), Annette La Greca (APA Council Representative), Christina Duncan (Secretary, two terms), Celia Lescano (Member at Large, Diversity), Paul Robins (Member at Large, Student/trainee development), Christopher Cushing (Student Representative), Lindsey Cohen (Listserv Manager, three terms), and Denny Drotar (JPP Editor). Two board members are completing terms but returning in a new capacity to the board in 2013: Dave Janicke finishes as Newsletter Editor and will join the board as Member at Large for Student/trainee development and Michael Roberts completes his term as Historian and joins the board as APA Council Representative. Heather Yardley will stay on for another term as Webmaster. I want to extend a special thank you to the 2012 SPP Board of Directors for their hard work this year-I could not have asked for more exceptional people to have spent the year working with.



2012 SPP Board of Directors, left to right BACK ROW: Christopher Cushing, Heather Yardley, Gerry Koocher, Ann McGrath Davis, David Elkin, Ric Steele, Christina Duncan FRONT ROW: Paul Robins, Amy Lewandowski Holley, Celia Lescano, Annette La Greca, Tonya Palermo, Mike Rapoff, Dave Janicke NOT PICTURED: Grayson Holmbeck, Michael Roberts

### **SPP Awards**

At the SPP Awards and Business meeting, we honored this year's award



Tonya Palermo, Ph.D.

winners including the many students who have won travel and research awards from the Society, and the professionals who won awards including Meg Zeller, winner of the Logan Wright Distinguished Research Award, Ric Steele, winner of the Martin P. Levin Mentorship Award, and Laura Simons, winner of the Routh Early Career Award. Ric Steele and Laura Simons presented outstanding award addresses about experiences with mentorship and as an early career professional in SPP, respectively.

We also conferred three newly elected Division 54 Fellows: Terry Stancin, Lori Crosby, and Beth McQuaid. Last, Christopher Cushing (Student Representative) accepted the APAGS-DSRN Outstanding Division Award for 2012 (recognizing a division that demonstrates an exemplary level of commitment to providing opportunities for graduate student development) on behalf of SPP. Congratulations to all of these talented individuals!

### **New Vision and Mission Statements**

In my updates to the membership about the state of the society, I showed SPP's new mission and vision statements that were approved earlier in the year. Our mission statement is, "The Society aims to promote the health and psychological well being of children, youth and their families through science and an evidence-based approach to practice, education, training, advocacy, and consultation." Our vision statement is: "Healthier children, youth, and families." The work on redefining our mission statement has been important for guiding the Board this year in selecting goals and objectives that align with our core purpose.

### **SPP Finances**

At our Business meeting, David Elkin, SPP Treasurer, gave a financial overview and reviewed our long-term (continued on page 2...)

**Progress Notes** is published three times each year by The Society of Pediatric Psychology, Division 54, American Psychological Association.

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### **Newsletter Deadline**

Articles for the next newsletter are due before January 15, 2013. Please send your submission to newsletter editor, Laura Simons, Ph.D. at laura. simons@childrens.harvard. edu.

### **Plan to Attend**

National Conference Pediatric Psychology

April 11-13, 2013 New Orleans, Louisiana



he SPP National Conference in Pediatric Psychology will be held April 11-- 13, 2013 at the Astor-Crowne Plaza Hotel in New Orleans. Plenary overview speakers and invited symposia will cover the topics of sleep issues in pediatric psychology, federal healthcare reform, quality improvement, diversity issues, and clinically-informed and clinically-relevant research methodologies. Invited presenters include Jennifer Schurman, Lindsey Cohen, David Janicke, Jennifer Shroff-Pendley, Kristen Riekert, and Celia Lescano. In addition, three symposia covering issues of broad interest will be selected from submitted abstracts. A total of 13 hours of continuing education credit for psychologists (Intermediate Level) will be offered during conference programming.\*

In addition to the conference programming, there will be Special Interest Group meetings on topics relevant to clinical practice on Thursday before the conference, some of which will offer up to two hours of Continuing Education for psychologists (Intermediate Level). Additional opportunities for Continuing Education for psychologists will be available during two concurrent, three-hour preconference skills-building workshops on Thursday morning: one on translational research methodologies and one on ACT for Pediatric Pain.

For information regarding the conference, including speaker bios, full conference schedule, registration fees and procedures, and hotel information, visit www.ContinuingEd.ku.edu/programs/pedpsych.

\*The Society of Pediatric Psychology is approved by the American Psychological Association to sponsor continuing education for psychologists. The Society of Pediatric Psychology maintains responsibility for this program and its contents.

### **CALL FOR SUBMISSIONS**

#### **Posters**

Poster abstracts on any topic relevant to pediatric psychology are appropriate for submission, and will be evaluated by the Scientific Review Committee for the 2013 National Conference for inclusion in one of four poster sessions.

#### **Symposia**

Submissions for two-hour symposium presentations in any area of pediatric psychology are being solicited. Symposium abstracts must include an overall abstract that details the goals of the session and explains the relevance and value of the symposium to a broad pediatric psychology audience. The submission should include individual abstracts for each paper in the symposium, as well as an overall abstract for the session. Symposia will be chosen from the submitted abstracts for three concurrent, two-hour breakout sessions.

### **Abstracts**

Abstracts for research on Quality Improvement in Pediatric Psychology are particularly encouraged.

### **Deadline**

11:59 p.m. on December, 16, 2012.

### President's Message (...continued from page 1)

financial goals. We discussed with the membership the benefits of a small dues increase to allow the division to continue to move forward with new initiatives. Division members voted to approve a staggered dues increase that will increase regular membership dues by \$5 in 2013 and in 2016. There will be no change in students' dues. This dues increase will enable SPP to focus efforts and resources on carrying out our strategic plan.

#### **New Journal**

We have made significant progress on several new initiatives this year. During the APA convention, we had an opportunity to meet with APA journals and our incoming editors (Jennifer Shroff Pendley and Doug Tynan) for the new Division 54 journal, *Clinical Practice in Pediatric Psychology*. We are all excited for the launch of the journal this fall. See update from the editors in this issue of Progress Notes.

### **Advancing Education, Enhancing Resources**

In line with our objective to advance and support education in pediatric psychology through a yearly national conference, Michael Roberts and Ric Steele (conference co-chairs) have been planning the national conference that will take place April 11-13, 2013 in New Orleans and it looks like it will be another outstanding program. In her new position as 2014 National Conference Program Chair, Lisa Schwartz is already working closely with the Board on plans for the 2014 conference, and the Board is considering how best to organize and carry out a yearly national conference for our membership.

To enhance focus on evidence-based practice and extend the value of our Division 54 website to members, the Committee on Science and Practice made tremendous progress on an evidence-based practice resource library this year. We completed our first two projects (fact sheets and assessment resource sheets) with the contributions of many Division 54 members. See <a href="https://www.apadivisions.org/division-54/evidence-based/index.aspx">www.apadivisions.org/division-54/evidence-based/index.aspx</a>. The Committee will continue developing new resources over the coming year and plan to involve the SIGs in this effort.

My Presidential Address at APA focused on interprofessional collaboration and implications for training pediatric psychologists. The area of education and training during a time of evolving health care system changes has been on my mind. In particular, I am concerned that pediatric psychology has not yet kept pace with the paradigm shift in professional psychology and in health professional education and training toward developing core professional competencies as a basis for defining and measuring learning outcomes.

During our Executive Committee meeting, I commissioned a task force in the area of training in pediatric psychology called the Task Force on Competencies and Best Training Practices in Pediatric Psychology. This task force will be chaired by Dave Janicke and myself, and we are joined by an excellent group representing different levels of pediatric psychology education and training including Larry Mullins, David Elkin, Beth McQuaid, Paul Robins, and Yelena Wu. Our charge is to address the need for contemporary training guidelines in pediatric psychology, and specifically the establishment of core competencies in pediatric psychology. We will keep the membership updated as we begin this work.

### **Liaisons and SIGs**

At the Executive committee meeting, the Board of Directors reviewed reports from all of our liaisons to various committees within

and outside of APA. I want to take a moment to thank each of these individuals for the important representation that each of them provide to the Society. We also discussed the tremendous growth of SIGs (we now have 14 SIGs). In her role as Member at Large for Membership, Ann Davis will be working with the SIG chairs to develop policies that can provide additional guidance for their important efforts. We also had a chance to review updates from all of the SIGs, which confirmed the incredible breadth of work being done by these members. The Board will be continuing to think about ways to collaborate with SIGs and to share resources with our membership.

#### **New SPP Board Members**

In closing, I would like to welcome new members to the SPP Board of Directors. The following individuals begin terms of service in January 2013: Jennifer Lee (Student Representative), Anne Kazak (Historian), Avani Modi (Secretary), Anna Maria Patino-Fernandez (Member at Large, Diversity), Susanna Patton (2013 APA Program Chair), Lisa Schwartz (2014 National Conference Program Chair), Laura Simons (Newsletter Editor), and Tim Wysocki (President-elect).

As we near the end of 2012, I look forward to continuing to work with the board as I transition into the past-president role. It has been an honor and privilege to serve the membership this year. I extend a warm welcome to Mike Rapoff as he steps into the presidential shoes in Jan.

### **CALL FOR SUBMISSIONS—APA CONVENTION**

The APA Call for Programs for the 121st APA Annual Convention in Honolulu, Hawaii is open. Deadline for submissions is **Friday, November 16, 2012**. Please note this deadline is nearly two weeks earlier than in previous years.

Proposals for poster presentations, symposia, and other formal sessions must be received by midnight EST on Friday, November 16, 2012. All proposals must be submitted via the APA website. Read the Call for Programs 2013 at www. apa.org/convention/call-for-programs.pdf for important instructions.

We are particularly interested in receiving submissions that focus on evidence-based assessment and treatment in Pediatric Psychology, innovative treatment delivery, and new ideas for treatment and interventions in Pediatric Psychology. We hope to have a lot of participation from Division 54 and an exciting convention program.

### **Convention Details**

Location: Hawaii Convention Center

Headquarters Hotels: Hilton Hawaiian Village Beach Resort

& Spa and the Sheraton Waikiki Hotel

Dates: Wednesday, July 31 through Sunday, August 4, 2013

### Questions?

Please contact Susana at spatton2@kumc.edu for further information. We look forward to seeing all of you in Honolulu!



### Student Front

### Outgoing Message from Christopher Cushing, Ph.D. Student Representative (2011-2012)

It has been my pleasure to serve as Student Representative. As I have written before, my work in this position has been remarkably easy thanks to the hard work of our dedicated SAB, and tremendous commitment to student/trainee development shown by our Board of Directors and general SPP membership.

We recently received external validation for SPP's commitment to students in the form of the 2012 APAGS Outstanding APA Division Award. This award recognizes SPP's commitment to students through: 1) devoting significant time to student-oriented programming at conferences; 2) subsidizing student



Christopher Cushing, Ph.D.

conference registration; 3) providing formal mentoring in both professional development and manuscript reviewing; 4) providing financial support for student scholarship through grants and awards; 5) highlighting student research; and 6) remaining open to student input and issues through the student advisory board and network of campus representatives. This external validation codifies my belief that SPP is a terrific place for students.

Our SAB has added a Facebook page that now boasts 114 members—A huge thanks to Megan Crawford Cohen, Jason Van Allen, Nicole Wightman, Janet Sanez and the rest of the SAB who contributed to this resource. We have continued to host student/trainee events at conferences such as "lunch with the leaders" and our recent grant writing roundtable at the APA convention—A huge thanks to Stephanie Hullman, Melissa Cousino, and Kimberly Canter for their efforts to provide programming. Finally, we continue to work to find ways to help increase the visibility of students within SPP—thank you to Bonney Reed-Knight, Shana Schuman, and Brigitte Beale for their efforts.

I want to sincerely thank the students and mentors who have contributed their time, energy, and intellect to SPP over the last two years. I have been enriched by this work, and I hope that I will have an opportunity to serve SPP again in the future. I leave this office in the capable hands of Jennifer Lee, who has a wonderful vision and passion for her work with SPP. Keep your eye on SPP, the best is yet to come.

### **Incoming Message from Jennifer Lee, M.S.** Student Representative (2013-2014)

I am honored to have been selected as the Student Representative for SPP. Currently, I am a fourth-year clinical psychology student working with Ron Blount, Ph.D. at the University of Georgia. Thus far, my research career has focused on domains of pediatric pain, health behavior adherence in pediatric transplantation, and pediatric oncology.

I am consistently impressed with all the SPP Board of Directors does to make certain that student concerns and issues are addressed and that our progress is supported by the board actions. This is apparent in the Division's receipt of the APAGS Outstanding APA Division



Jennifer Lee, M.S.

Award. While it is important to have designated leaders and prominent researchers in pediatric psychology as members of SPP, the future of the organization lies in the development of competent researchers, clinicians, and leaders through the involvement of students.

Together with the SAB, I hope to achieve a number of goals in the coming years. I will continue highlighting the work of fellow students, as I believe this provides a critical communication point for all members about the latest research being conducted by students. With plans to make the NCPP Conference an annual event, I can think of no better way to get to know your fellow students, our leaders in the field, and expand your knowledge than to be present. I would encourage you all to submit your abstracts to the upcoming conference in New Orleans, as planning for a number of student-focused events is already underway.

Thank you for the opportunity to serve as your Student Representative. I will work diligently to maintain SPP's reputation of as a division that cares about the concerns of students and is dedicated to developing competent researchers, clinicians, and leaders through the involvement of students from their undergraduate and graduate careers into their early professional lives.

I look forward to the coming two years, and encourage you to contact me with thoughts and opinions at *jenlee09@gmail.com*.

### Spotlight

elanie Noel is a Ph.D. candidate in clinical psychology at Dalhousie University under the supervision and mentorship of Christine Chambers, Ph.D. She is currently completing her pre-doctoral



Melanie Noel, M.Sc.

residency in child psychology at the University of Washington School of Medicine, Seattle Children's Hospital, where she is receiving research mentorship from Tonya Palermo, Ph.D.

Noel's research interests include the long-term impact of pediatric pain and specifically, the cognitive-affective factors involved in the development of children's memories for pain and pain trajectories over time. Her successfully defended dissertation research, supported by an SPP Marion and Donald Routh Student Research Grant, was published in the Journal of Pediatric Psychology, PAIN, and Pain Management. She has disseminated her research in 17 articles published in peer-reviewed journals as well as through national and international conferences, media interviews, community lectures, and science camps for children.

Noel is committed to the integration of the science and practice of pediatric psychology and is receiving excellent clinical training in pediatric psychology. She is an ad-hoc reviewer for several peer-reviewed journals (e.g., Journal of Pediatric Psychology) and has served on committees dedicated to improving pain management across development. She is a trainee member of Pain in Child Health, a Strategic Training Initiative in Health Research of the Canadian Institutes of Health Research, and has received exceptional mentorship through this program.

Noel is passionate about the field of pediatric psychology and believes in the integration of science and practice in improving the lives of children across the lifespan. She aims to complete post-doctoral research in the field of pediatric pain and pursue a career as a pediatric psychologist.

### **New SPP Student Advisory Board Members**



Katharine Donlon, M.S. Virginia Tech

Mentor: Russell Jones, Ph.D.

Research Interests: Traumatic stress related to pediatric chronic illness and injury, coping in children and families who have experienced medical stress, traumatic and acquired brain injury email: kdonlon@yt.edu



Elizabeth S. Molzon, M.S. Oklahoma State University

Mentor: Larry L. Mullins, Ph.D.

Research Interests: adherence to medical and behavioral treatment and impact of chronic illness on the family system

email: liz.molzon@okstate.edu



Cathy Odar, M.A. University of Kansas

Mentor: Michael C. Roberts, Ph.D., ABPP Research Interests: special needs populations, diet and overweight in children with autism spectrum disorders, mealtime behaviors, behavioral interventions for overweight, children with type 1 diabetes email: odarcc@gmail.com



Rachelle R. Ramsey, M.S. Oklahoma State University

Mentor: John M. Chaney, Ph.D.

Research Interests: Parent and child cognitive appraisal variables as predictors of adjustment within the context of pediatric chronic illness, barriers to health care and adherence, adolescent autonomy, and self-management email: rachelle.r.ramsey@okstate.edu



Margo M. Szabo West Virginia University

Mentor: Christina L. Duncan, Ph.D.

Research Interests: adherence to medical and behavioral treatment recommendations, family-based interventions to improve disease management, child and family adjustment to chronic medical conditions, pediatric sleep email: mszabol@mix.wvu.edu

### Call for Nominations Student Research Brief

S PP seeks submissions for the Student Research Spotlight for feature in **Progress Notes**. This feature is designed to give graduate students a chance to share their novel and creative in-progress research with our readership.

This feature is not intended for the presentation of data, whether preliminary data or finished data collection projects, but rather to describe the purpose, design, methods, and potential implications of their study in an abbreviated format.

An ideal project submission is a dissertation research project for which the proposal has been approved by the student's dissertation committee and data collection is on-going. While submitted research descriptions do not have to be part of a dissertation project, projects should represent work for which the student played a leadership role in the design conceptualization of the study.

To be eligible, individuals must currently be working towards their doctorate in psychology. Individuals who have received their Ph.D. are not eligible. Submissions should focus on research with a pediatric psychology or child health psychology focus and be no more than 800 words in length. Submissions should include three main sections: background and purpose, design and methods, and potential clinical/research implications.

Submit research descriptions to Laura Simons at laura.simons@childrens.harvard.edu.

Deadline for the spring issue is January 5, 2013.

### Call for Nominations Student Spotlight

S PP's Student Advisory Board is accepting nominations for outstanding graduate students in pediatric psychology. One student will be selected based upon his/her interest in pediatric psychology and contributions to the field. Only graduate students will be considered for this round of nominations.

Selected students will be featured in the Student Spotlight section of **Progress Notes**.

Nomination forms are available by request from SAB Member Shana Schuman. Please send the nomination form, a letter of recommendation, and the nominee's CV to Shana Schuman at slschuman@phhp.ufl.edu.

Deadline is December 14, 2012.

### Research Brief

### A Treatment Outcome Study of Acceptance and Commitment Therapy with Type 1 Pediatric Diabetes Patients

By Kerry Prout, B.A. Advisor: Clint Field, Ph.D.

#### **Background and Purposes**

A diagnosis of diabetes mellitus can increase long-term risk for various serious health problems. In addition to future health risks, successful treatment of pediatric diabetes involves adherence to a complex medical regimen. Research on pediatric diabetes care and regimen adherence in youth with diabetes has suggested several important components in diabetes management, including the presence of family involvement and effective coping skills (Weijman et al., 2005; La Greca et al., 1990).

In particular, research regarding the promotion of effective coping skills for individuals with diabetes has found that avoidant coping styles were related to less blood glucose monitoring (Weijman et al., 2005). Data has suggested that promoting disease-related acceptance might have the potential to produce positive outcomes if incorporated into diabetes care (Gregg et al., 2007; Weijman et al., 2005). For example, acceptance-based coping might utilize techniques that encourage clients to fully experience their condition instead of attempting to ignore, eliminate, or avoid aspects of this experience (Gregg et al., 2007; Weijman et al., 2005).

While research has found interventions that are probably efficacious in promoting regimen adherence in pediatric diabetes patients, these treatments do not incorporate acceptance-based coping, which data has suggested could lead to positive outcomes (Gregg et al., 2007; Weijman et al., 2005).

Acceptance and Commitment Therapy (ACT) (Hayes et al., 1999) is an intervention that utilizes acceptance-based coping and aims to promote psychological flexibility. ACT works to promote flexibility through the implementation of strategies designed to promote present awareness of internal and external events, acceptance of internal events, and movement towards what matters to the patient. Therapeutic strategies outlined in ACT might be a way to intervene with diabetes care and simultaneously target issues relating to regimen adherence, diabetes-related acceptance, and family management issues.

Although ACT has not yet been used in published studies with pediatric diabetes, ACT has been implemented with positive outcomes with other childhood conditions, such as chronic pain, as well as several adult medical conditions, including type 2 diabetes (Gregg et al., 2007; Wicksell et al., 2007; Wicksell et al., 2005).

The current study has been designed to evaluate a treatment approach that combines Acceptance and Commitment Therapy and parent involvement with youth diagnosed with type 1 diabetes in order to determine if potential benefits, such as increased medical regimen adherence and increased acceptance of diabetes condition, will emerge as a result of treatment intervention.

#### **Design and Methods**

The current project will be conducted using a multiple baseline design to control for the possible effects of time-based confounding variables in evaluation of treatment outcomes of the pediatric diabetes protocol. The baseline will be held for treatment effects.

Up to eight participants between the ages of 8 to 18 years who have been diagnosed with pediatric diabetes mellitus type 1 for a minimum of three months and their parents (mother, father, or legal guardian) will participate in the study. Inclusion criteria requires each youth participant is not currently receiving other treatment targeting regimen adherence behaviors, has not had any psychological problems within the past year, and is currently using a glucometer and will be able/willing to



Kerry Prout, B.A.

bring this to each treatment session. All potential parent participants answer initial phone interview questions to assess current adherence to medical regimen and associated interference with daily functioning of their children with diabetes. Participants whose responses express concern with regard to their child's compliance with diabetes regimen adherence will be included in the current study. Treatment will consist of six to eight therapy sessions (including an intake interview).

Study measures include a Demographics Questionnaire, the Acceptance and Action Diabetes Question (AADQ), the Avoidance and Fusion Questionnaire for Youth (AFQ-Y), self-reported Hemoglobin A1C values, weekly glucometer information (including number of checks and value), and parent and youth weekly self-report dietary adherence rating.

### **Potential Clinical/Research Implications**

The potential clinical implications of this study include the promotion of medical regimen adherence in youth with pediatric diabetes as well as possible improvements in disease-related acceptance. Clinically, the intervention might provide empirical evidence for the benefit of intervening with these youth in order to promote acceptance-based coping and psychological flexibility.

#### References

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### **APA Poster Award Winners**



Bridget Armstrong University of Florida

Poster Title: The differential effects of maternal versus peer encouragement to diet in youth Mentor: David M. Janicke, Ph.D.



### Kristin Long Brown University

Poster Title: Emotion expression and emotion communication in Latino and nonLatino white siblings of children with intellectual disabilities Mentor: Debra Lobato, Ph.D.



Danielle Graef & Shana Schuman University of Florida

Poster Title: Disease severity, family functioning, and internalizing problems in adolescents with IBD Mentor: David M. Janicke, Ph.D.

### **APA Diversity Poster Award Winners**



Page Klitzman University of Florida

**Poster Title:** Predictors of attendance in a community-based behavioral family intervention program for overweight and obese rural youth **Mentor:** David M. Janicke, Ph.D.



Kristin Long Brown University

Poster Title: Emotion expression and emotion communication in Latino and nonLatino white siblings of children with intellectual disabilities Mentor: Debra Lobato, Ph.D.

### **Call for SPP Student Awards**

### C. Eugene Walker Education Award in Pediatric Psychology

The C. Eugene Walker Education Award is available to any graduate student, intern, or postdoctoral fellow who is a SPP member and enrolled in a training program involving substantial instruction in pediatric psychology. Award funding may be used to present a poster, paper, or other leadership activitity at an educational function, with preference given to SPP or APA meetings. One or more awards may be made up to \$1,000 each.

To apply, submit: 1) a one page cover letter detailing the name, dates, and location of the conference or university-sponsored educational function, as well as the relevance of this training activity to your development as a pediatric psychologist, 2) a current CV; 3) an abstract of your planned presentation(s) or outline of your leadership activity, and 4) a statement confirming Division 54 membership status.

Submit applications by January 30, 2013 to David Janicke, Ph.D.

djanicke@phhp.ufl.edu

### **SPP Student Travel Awards**

The SPP Student Travel Awards are available for SPP student members who are first author of a poster or paper to be presented during Division 54 programming at the APA Convention or at any Division 54-sponsored regional or national meeting. Only current graduate students are eligible for these awards. Up to four awards will be given to help offset costs of travel.

To apply, please submit: 1) curriculum vitae; 2) copy of your original proposal submitted to Division 54; and 3) a cover letter confirming Division 54 membership status and outlining any other sources of travel funding for your convention participation.

Submit applications by January 30, 2013 to David Janicke, Ph.D.

djanicke@phhp.ufl.edu

### Practice 1

### Solid Organ Transplantation: Fostering Psychological Health During a Prolonged and Complex Hospitalization

By Melisa Oliva, Psy.D.

Boston Children's Hospital

Pediatric Transplant Center & Department of Psychiatry

#### **Case Presentation**

aria, a 4-year-old Latina female with familial cardiomyopathy **L** and severe biventricular dysfunction, was admitted to the hospital for worsening heart failure symptoms and placed on the heart transplant wait list. Maria's parents brought her to the United States for this lifesaving procedure as transplantation is not available in her country of origin. During her intense and prolonged five-month hospitalization, she experienced many typical medical complications that are known to arise in these critically ill patients, including three cardiac arrests and subsequent requirement of a Berlin heart placement (an external temporary ventricular assist device that takes over the normal heart function by pumping blood directly to the pulmonary artery and into the lungs) that helped to keep Maria alive while she waited for a donor heart to become available. Subsequent medical complications included a subdural hematoma secondary to anticoagulation treatment necessary while being on the Berlin heart and ultimately receiving a heart transplant after a grueling six-month waiting period. Initial consultation to the transplant psychologist was for assessment and management of significant anxiety and to provide emotional/behavioral support to the patient and family during expected prolonged admission.

#### **Treatment Description**

#### **Patient**

Maria's mood and behavior was remarkably deviated from her baseline functioning outside of the hospital setting. She initially presented as timid, not making eye contact or speaking to providers, with significantly decreased interest in previously enjoyed activities, not eating, and scared/anxious of the hospital setting (i.e., hypervigilant to IV/pump alarms, distrustful of medical staff, difficulty cooperating with vitals/medical procedures, picking at lips/fingers to the point of bleeding, crying/screaming when separated from parents, and low frustration tolerance). There were also language and cultural barriers that interfered with her adjustment.

Many behavioral interventions were extremely useful to Maria throughout her hospitalization, despite the complexity of her medical condition and treatment. As often helpful for preschool-aged children, Maria immediately coped more effectively with a daily schedule/structure of events to help her get back into a routine, which helped provide her with more predictability and decreased hypervigilance of staff coming into her room. Implementing medical play, including more novel play strategies, such as medical water play and medical collages, also helped Maria build rapport with staff and aided in desensitizing her to medical equipment, giving her increased empowerment and control over her medical experience, and providing an outlet for her worries and fears in a developmentally appropriate manner. Using finger puppets, gloves, and stress balls as well as squeeze/pull toys aided in diminishing skin picking behaviors.

As Maria required further cooperation with medical interventions, a token economy system was implemented to reward Maria's desired behaviors, including engaging in daily self-care activities, allowing pump checks, dressing changes, and ambulating post Berlin heart placement. Distracting strategies also helped Maria get used to this bulky external device, including having many "treasure hunts" on the medical floor to aid in ambulating and maneuvering pumps and hoses post Berlin heart placement.



Including systematic desensitization strategies to assist Maria in adjusting to the big, heavy, and noisy Berlin heart machine was useful, as was personifying it by painting on a face and nicknaming it "Ike." Alternatively, as Maria's physical status and her functioning improved, a reverse time out technique was implemented in her hospital room to provide a consequence and decrease the parental/staff attention she received for undesirable behaviors (i.e., tantruming/hitting).

To help Maria more appropriately express her frustrations a feeling faces game was used during which she could visually pick out what emotion(s) she was feeling at the moment. Additionally, Maria engaged in relaxation training with staff/parental modeling to help her cope with medical procedures, including receiving developmentally appropriate information shortly prior to procedures, watching on her doll what the procedure would entail, and developing a coping plan (e.g., breathing away the pain, holding mother's hand, watching favorite DVD for distraction, etc.).

Other interventions implemented throughout her stay included helping with separation anxiety. This was accomplished by successive approximations to goal, including having parent in hospital room, but slightly further away from patient/clinician each time, and eventually out of the room with increasing duration and frequency. A timer was used to count down to parental return and Maria was distracted with therapeutic games during parental absence with reward provided upon parental return. Use of shaping strategies were also utilized pre- and post-transplant to teach pill swallow training as Maria was to return to her native country after her heart transplant where immunosuppressant medication is not available in a liquid format.

#### Family

As this family was geographically separated due to seeking life-saving medical care for Maria that was not available in their country of origin, family interventions were also indicated. Modern technological advances, including Skype, were useful in keeping family members connected to one another and being able to attend team meetings in a virtual format. Voice banking was also useful for father to pre-record Maria's favorite songs and read her bedtime stories which helped soothe her throughout her hospital stay.

A corner stone of psychology and working with patients/families includes a heavy dose of rapport building, without which many interventions and mental health advice would not come to fruition. Psychoeducation may also be overlooked, but it is a powerful tool, especially for par

ents of medically ill children. This can provide a foundation for parents to discuss with a pediatric psychologist child-rearing practices and how to foster healthy development, adjustment, and mental wellbeing in the uncommon setting of raising their child in a hospital for a prolonged period of time. For Maria, discussions took place regarding typical behavioral regression seen during stressful experiences and hospitalizations, the need for developmentally appropriate self-soothing comfort items throughout her hospital stay, how to wean her from her pacifier as her fifth birthday approached, and ongoing toilet training.

Discussions with Maria's parents included how to divulge information to Maria and her siblings about her medical condition, as well as the need for the Berlin heart and heart transplant. Maria's parents told her that her own heart was not working well and that these "pumpies" were going to help her heart work until she received a new one. Parents are typically advised to give simple and clear developmentally appropriate explanations, follow their child's lead, and provide honest answers to their child's questions.

Further parental interventions also included discussions and support surrounding their own trauma history after losing a child at 5-months-old with the same diagnosis as Maria and feeling guilt/remorse for not seeking medical care outside of their country, witnessing Maria arrest and be resuscitated a number of times, as well as processing their fears given the many medical complications while awaiting transplant.

### Medical Team/Environmental

Given Maria's many transitions in a short period of time it was recommended that she have a consistent nursing team to foster her attachment to medical providers. Nurses were matched based on their cultural background, language, and calm demeanor. Staff were also encouraged to have positive playful interactions with Maria outside of their routine cares which progressed to daily "dance parties" with staff members as well as letting her troop of stuffed animals earn honorary M.D.s and help check her Berlin heart pump heads. With the help of Child Life, Maria's hospital room was also transformed and decorated similarly to her room in her native country, with a play mat on the floor, height appropriate table/chairs, and many family pictures.

### Commentary

Solid organ transplant cases are frequently multifaceted, as by the time a child requires a transplant most every other treatment option has been exhausted and transplantation is necessary to prolong life. Despite the medical and psychological complexity of working with solid organ transplant patients, cases like Maria's are extremely rewarding because every bit of psychological training comes into play as one works with the actual patient, their family members, and the medical team. It is gratifying to know that in such challenging and sometimes seemingly insurmountable high-stress situations, pediatric psychologists can make a huge impact in the psychological adjustment and wellbeing of these patients and families.

### A Synergistic Equation: SPP + SBM = Good News!

By Ann M. Davis, Ph.D., and Kenneth P. Tercyak, Ph.D.

We are pleased to announce that the Society for Pediatric Psychology (SPP) has entered into a renewed intersociety networking initiative with the Society of Behavioral Medicine's (SBM) Child & Family Health Special Interest Group (C&FH SIG).

Health psychology (including child health psychology) has long been recognized as psychology's contribution to the interdisciplinary fields of behavioral and preventive medicine. Toward that end, the mission statements of SPP and SBM's C&FH SIG are highly complementary, and share substantial overlap in purpose and scope of practice. Many in SPP and SBM are also members of both organizations—which further strengthen our connections to one another. Previously, Alan Delamater kindly served as SPP's liaison to SBM's C&FH SIG. More recently, Ken Tercyak (APA Division 54 Fellow and Chair of the SBM C&FH SIG) assumed this post, and worked last spring with SPP President Dr. Tonya Palermo and the C&FH SIG membership to establish a new, bi-directional liaison role between SPP and C&FH SIG leadership. With that, the intersociety networking initiative was reborn.

As part of this initiative, we have chosen to focus our initial efforts on three main actions. First, we will cross-post conference announcements on our respective listservs, along with other relevant announcements (such as calls for papers to special journal issues). If you are an SPP listserv subscriber, you may have already noticed these e-mails hitting your in-box. Second, we're publishing this informational article in Progress Notes to make our members aware of the initiative, and plan to do the same in SBM's member publication Outlook. It is our sincere hope that as more members of both organizations learn about the initiative, greater collaboration and synergy between the memberships will form over time.

Finally, we hope to increase member-initiated programming at our respective annual meetings that are of greater interest to both societies. SBM is a well-attended scientific conference among psychologists, physicians, nurses, public health specialists, and many others. The past five years have seen a marked increase in both the number and quality of abstract submissions, including symposia and platform talks, focusing on child and family health topics in cancer, diabetes, obesity, disparities, and many others. The upcoming 34th annual meeting of SBM will take place March 20-23, 2013 in San Francisco. We encourage you to keep this annual event in mind, along with SPP conferences, as a possible venue for your best science and continuing education.

If you as members of SPP have additional ideas and suggestions for how our two organizations can work most effectively together in the future, please let us know. We look forward to hearing from you and will keep you posted on our progress.

### **Journal Reports**

### **Journal of Pediatric Psychology Highlights**

JPP continues to receive submissions at a high rate. We are currently on pace to exceed 300 submissions in 2012. We thank you all for this high rate of submissions!

I am pleased to report that we have just posted updated details regarding our mentoring program for junior reviewers. You can see these policies and guidelines at the Instructions to Authors site noted at the end of this article. A big thanks to Susan Wood and Tonya Palermo for helping with this initiative.

With the editorial help of Michael Roberts, we have re-activated the "Pioneers in Pediatric Psychology" series. We plan to publish papers by Phyllis Magrab and John Lavigne early next year. Let us know if you have ideas for authors who would be ideal for this ongoing series. We are asking authors to discuss "lessons learned" from their experiences in the field and how some of their experiences were interwoven with the field's historical development.

We are also pleased to report that we have developed a set of assessment resource sheets based on *JPP*'s 2008 special issue on evidence-based assessment. These resource sheets can be accessed at *www.apadivisions.org/division-54/evidence-based/assessment-resources.aspx.* 

One last reminder about a special issue deadline: The special issue on Adherence has a submission deadline of November 1, 2012 and seeks to highlight innovative approaches to the treatment or prevention of pediatric non-adherence as well as other issues relevant to this important topic. For more information, contact Lori Stark at *lori.stark@cchmc.org*.

In addition to this special issue (and one on Innovative Treatment and Prevention Programs for Pediatric Overweight and Obesity that had an October 1, 2012 deadline), we are also working on a few of other projects. First, we are working on a special issue on evidence-based interventions which will be a follow-up to an earlier special issue on this topic and will help to inform the "evidence-based" web site that Division 54 has developed on this topic (Tonya Palermo will be the guest editor of this issue). Also, we are considering a special issue on statistical applications in pediatric psychology and an issue on trauma-related research. Calls for papers will be forthcoming.

We have been working closely with Jennifer Shroff Pendley and W. Douglas Tynan who will be the co-editors of the new *Clinical Practice in Pediatric Psychology* (*CPPP*) journal.

Please see the accompanying articles related to this journal and also how to determine whether your paper is best suited for *JPP* or *CPPP*.



I want to thank the as-

sociate editors for their superb work thus far in 2012 (Dean Beebe, John Lavigne, Tonya Palermo, Lori Stark, Ric Steele, and Tim Wysocki) and Susan Wood for her excellent work as the editorial assistant for the journal.

For any type of manuscript, the Instructions to Authors can be found at <a href="https://www.oxford-journals.org/our\_journals/jpepsy/for\_authors/index.html">www.oxford-journals.org/our\_journals/jpepsy/for\_authors/index.html</a> and papers can be submitted at <a href="http://mc.manuscriptcentral.com/jpepsy">http://mc.manuscriptcentral.com/jpepsy</a>. Also, I call your attention to a feature on our web site that lists <code>JPP</code> papers by topic at <code>http://jpepsy.oxfordjournals.org/cgi/collection.</code>). More generally, I look forward to serving you. I can be contacted at <code>gholmbe@luc.edu</code>.

### **Call for Papers**

### **Clinical Practice in Pediatric Psychology**

Editors: Jennifer Shroff Pendley, Ph.D. and W. Douglas Tynan, Ph.D.

Clinical Practice in Pediatric Psychology (CPPP), a publication of APA Division 54, is a scholarly journal publishing peer-reviewed papers representing the professional and applied activities of pediatric psychology. The first issue will appear in Spring 2013. Articles will include a range of formats such as commentaries, reviews, and clinical case reports in addition to more traditional empirical clinical studies.

### **Clinical Practice in Pediatric Psychology will:**

- describe the breadth and richness of the field in its diverse activities
- complement the scientific development of the field through highlighting applied and clinical activities
- provide modeling that addresses the ways practicing pediatric psychologists incorporate empirical literature into day-to-day activities
- emphasize work that incorporates and cites evidence from the science base
- provide a forum for those engaged in primarily clinical activities to report on their activities and inform future research activities

### Articles considered for publication will include but not be limited to:

- 1. professional and training activities in pediatric psychology and interprofessional functioning
- funding/reimbursement patterns and the evaluation of the cost-effectiveness of clinical services

- program development, organization of clinical services and workforce analyses
- applications of evidence based interventions in 'real world' settings with particular attention to potential barriers and solutions and considerations of diverse populations
- 5. critical analyses of professional practice issues
- 6. clinical innovations, e.g., emerging use of technology in clinical practice
- 7. case studies, particularly case studies that have enough detail to be replicated and that provide a basis for larger scale intervention studies
- 8. organizational, state and federal policies as they impact the practice of Pediatric Psychology, with a particular emphasis on changes due to health care reform.

We hope you will consider submitting a paper for publication in *Clinical Practice in Pediatric Psychology*. Every published article is included in PsycINFO® and PsycARTICLES®, the world's most comprehensive and widely used psychological databases. Published articles will be available to a global audience of nearly 3,200 institutions and 60 million potential users. Please see a description of the journal and instructions to authors on our website at *www.apa.org/pubs/journals/cpp*.



### Where to Submit?

## Journal of Pediatric Psychology OR Clinical Practice in Pediatric Psychology

By Grayson N. Holmbeck, Ph.D., Jennifer Shroff Pendley, Ph.D., and W. Douglas Tynan, Ph.D.

t is very exciting that Division 54 will now have two journals: The *Journal of Pediatric Psychology* (*JPP*) and *Clinical Practice in Pediatric Psychology* (*CPPP*). The specifics about CPPP are discussed in an accompanying article in this newsletter.

Of course, there will be some topics that will overlap between the two journals. Indeed, we suspect that everyone could benefit from some guidance about which types of papers to submit to which journal.

Although the mission of *JPP* has not changed (see this mission statement in any issue of *JPP*), some papers that would have been sent to *JPP* in the past are probably now better directed to *CPPP*.

### Here is some specific guidance

- 1. Outcome papers on randomized clinical trials (i.e., efficacy studies) can be sent to *JPP* but applications of such interventions in the real world (e.g., effectiveness studies) or small-scale efficacy studies can be sent to *CPPP*.
- 2. Although there may be some exceptions, most case studies should be sent to *CPPP*.
- 3. Papers related to professional practice issues, training, funding of clinical services, workforce analyses, or government policies should be sent to CPPP.
- 4. Papers on clinical innovations and technology could be sent to either journal, depending on the topic.
- 5. Review papers can be sent to either journal, depending on the topic. Please note that *JPP* will only be accepting submissions of systematic reviews beginning in 2013 (e.g., quantitative reviews, such as meta-analyses).

Most importantly, the co-editors of *CPPP* and the editor of *JPP* are always available to help you make such submission decisions. For *CPPP* contact Jennifer Shroff Pendley at *jpendley@nemours*. org or W. Douglas Tynan at *dtynan@nemours*. org and for *JPP*, contact Grayson Holmbeck at *gholmbe@luc.edu*.

### Patient-Provider Interventions to Improve Outcomes in Pediatric Sickle Cell Patients Transitioning to Adult Care

his issue features Lori Crosby, an associate professor in the Division of Behavioral Medicine and Clinical Psychology at Cincinnati Children's Hospital. Crosby received a \$1.7 million grant (K07 Award) from the NIH National Heart, Lung, and Blood Institute (NHLBI) to address common barriers and challenges among patients with sickle cell disease, parents, and providers. In addition, Crosby's goal is to develop more effective transitions between pediatric and adult care providers using self-management training and systems redesign. She discussed her goals for advancing clinical research and practice in sickle cell disease and the importance of addressing barriers, integrating technology, and ensuring patient engagement across systems.

### Describe the K Award's goals and the implications for patients with sickle cell disease.

The grant will change the way that care is currently being provided by improving care coordination. The grant's primary goal is to develop a patient portal (My Chart for SCD) specifically for patients with sickle cell disease that expands current electronic medical record system functions. Patients will be able to use this portal as a pediatric patient and then take this information with them to their adult provider. It provides viewable, downloadable, and interactive functions that promote engagement in their care and development of self-management skills. Using these tools while involving parents will improve care, transition, and ultimately outcomes.

#### Why is it critical to address transition from pediatric to adult care?

The period between adolescence and adulthood is a critical and vulnerable time for pediatric patients. In the case of sickle cell disease, the risk factors are well documented. This is the time, not only when patients are transitioning to adult care, but also when patients are facing additional developmental challenges related to life and puberty (e.g., increased independence, getting their first job, going to college). There are also fewer adult hematologists relative to pediatric specialists. Additionally, emerging data shows barriers related to health care access, stigma, perceived healthcare quality, and trust in the healthcare system relative to the pediatric-care system. Finally, there may be sociocultural factors that complicate transition factors in the sickle cell population (e.g., health beliefs and expectations).

#### Why is working with pediatric and adult providers an essential component?

Increasingly the literature has recognized that working with patients alone is not sufficient to address critical gaps in care. Providers are an important part of the equation. The Wagner Chronic Care Model affirms that both an informed, activated patient and a prepared, proactive team are critical to improving health outcomes for chronic conditions such as sickle cell disease. Thus, an essential component of the proposed intervention is preparing adult providers for the transitioning patient (e.g., Epic Link, an adult provider access to the pediatric electronic medical record) and facilitating improved patient—provider communication through systems redesign (e.g., provider self-management support toolkit). It is not until we address both patient and provider barriers to transitioning to the adult healthcare system that we can hope to improve this process and health outcomes in young adulthood.

Dr. Crosby has served on the American Psychological Association's Presidential Task Force on Advancing Practice. She has also served on SPP's Diversity Committee and SIG; NHLBI's Sickle Cell Disease Awareness and Education Strategy Development; and NHLBI's Health Objectives in Sickle Cell Disease Workgroups.

### Nominations

### **Division 54 Officers**

PP is accepting nominations for candidates to run for the following offices on the Board of Directors. Elections will be held in the spring of 2013, and the successful candidates will begin their terms of office on January 1, 2014. To be eligible to run for any of the Executive Committee positions listed below, the candidate must be an APA member.

#### **President Elect**

The President-elect shall be a Member, Fellow or voting Associate Member of the Society elected for a term of three years during which he/she will serve as President-elect, President, and Past-President. As President, the individual will lead the Society by assuming ultimate responsibility for all ongoing programs, by leading the development of new directions, by maintaining relationships with other organizations, by speaking for the Society in personal and public communication, and by appointing all committees, liaisons, and other offices of responsibility. He or she shall preside at all meetings, shall be the Chairperson of the Board of Directors, and shall perform all other usual duties of a presiding officer. Several duties begin during the President-Elect year and extend through the Presidential year. The Past-President chairs the Committee on Nominations and Elections and Nomination and Review Committees for several awards among other duties during the final year of the term.

### Treasurer (2014-2016)

The Treasurer shall be a Member, Fellow or voting Associate Member of the Society elected for a term of three years. During his/her term, s/he shall be a member of the Board of Directors with the right to vote and shall oversee custody of all funds and property of the Society, shall direct disbursements as provided under terms of SPP Bylaws, shall oversee the keeping of adequate records, shall oversee the receipt of all money to the Society, shall aid the President and the Board of Directors in the preparation of the annual budget, shall make an annual financial report to the Society, shall insure that the Society is in compliance with all applicable tax laws, and in general shall perform the usual duties of a Treasurer.

### Member at Large, National Conferences (2014–2016)

Member at Large, National Conferences (2014 – 2016)

The Member at Large, National Conferences (MAL NC) shall be a Member, Fellow, or voting Associate Member of the Society elected for a term of three years. During his/her term, s/he shall be a member of the Board of Directors with the right to vote. The MAL-NC shall serve as the SPP liaison to the National Conference Chair and conference manager; serve as the Continuing Education Administrator (CEA) and Chair of the Continuing Education (CE) Committee; will work with conference chairs to develop promotional and evaluative materials for all SPP sponsored activities and to ensure that all SPP CE activities follow procedures approved by the APA Office of CE; be responsible for regular monitoring of information disseminated by the APA Continuing Education (CE) office; and liaise with the JPP Editor, Oxford Press, and the CE Committee to identify appropriate articles for use in the SPP (online) Home study CE program.

### **Nomination Information**

To nominate a candidate, send an e-mail to: APADiv54@gmail.com with the word "Nomination" in the subject line. Individuals who previously served as officers of the old "Section" are not prohibited from running for office in the Division. For more information about specific officer duties, please see the SPP's Bylaws, posted on the SPP website.

For each position, ten nominations must be received for each candidate by November 30, 2012.

Self-nominations are encouraged.

### New Task Force Updates Pediatric Psychology Training Guidelines

he SPP Board of Directors has established a task force to address the need for contemporary training guidelines in pediatric psychology. Its charge is to develop core competencies applicable from entry-level practicum training to readiness for practice in pediatric psychology. The intent is to make use of available models for defining professional competence within professional psychology, child psychology, clinical health psychology, and medical education, but to tailor specific competencies and best practices specifically for pediatric psychology education and training.

Members of the task force include Tonya Palermo and David Janicke (co-chairs), David Elkin, Elizabeth McQuaid, Larry Mullins, Paul Robins and Yelena Wu. Work by the committee will occur during monthly conference calls and email correspondence. The timeline for the task force is to develop an initial draft of competencies for review with the SPP Board of Directors at the Mid-Winter Meeting to occur in February 2013. After revisions are made to the draft document based on feedback from the SPP Board of Directors, an updated version of the competencies document will be uploaded to the Division 54 website to allow SPP members to comment in Spring 2013.

Members are invited to contact Tonya Palermo (tonya.palermo@seattlechildrens.org) or David Janicke (djanicke@phhp.ufl.edu) with questions or comments on the task force process.

### Elizabeth Munsterberg Koppitz Fellowship Program

The Elizabeth Munsterberg Koppitz Fellowship Program provides fellowships and scholarships for graduate student research in the area of child psychology. It nurtures excellent young scholars for careers in areas of psychology, such as child-clinical, pediatric, school, educational, and developmental psychopathology and supports scholarly work contributing to the advancement of knowledge in these areas.

Applicants must have completed doctoral candidacy (documentation required), demonstrated research competence and commitment in the area of child psychology, received IRB approval from host institution before funding can be awarded if human participants are involved.

### **Funding Specifics**

- > Several fellowships of up to \$25,000 each
- > Support for one year only
- ➤ Only one application accepted from any one institution in any given year
- ➤ Tuition waiver/coverage from home institution

APF supports original, innovative research and projects. Although APF favors unique, independent work, the Foundation does fund derivative projects that are part of larger studies. APF does not allow institutional indirect costs or overhead costs. Applicants may use grant monies for direct administrative costs of their proposed project.

#### **Proposal Requirements**

Description of proposed project to include goal,-relevant background, target population, methods, and anticipated outcomes. Format not to exceed 5 pages (1-inch margins, 12-point Times New Roman font). Must include: relevant background, literature review, specific aims, significance; methods section (detailed enough so that design, assessments, and procedures can be evaluated); implications section; timeline for execution; full budget and justification; current CV; two letters of recommendation (one from a graduate advisor and the other from the department chair or director of graduate studies).

### **Submission Process and Deadline**

Submit a completed application online at <a href="http://forms.apa.org/apf/grants/">http://forms.apa.org/apf/grants/</a> by November 15, 2012. Please be advised that APF does not provide feedback to applicants on their proposals.

Contact Parie Kadir, Program Officer, at *pkadir@* apa.org with questions.

### **SPP Faculty Awards**

### **The Lee Salk Distinguished Service Award**

This award recognizes outstanding contributions to the Society of Pediatric Psychology or to the field of pediatric psychology generally. Examples of types of significant contribution include:

- · Public or political advocacy or leadership
- Significant and extensive prevention or intervention program development, implementation, and dissemination
- Development and implementation of significant and influential service or training models; professional leadership in other professional or public organizations that benefit the field of pediatric psychology
- Substantial influential production of scholarship that is not necessarily empirical

The award is not given in recognition of those usual or expected contributions to the SPP provided by its elected officials. However, it can be given to a previous Executive Committee member to recognize organization contributions substantially beyond those expected.

### The Logan Wright Distinguished Research Award

The Logan Wright Distinguished Research Award recognizes excellence and significant contributions in establishing the scientific base of pediatric psychology. The importance of this research award becomes more evident as the field moves from the intuitive to an empirical base.

### **The Martin Levin Mentorship Award**

The Martin P. Levin Mentorship Award honors faculty in pediatric psychology who mentor students in an exemplary way, providing professional advice and guidance through various phases of the graduate program.

### Routh Early Career Award in Pediatric Psychology

The Routh Early Career Award is designed to recognize significant contributions of a member of SPP to the field of pediatric psychology. To qualify for the award, an SPP member must have received his or her Ph.D. no longer than seven years prior to the APA meeting date in which the honor is awarded. The Early Career Award reflects contributions to the field of pediatric psychology in research, clinical training, and service.

A letter of nomination outlining accomplishments and a curriculum vitae for all faculty awards should be sent by December 1, 2012 to:

Tonya Palermo Ph.D.
Seattle Children's Hospital Research Institute
PO Box 5371
Seattle, WA 98145-5005
tonya.palermo@seattlechildrens.org

### Fellows/Officers

### **2012 New Division 54 Fellows**

Ongratulations to SPP's newest APA Fellows! At the recommendation of the SPP Fellows Committee and the APA Board of Directors, the APA Council of Representatives elected the following eight individuals to Fellow status.



Lori Crosby, Psy.D. Cincinnati Children's Hospital Medical Center



Elizabeth McQuaid. Ph.D. Brown University Alpert Medical School



Terri Stancin, Ph.D. Case Western Reserve University School of Medicine

### **Apply for Division 54 Fellow Status**

PP members are encouraged to consider becoming a candidate for Fellow of Division 54. Fellow status reflects colleague and APA recognition of extraordinary contributions to our discipline.

Criteria include having a national impact on psychology, sustained contributions to pediatric psychology for more than five years, distinctive contributions to pediatric psychology that are recognized by others as excellent, and contributions whose impact extends beyond the immediate setting in which the candidate works. Areas of unusual and outstanding contributions include research, teaching, administration, professional service, and practice.

Visit SPP online for complete application instructions. Deadline is **November 15.** 

### **New SPP Executive Committee Members**

ongratulations to SPP's new Executive Committee members who begin terms January, 2013. Thank you for your willingness to serve.



Tim Wysocki, Ph.D. President Elect Nemours Children's Clinic in Jacksonville



Avani Modi , Ph.D. Secretary Cincinnati Children's Hospital Medical Center



Michael C. Roberts , Ph.D. APA Council Representative University of Kansas



David M. Janicke , Ph.D. Member at Large - Training University of Florida

### News from the ABCCAP By Mary A. Fristad, Ph.D., ABPP ABCCAP President

et in line now for your American
Board of Clinical Child and Adolescent Psychology (ABCCAP) exam! Currently, 16 applicants have passed their credential
reviews and five applicants have scheduled
exams.

We have recently revised our examination manual. Check out all the information you need to start the process of board certification at our newly updated website, www. clinicalchildpsychology.com (compliments of Ric Steele, our webmaster) or at our parent organization, www.abpp.org. I encourage you to take a look—the website makes a strong case for obtaining your ABCCAP credentials.

If you have questions, please contact Barry Anton, chair of the Recruitment & Mentoring Committee, at *anton@puget-sound.edu*.

Congratulations to our recently boarded Clinical Child and Adolescent Psychologists:

Ethan Benore, Ph.D., ABPP
Bridget K. Biggs, Ph.D., ABPP
Stacy J. Braun, Ph.D., ABPP
Jennifer Burger, PsyD, ABPP
Kelly M. Champion, PhD, ABPP
Geoffrey D. Chung, Ph.D., ABPP
Anna Egan, Ph.D., ABPP
Kurt A. Freeman, Ph.D., ABPP
Melanie A. Fernandez, Ph.D., ABPP
Judy Ho, Ph.D., ABPP
Nicole M. Klaus, Ph.D., ABPP
Roseanne Lesack, PhD, ABPP
Adam B. Lewin, Ph.D., ABPP



Anna Maria Patino-Fernandez, Ph.D. Member at Large – Diversity University of Miami, Miller School of Medicine



### **Society of Pediatric Psychology**

### **Division 54, American Psychological Association**

### **Accessing Member Services**

- Join the listserv Send an e-mail to: div54@hotmail.com, with the following command: ADD DIV54-MEMBERS (Email address) (First name) (Last name) in the body of the message (do not include parentheses and do not write anything in the subject line). For example: ADD DIV54-MEMBERS janedoe@pedpsych. edu Jane Doe
- Sign off the listserv Send an e-mail to: listserv@lists.apa.org. Leave subject line blank and in e-mail, type "signoff div54members" (without quotes).
- Change your e-mail address or for problems using the listserv Send an e-mail to Lindsey Cohen at div54@hotmail.com.
- Access the Journal of Pediatric Psychology online Go to: http://jpepsy.oxford-journals.org and type in user name and password.
- Check your membership status, change your contact information, or to ask about SPP programs and services Send an e-mail to: APAdiv54@gmail.com.
- Join the online member directory Send e-mail to: APAdiv54@gmail.com to ask for online directory registration form.
- Make changes to your online member directorylisting Send an e-mail to: APAdiv54@gmail.com.
- Join the student listserv
  Go to: www.geocities.com/sppstudent.
- Change your student listserv membership Send an e-mail to: SPP.StudentRep@ gmail.com.
- Read past newsletter issues Visit www. societyofpediatricpsychology.org
- Visit the Society of Pediatric Psychology online Go to: www.societyofpediatric-psychology.org

### **Join Division 54!**

### Membership benefits include:

- Subscription to the Journal of Pediatric Psychology
- Representation and advocacy for pediatric psychology
- Option to join the SPP member listserv, with postings about job openings, discussions of clinical issues, referral requests, etc.
- Option to join the SPP student listserv addressing training and early-career issues
- Programming specific to pediatric psychology at the annual APA meeting
- Subscription to the SPP newsletter, Progress Notes
- Opportunities to be involved and volunteer in SPP
- Various awards and grants for students and psychologists at all career stages
- Opportunity to participate in various Special Interest Groups within SPP
- Participation in the SPP mentoring program—as mentee or mentor
- Access to online member directory and option to be listed in the directory

### **Society of Pediatric Psychology**

**Vision Statement** 

Healthier children, youth, and families.

### **Mission Statement**

The Society aims to promote the health and psychological well being of children, youth, and their families through science and an evidence-based approach to practice, education, traning, advocacy, and consultation. —Approved, February 2012

To join, please visit:

www.societyofpediatricpsychology.org

### **Progress Notes**

Society of Pediatric Psychology PO Box 3968 Lawrence, KS 66046 Nonprofit Organization U.S. Postage PAID Permit No. 174 Cedar Rapids, Iowa





### **Society of Pediatric Psychology**

### 2012 Executive Committee

#### **President**

Tonya Palermo, Ph.D. Seattle Children's Hospital Research Institute tonya.palermo@ seattlechildrens.org

#### **Past President**

Gerald P. Koocher, Ph.D. School of Health Sciences Simmons College koocher@simmons.edu

#### **President Elect**

Michael Rapoff, Ph.D. Department of Pediatrics Univ of Kansas Medical Center mrapoff@kumc.edu

### Secretary (2010-12)

Christina L. Duncan, Ph.D. West Virginia University christina.duncan@ mail.wvu.edu

### Treasurer (2011-13)

T. David Elkin, Ph.D.
Dept. of Psychiatry
& Human Behavior
University of Mississippi
Medical Center
delkin@psychiatry.umsmed.edu

### **Member at Large (2012-14)** Membership

Ann McGrath Davis, Ph.D., MPH, ABPP Department of Pediatrics Univ of Kansas Medical Center adavis6@kumc.edu

### Member at Large (2010-12) Student/Trainee Development

Paul Robins, Ph.D. Children's Hospital of Philadelphia robinsp@email.chop.edu

### Member at Large (2011-13) National and Regional Conf.

Ric G. Steele, Ph.D. Clinical Child Psych Program University of Kansas rsteele@ku.edu

### Member at Large (2010-12) Diversity

Celia M. Lescano, Ph.D.
Dept. of Mental Health Law
& Policy
Florida/Caribbean AIDS
Education & Training Center
Louis de la Parte Florida
Mental Health Institute
University of South Florida
lescano@bsc.usf.edu

### APA Council Rep (2010-12)

Annette La Greca, Ph.D. Department of Psychology University of Miami alagreca@miami.edu

### APA Program Chair (2013)

Susan Patton, Ph.D.
Department of Pediatrics
University of Kansas Medical Center
spatton2@kumc.edu

#### **Journal Editor (2012-2017)**

Grayson N. Holmbeck, Ph.D. Department of Psychology Loyola University Chicago gholmbe@luc.edu

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