



## The President's Message

Fall is my favorite time of year – the kids are heading back to school, the crazy fun of summer is winding down, and we're all gearing up for a wonderful new semester. The SPP board has been very busy over the summer, and I have some exciting updates to share with you on behalf of our team.

### Progress Notes

First, I want to let you know that this will be the last printed version of *Progress Notes*. SPP is switching to an online newsletter beginning in January. The board has been discussing this for some time. We wanted to save the trees (of course) and also save some printing and mailing costs, so we've decided to follow along with many other leading organizations that have gone to e-newsletters. We are exploring lots of exciting options for *eProgressNotes* – new content and updated format that will be possible with an electronic newsletter and wasn't possible in print. However, we'll still have many of the old favorites that you've come to rely on, including lots of information about the SPPAC and APA conferences, updates from *JPP* and *CPPP*, information for and about our students and other learners, and regular updates from leadership. We look forward to rolling out *eProgressNotes* in January, and please feel free to reach out to me (or any other board member) should you have any questions or concerns.

### APA 2018

Many of us recently returned home from the 126<sup>th</sup> annual APA Convention in San Francisco, which was held August 9-12 of this year. APA Program Chair 2018 Marilyn Sampilo and APA Program Chair 2019 Jason Van Allen both did a wonderful job and all the programming was excellent. At the board meeting we gave a brief update on board business, thanked our many outgoing board members, and presented a resolution to Diane J. Willis for "her distinguished career of contributing to the Society and to the discipline and profession of psychology." This was followed by a lively social hour where we were able to spend time with many current and previous leaders in the field of pediatric psychology. SPP has a wonderful and loyal group of previous leaders, who return to the social hour every year to check up on the organization and see how

we're doing. If you haven't been to APA or to the social hour, I encourage you to attend – you'll gain a wonderful perspective on the history of our organization.

### EPPC 2018

Many members of the board are traveling to Belgium in September to begin a new collaborative relationship with the European Pediatric Psychology Conference. The official conference will be September 20-21 in Ghent Belgium and several members of the board are having a pre-conference meeting with many European pediatric psychology leaders to develop a format for continuing to strengthen our ties. If you are interested in international collaborations, keep an eye on future communications, and we'll tell you how you can get involved in this effort.

### Thank you

I would like to finish my last presidential column by saying "Thank you!" to everyone for allowing me to serve the organization that I consider my professional home. I have also been able to serve alongside many wonderful people, who have truly made it a pleasure – I look forward to my term next year as past president.

I would like to recognize the service of several individuals who are rotating off the board at the end of the year including: Celia M. Lescano, Past President; Christine T. Chambers, Secretary; Jeannette Iskander, Student Representative; Eleanor Mackey, Member at Large, Student/Trainee Development; Marilyn L. Sampilo, APA Program Chair, 2018; Laura Simons, Newsletter Editor; Jessica M. Valenzuela, Member at Large, Diversity.

Each of these individuals have put their own mark on SPP and made it a better organization. I encourage you to consider running for office and doing the same.



Ann McGrath Davis, Ph.D.,  
MPH, ABPP

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version of *Progress Notes*.  
We look forward to rolling out  
*eProgressNotes* in January.

**Progress Notes** is published three times each year by the Society of Pediatric Psychology, Division 54, American Psychological Association.

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**Newsletter Deadline**

Articles for the next newsletter are due in mid-October 2018.

Please send your submission to e-newsletter editor, Brandon Aylward, at: [BAylward@zerotothree.org](mailto:BAylward@zerotothree.org).

## APA Resources

### APA Resources for Training, Research, and Practice with Diverse Populations

By Jessica M. Valenzuela, Idia B. Thurston, Juliana Yanguas

APA guidelines, developed by task forces and approved by the Council of Representatives, are declarations of aspirational recommendations for the professional conduct of psychology. These principles guide practice, research, ethical decision-making, and training of future psychologists. Some guidelines relevant to issues of diversity, equity, and inclusion include:

- **Multicultural guidelines: An ecological approach to context, identity, and intersectionality**  
[www.apa.org/about/policy/multicultural-guidelines.aspx](http://www.apa.org/about/policy/multicultural-guidelines.aspx)
- **Transgender and gender nonconforming people**  
[www.apa.org/practice/guidelines/transgender.pdf](http://www.apa.org/practice/guidelines/transgender.pdf)
- **Assessment of and intervention with persons with disabilities**  
[www.apa.org/pi/disability/resources/assessment-disabilities.aspx](http://www.apa.org/pi/disability/resources/assessment-disabilities.aspx)
- **Psychological practice with lesbian, gay, and bisexual clients**  
[www.apa.org/pi/lgbt/resources/guidelines.aspx](http://www.apa.org/pi/lgbt/resources/guidelines.aspx)
- **Providers of Psychological Services to Ethnic, Linguistic, and Culturally Diverse Populations**  
[www.apa.org/pi/oema/resources/policy/provider-guidelines.aspx](http://www.apa.org/pi/oema/resources/policy/provider-guidelines.aspx)

Beyond these guidelines are several APA resources for working with diverse populations, many of which are relevant to our profession as pediatric psychologists. We highlight several below; however, this is not an exhaustive list, so please reach out to the Diversity SIG (via the "Contact Us" page at <https://diversitysig.weebly.com/>), if you are aware of additional diversity resources as we aim to house a compendium on the Diversity SIG website.

#### Resources Related to Immigration

The APA Presidential Task Force on Immigration released an updated report reviewing major mental health challenges, treatment considerations, and best practices, entitled "Working with Immigrant-Origin Clients: An Update for Mental Health Professionals" ([www.apa.org/topics/immigration/immigration-report-professionals.pdf](http://www.apa.org/topics/immigration/immigration-report-professionals.pdf)). An immigration working group of the APA Public Interest Directorate, released a report entitled, "Vulnerable but Not Broken: Psychosocial Challenges and Resilience Pathways among Unaccompanied Children from Central America." This 2018 report addresses

recommendations for mental health providers, professional organizations, and community/municipal/state/federal agencies to support unaccompanied minors in the United States ([www.calameo.com/books/004070067ac6ac71fe151](http://www.calameo.com/books/004070067ac6ac71fe151)).

#### Resources related to Race, Racial Bias, and Discrimination

In 2016, APA introduced the Racial and Ethnic Socialization Initiative (RES) as a collaboration between the Public Interest Directorate, Children, Youth and Families Office, Office of Ethnic Minority Affairs, and the Office on Socioeconomic Status. The initiative aims to support parents and others in addressing the effects of racism through activities and resources based on existing racial and ethnic socialization research. Resources to encourage healthy and developmentally appropriate communication about race can be found at the website ([www.apa.org/res/](http://www.apa.org/res/)).

#### Resources related to Persons with Disabilities

APA's Office on Disability Issues has developed a repository for training directors and faculty to better support students with disabilities called the "DisAbility Resources Toolbox" or DART ([www.apa.org/pi/disability/dart](http://www.apa.org/pi/disability/dart)). The toolkit includes information about legal issues (ADA, Section 504, FERPA), reasonable accommodations, and available resources. The Public Interest Directorate updated a "Caregiver Briefcase" in 2015 with practical information, tools and resources for psychologists working with family caregivers ([www.apa.org/pi/about/publications/caregivers](http://www.apa.org/pi/about/publications/caregivers)).

#### Resources related to Training and Supporting Students of Color

APA's Office of Ethnic Minority Affairs developed a brochure on effective strategies for recruiting students of color, such as having a diversity-related mission, hiring more faculty of color, and community outreach ([www.apa.org/education/undergrad/ethnic-minority.aspx](http://www.apa.org/education/undergrad/ethnic-minority.aspx)). The Commission on Ethnic Minority Recruitment, Retention and Training (CEMRRAT) has seed grants for organizations/institutions committed to enhancing ethnic minority recruitment, retention and training in psychology. ([www.apa.org/pi/oema/programs/recruitment/commission.aspx](http://www.apa.org/pi/oema/programs/recruitment/commission.aspx))





## SAVE THE DATE!

### Annual APA Convention in Chicago August 8–11, 2019

By: Jason Van Allen, Ph.D. and Kimberly Canter, Ph.D.

The 2019 APA Annual Convention will take place August 8–11 in Chicago! The theme for this year's Division 54 Program at the APA Convention is "Pediatric Psychology: Recognizing the Scope and Impact of our Work." We are especially interested in proposals that address the following:

- Novel approaches in working with diverse and/or underserved populations, as well as approaches to address issues of health equity and/or health disparities
- Research and/or applications in non-traditional or emerging settings in pediatric psychology (e.g., telemedicine, pediatric primary care)
- Applied work utilizing new and/or integrative treatment modalities with

pediatric populations, including proposals focused on skill-building and/or experiential learning.

Division programming (50 minutes or 1 hour, 50 minutes) can consist of symposia, skill-building sessions, conversation hours, or poster sessions. The deadline for division-specific program proposals is December 3 at 5:00 p.m. EST.

Additionally, APA continues to emphasize collaborative programming and such proposals from Division 54 members are encouraged. A collaborative session must involve a minimum of 2 divisions (up to 7) and involve more than one core

area of psychology (i.e., science, practice, education, public interest). Collaborative program proposals are due October 12 at 5 p.m. EST. As program co-chairs, we are available to facilitate these proposals.

Please contact us at [Jason.VanAllen@ttu.edu](mailto:Jason.VanAllen@ttu.edu) and/or [Kimberly.Canter@nemours.org](mailto:Kimberly.Canter@nemours.org) with any questions or ideas regarding this particular program format.

**Additional information regarding proposals and submission is available at:**

**<http://convention.apa.org/2019-call>**



## 2018 APA Annual Convention Highlights

By: Marilyn L. Sampilo, Ph.D., MPH, and Jason Van Allen, Ph.D.

We are pleased to report Division 54 programming at the 126<sup>th</sup> APA Annual Convention in San Francisco was a great success. We had a five-year high in proposal submissions and an all-time high in continuing education credit offerings. Thank you to the membership's presenters and attendees for helping make this year's program a great one.

The 2018 APA convention offered attendees the opportunity to benefit from a wide range of programming, earn CE credits, and network with professional colleagues from other divisions. Some highlights from Division 54 program included collaborative programming focused on diversity and working with underserved populations, symposia and skill-building sessions on integrated primary care, and a symposium for trainees on obtaining an internship in pediatric psychology. Our programming ended with a great session led by Drs. Guite and Rzepski on the evolution and growth of pediatric psychology services in a pediatric medical center.



During our social hour we presented a joint resolution recognizing Diane J. Willis for her distinguished career of contributing to society and to the discipline and profession of psychology. We also thanked our outgoing Board Members: Celia Lescano, Jessica Valenzuela, Eleanor Mackey, Christine Chambers, Jeannette Iskander, Laura Simons, and Marilyn Sampilo.

Preparations for the 2019 convention are well underway, and we look forward to seeing you in Chicago!



## Risk and Resilience in Pediatric Psychology: Processes, Mechanisms, and Interventions

By Amy Holley, Ph.D., Conference Chair, and Jessica Fales, Ph.D., Conference Co-Chair

### Welcome

We invite you to attend the 2019 Society of Pediatric Psychology Annual Conference (SPPAC) to be held at the New Orleans Marriott, New Orleans, Louisiana from April 4-6, 2019. The conference theme is Risk and Resilience in Pediatric Psychology: Processes, Mechanisms, and Interventions. Consistent with this theme, the conference will feature programming on important and timely topics relevant to: prevention science, preventive interventions, early identification and intergenerational transmission of risk, resilience, health disparities and positive psychology. The conference will include programming designed to meet the unique professional development needs of psychologists at all career stages.

Pre-conference workshops and special interest group (SIG) meetings will be held the morning and early afternoon of Thursday, April 4. The general conference program will kick off Thursday evening with a poster presentation and a celebration of the Society of Pediatric Psychology's 50<sup>th</sup> Anniversary. You can join your friends and colleagues in celebrating the past, present and future of the society with drinks and live music! The conference will continue on Friday, April 5 and Saturday, April 6 and will feature invited speakers, symposia, professional development sessions, posters, and networking opportunities. Lunch and learns are planned for Saturday, April 6. This conference will provide numerous opportunities to earn continuing education credits.

### Location

The conference hotel is the New Orleans Marriot located on Canal Street right in the heart of New Orleans. A block of rooms has been reserved for 2019 SPPAC attendees at the discounted rate of \$249 per day for all conference attendees. This discounted rate is available until March 13, 2019 or until the block fills.



*The Society of Pediatric Psychology (Division 54 of the American Psychological Association) is approved by the American Psychological Association to sponsor continuing education for psychologists. The Society of Pediatric Psychology maintains responsibility for this program and its contents.*

### Featured Presenters

#### Valerie Maholmes, Ph.D., CAS

Valerie Maholmes is the chief of the Pediatric Trauma and Critical Illness Branch at the Eunice Kennedy Shriver National Institute of Child Health and Human Development (NICHD) at the National Institutes of Health. The Branch was established to encourage collaborative inquiry in basic, clinical, and translational research to promote discoveries, new treatment paradigms, and interventions that improve the quality of life for children and families who have experienced all forms trauma, life-threatening injury, or critical illness. In her capacity as Branch Chief, she sets the vision and priorities for research that addresses the continuum of psychosocial, behavioral, biological, and physiological influences that affect child health outcomes in trauma, injury, and acute care. Prior to leading the Branch, Dr. Maholmes served as the program official in the Institute's Child Development and Behavior Branch where she was especially known for her work on child maltreatment and violence, risk factors and resilience. Her plenary address will focus on the Institute's priorities in pediatric research and collaborative efforts to advance science promoting child health and wellbeing.



#### Yo Jackson, Ph.D., ABPP

Yo Jackson is a professor in the Clinical Child Psychology Program and the Associate Director of the Child Maltreatment Solutions Network at Pennsylvania State University. She is also a Research Professor in the Life Span Institute at the University of Kansas as well as an adjunct professor in the clinical child psychology program at KU. Dr. Jackson is widely known for her research on the mechanisms of resilience for youth exposed to trauma. She is the PI of several NIH grants and Co-I on the Center for Healthy Families grant at Penn State. She is currently working



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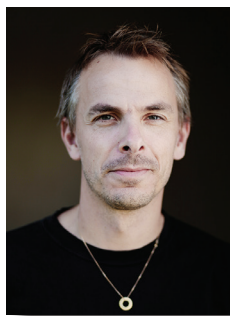


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on the mechanisms of the intergenerational transmission of trauma in young children and the contributions of emotion regulation and cognitive functioning in parents and children in the adjustment process post-trauma exposure. Dr. Jackson is also committed to work on youth in foster care and the methods and measurement of child maltreatment in research and applied practice. Her plenary address will focus on the nature of resilience and future directions for research on resilience for youth exposed to trauma.

#### Rikard K. Wicksell, Ph.D.

Rikard Wicksell is an associate professor of Psychology and a clinical researcher at Karolinska University Hospital and adjunct lecturer and research group leader at the Department of Clinical Neuroscience, Karolinska Institutet. His research program is focused on improving behavioral medicine assessment and treatment methods for adult and pediatric patients with chronic debilitating health conditions. During the past 15 years, his group has developed and evaluated a clinical model for adult and pediatric chronic pain based on cognitive behavior therapy (CBT) and Acceptance and Commitment Therapy (ACT). Dr. Wicksell's ongoing projects include: evaluation of outcome and change processes, the role and function of biological processes in pain and behavioral treatment, measurement development including item banking such as PROMIS, parental and family factors in pediatric chronic pain, and e-health (computer and smartphone based assessment and treatment for adults, children and their parents). The focus of Wicksell's talk will be building resilience to chronic pain and distress by improving behavioral flexibility in children and parents. He will discuss the role and function of behavioral flexibility in pediatric chronic pain, as well as how ACT can be used to improve behavioral flexibility in children and their parents.



#### Important Dates

**October 1:** Abstract submission deadline

**November 26:** Notification of acceptance or rejection of submissions

**December 3:** Conference registration opens

**April 4:** The conference begins!

#### For More Information

Visit [societyofpediatricpsychology.org](http://societyofpediatricpsychology.org).

#### Questions? Please contact us.

##### Program Content

Amy Holley, Ph.D.	Jessica Fales, Ph.D.
2019 SPPAC Chair	2019 SPPAC Co-Chair
<a href="mailto:holleya@ohsu.edu">holleya@ohsu.edu</a>	<a href="mailto:Jessica.fales@wsu.edu">Jessica.fales@wsu.edu</a>

##### Conference Registration or Hotel Information

Pam Hicks  
2019 Conference Planner  
913-897-8775  
[phicks@ku.edu](mailto:phicks@ku.edu)



### SPPAC International Travel Award

The **SPPAC International Travel Award** is available to pediatric psychologists traveling from abroad to attend the Society of Pediatric Psychology Annual Conference (SPPAC). Up to two awards of \$1,000 will be made.

#### In order to apply for the award you must:

- Reside outside the United States; international faculty who current work/reside in the U.S. are not eligible.
- Be a member of the Society of Pediatric Psychology (If you are not currently a member, you can join to be considered for this award.)
- Be first author on a paper or poster accepted for presentation at SPPAC

#### Priority will be given to:

- First-time attendees
- Early-career psychologists (less than seven years since completing training)
- Author of the paper or poster accepted.

Please submit a PDF document containing: 1) CV, 2) abstract of planned presentation, and 3) statement confirming Division 54 membership status.

Submit applications by  
January 15, 2019 to:  
[lesimons@stanford.edu](mailto:lesimons@stanford.edu)

## Greetings from Your Outgoing and Incoming Student Representatives

**By: Jeannette Iskander, M.A.**  
**Student Representative 2017-2018**

It has been an incredible honor to serve as SPP Student Rep for the last two years. Becoming actively involved in SPP has been one of the greatest decisions of my training to date, and I encourage other trainees to get involved, whether it is through a SIG, the SAB, or attending SPPAC. Leaving this role is bittersweet as I have loved every minute of my time on the Board, but I am excited to see what comes next as Carolina Bejarano takes over next year.



*Jeannette Iskander*

My time in this role allowed me to work with so many inspiring individuals whom I wish to thank. To the Board of Directors: thank you for your dedication and commitment to trainees and for your careful consideration and support of initiatives which continue to encourage trainees to become involved and engaged in this amazing society. I am confident that your strong commitment to trainees will help shape and grow the next generation of pediatric psychologists.

I would also like to thank the amazing SAB members whom I have served with over the past two years. This includes: Katy Darling, Draycen Decator, Julia LaMotte, Ashley Marchante, Tarrah Mitchell (2016-2017 term); Nour Al Ghirwati, Ellen Defenderfer, Ana El-Behadi, Alli Mullins, Meg Nicholl (2017-2018 term); and, Colleen Driscoll, Kimberly Klages, Megan Schaefer, Christina Sharkey, and Perri Tutelman (2018-2019 term). It has been an honors serving with each of you. During our time together, we have accomplished several goals together, including: growing the Network of Campus Representatives, continuing to host the Mentoring Luncheon at SPPAC (a trainee favorite), and hosting symposia and professional development sessions at SPPAC and the APA convention tailored to the needs of trainees. I cannot wait to see what the next group of SAB members accomplishes!

Please feel free to reach out to Carolina at [SPP.StudentRep@gmail.com](mailto:SPP.StudentRep@gmail.com) or me at [jiskande@kent.edu](mailto:jiskande@kent.edu) if you are interested in becoming more involved in SPP. I look forward to seeing you for SPPAC 2019!

**By: Carolina Bejarano**  
**Student Representative 2019-2020**

I am delighted to accept the role of SPP Student Rep for the upcoming term, and I am honored to join the inspiring student leaders who have served before me. I am a fourth-year student in the Clinical Child Psychology Program at the University of Kansas, working under the mentorship of Dr. Christopher Cushing. My research interests are focused on health promotion in children and adolescents, as well as pediatric obesity. Membership in SPP has been extremely valuable to my training trajectory so far, through involvement at the annual conference, networking opportunities, access to its excellent journals, opportunities for research funding, and more. I have tremendous gratitude to SPP and its present and past leaders, and am enthusiastic about the opportunity to contribute to the Society through my new role as Student Representative.



*Carolina Bejarano*

I feel fortunate to be following Jeannette Iskander's term. Her hard work and dedication to this role have resulted in an organized and productive student advisory board, successful conference programming for students and trainees, and an excellent connection to communicate student needs. The APA Convention this summer was a valuable opportunity to discuss transition to the role and to meet with the SPP Board of Directors. I appreciate their welcoming nature, and have seen the value of each member's contributions to the Society's productivity and continued successes in various areas. I also look forward to working with the fantastic student leaders on the Student Advisory Board, who have made great contributions to outreach and opportunities for trainees.

I am grateful for this opportunity and am enthusiastic to continue my involvement in SPP as the Student Representative. It is an honor to represent the students in this field, and I encourage you to contact me with any ideas the Society might consider to best support this group at [carolina.bejarano@ku.edu](mailto:carolina.bejarano@ku.edu). Thank you, and I hope to see you in New Orleans for SPPAC 2019!



*Alexandria "Alli"  
Mullins Delozier*

### Recognizing Alexandria "Alli" Mullins Delozier

Alexandria "Alli" Mullins Delozier is a fifth year graduate student in the Clinical Psychology Doctoral Program at Oklahoma State University under the mentorship of Larry Mullins, PhD. She is currently completing internship at the University of Mississippi Medical Center. Delozier is recognized as an outstanding student who has made contributions to the field of pediatric psychology through research, clinical work, teaching, and service.

Delozier's clinical and research interests include understanding factors influencing psychological functioning in pediatric populations from diverse and underrepresented backgrounds. Her future careers goals include research and clinic development that promote psychological wellbeing, with a specific interest in gender medicine and working with families of children with Differences of Sex Development.

Delozier is an active SPP student member, serving on the Student Advisory Board as co-chair for the Network of Campus Representatives and as the Student Representative for the Differences of Sex Development Special Interest Group.

### Graduate Student Spotlight



## 2018 APA Poster Award Recipients



**Andrea Fidler**  
University of Florida



**Lindsey Huffhines**  
University of Kansas



**Alexa Stern**  
Loyola University



**Jennifer Strimpfel**  
Nationwide Children's  
Hospital



**Katherine Tennant**  
University of Michigan

## Call for Undergraduate Spotlight Nominations

SPP's Student Advisory Board is accepting nominations for outstanding undergraduate students in pediatric psychology. One student will be selected to be featured in the Student Spotlight section of **Progress Notes**, an opportunity to honor an undergraduate student and provide the student with exposure to SPP. Nomination forms are from SAB Member Kim Klages. Please send the nomination form, a letter of recommendation, and the nominee's CV to her at [klklages@memphis.edu](mailto:klklages@memphis.edu).

**Deadline is December 14, 2018.**

## APA Diversity Poster Award Winners



**Kara Friend**  
Pacific University



**Rachel Sweeney**  
University of Florida

## New SPP Student Advisory Board Members—Terms Begin January 2019



**Carolina Bejarano**  
University of Kansas

**Research Interests:**  
health promotion,  
pediatric obesity,  
dietary behavior,  
physical activity.



**Elizabeth  
Ruzicka, M.A.**  
Kent State University

**Research Interests:**  
childhood obesity,  
child feeding,  
health disparities.



**Emily L. Shultz**  
University of Cincinnati

**Research Interests:**  
oncology, acquired  
brain injury, online  
interventions, family-  
based interventions.



**Robert Gibler**  
University of Cincinnati

**Research Interests:**  
Cognitive, emotional,  
and physiological  
mechanisms associ-  
ated with the devel-  
opment and main-  
tenance of pediatric  
chronic pain; shared  
vulnerability of pedi-

atric chronic pain and anxiety disorders; school anxiety and functioning in pediatric chronic pain; social modulation of pain perception.



**Alexa Stern, M.A.**  
Loyola University  
Chicago

**Research Interests:**  
adjustment among  
youth with chronic  
illness, impact of  
individual, fam-  
ily, and community  
levels factors on  
self-management,  
AYA and transition-  
related issues.



**Desiree Williford, M.S.**  
West Virginia University

**Research Interests:**  
interventions to promote  
positive health behavior  
change and improve  
disease management  
in pediatric patients;  
transition readiness  
and the implementation  
of behavioral health

services in pediatric care; treatment adherence and health promotion in pediatric populations; provider-family communication and interaction patterns.

## Advocating for Children, Youth, and Families

By Rachel Tunick, Ph.D., SPP Liaison to the Committee

APA's Committee on Children, Youth and Families (CYF), comprised of six APA members elected for staggered three-year terms, works to identify and disseminate information concerning the psychological status of children, youth and families, and to advocate for their interests in the context of APA-related issues. Recent and ongoing committee initiatives and projects which may be of interest to SPP members include:

- There have been several recent issues of the CYF publication, *CYF News* which are pertinent to SPP members. The June 2018 issue, edited by Dionne Coker-Appiah, Ph.D., focused on the prevention of teen dating violence, and the December 2017 issue, edited by Michael Lawler, Ph.D., centered on programs and supports aimed at improving the well-being of American Indian children, families and communities. These and other past issues are available at: [www.apa.org/pi/families/resources/newsletter/index.aspx](http://www.apa.org/pi/families/resources/newsletter/index.aspx). Stay tuned for the forthcoming fall 2018 issue which will focus on research and clinical practice pertaining to Adverse Childhood Experiences (ACEs).
- Over recent years CYF has undertaken various related initiatives around addressing racial and ethnic disparities in youth mental health. Several publications have developed from this work including a guide for practitioners, as well as a policy brief. These publications, along with several informative webinars and presentations, are available at: [www.apa.org/pi/families/resources/disparities-mental-health.aspx](http://www.apa.org/pi/families/resources/disparities-mental-health.aspx)
- CYF has been an active partner in the national tour of "I Am Psyched," a multi-media initiative that explores the roles of women of color in psychology. For further information please see: [www.apa.org/pi/women/iampsyched/](http://www.apa.org/pi/women/iampsyched/)
- The Office on CYF (which works very closely with the CYF committee) is involved in many ongoing projects including RESilience ([www.apa.org/res/index.aspx](http://www.apa.org/res/index.aspx)), an initiative aimed at addressing effects of racism, racial bias and discrimination. For more information about this and other programs in which CYF has been involved, see: [www.apa.org/pi/families/index.aspx](http://www.apa.org/pi/families/index.aspx)
- CYF presents two annual awards for Outstanding Contributions to Benefit Children, Youth and Families. At the APA Annual Convention in San Francisco this summer, CYF recognized Jessica Borelli, PhD as the recipient of the early career award, and Allison Redlich, PhD was presented with the mid-career award. Submission deadline for the 2019 awards is on January 31, 2019. For more information about eligibility and how to apply: [www.apa.org/about/awards/benefit-cyf.aspx](http://www.apa.org/about/awards/benefit-cyf.aspx)
- CYF has recently begun to participate in APA's Coalition for Psychology in Schools and Education: [www.apa.org/ed/schools/coalition/index.aspx](http://www.apa.org/ed/schools/coalition/index.aspx)
- The public interest directorate of the APA (of which CYF is a part) maintains a blog entitled "Psychology Benefits Society" (<https://psychologybenefits.org/>), a resource for the dissemination of psychological science that may be pertinent and of interest to the general public. CYF members and affiliates contribute regularly to this blog, and SPP members are encouraged to consider writing a submission.

If any member of SPP would like to raise issues for the CYF committee, please contact Rachel Tunick at [rachel.tunick@childrens.harvard.edu](mailto:rachel.tunick@childrens.harvard.edu).

## New SPP Executive Committee Members

Congratulations to the two newly elected SPP Executive Committee members who will begin their terms January 2019. Thank you for your willingness to serve.

### President Elect



Jennifer Pendley, Ph.D.

### Secretary



Erica Sood, Ph.D.

### Member at Large — Diversity



Melissa Santos, Ph.D.

### Member at Large — Student/Trainee Dev



Idia Thurston, Ph.D.

## APA Council Representatives



Anne Kazak, Ph.D.



Terry Stancin, Ph.D.



## Launch of a New Special Interest Group Focuses on Palliative and End-of-Life Care

By Amanda L. Thompson, Ph.D., and Rachel Kentor, Ph.D.  
SIG Co-Chairs

The Palliative Care and End-of-Life Special Interest Group was established this summer by Amanda Thompson, Ph.D., director of Patient Support Services in the Center for Cancer and Blood Disorders at Children's National Health System, and Rachel Kentor, Ph.D., a pediatric psychology postdoctoral fellow at Texas Children's Hospital.

Knowing that psychologists providing palliative and end-of-life care face unique clinical challenges, have unmet learning needs, and are at significant risk for professional burnout, the SIG was developed to: (1) facilitate cross-institutional communication about program development and infrastructure, in order to promote increased integration of psychology into palliative care services across the nation; (2) offer specialized learning opportunities in psychological practice within palliative care and end-of-life, given the lack of formal training available to most psychologists and psychology trainees; and (3) provide a supportive network of professionals working with critically ill and dying children, as a means of promoting self-care as a professional competency.

Announcement of the SIG was met with great excitement, and the current membership of 59 pediatric psychologists and psychology trainees is continuing to grow! In order to better understand our members and inform the ongoing development of this new SIG, a survey was distributed and completed by more than 70% of our membership—26 psychologists and 16 trainees (primarily predoctoral interns and postdoctoral fellows). Most members (90%) reported being engaged with palliative and/or end-of-life care in a clinical capacity; 29% and 20% are also involved through teaching and research, respectively. Almost 10% of respondents noted

they are not involved in palliative and/or end-of-life care at present but are interested in learning more.

Psychologists and trainees working with 15 different medical populations are represented within the SIG, with hematology/oncology, pain, inpatient consultation-liaison, gastroenterology, and neonatology most widely represented. Very few members endorsed having received formal training in palliative care beyond clinical encounters on internship or fellowship.

Accordingly, members endorsed their primary interest in the SIG as accessing and participating in education and training opportunities, as well as connecting to resources for ongoing professional development and multidisciplinary collaboration.

Additional member goals for the SIG included development of a resource bank for professionals (including materials that can be distributed to patients, siblings, and parents) and collaboration on multisite research (including both intervention research and surveying the role of psychology on pediatric palliative care teams).

Given our membership's desire and enthusiasm for access to educational activities, we have a number of outreach initiatives planned for the listserv throughout the year including, but not limited to, webinars, distribution of available resources and training opportunities, dissemination of advocacy efforts, and opportunities for interprofessional organizational involvement.



We are especially looking forward to holding our first business meeting at SPPAC in New Orleans this spring! Among other business activities, we plan to hold a Morbidity and Mortality (M&M) conference, in which selected members will present a brief case presentation showcasing palliative care or end-of-life issues and lead group discussion of challenges and lessons learned. Information on individual members' presentations will also be distributed on the membership listserv ahead of the conference.

Interested in joining our SIG? Email us at [Div54PalliativeSIG@gmail.com](mailto:Div54PalliativeSIG@gmail.com) and/or join us in New Orleans!

## Consider Running for Division 54 Office

**S**PP is accepting nominations for the following offices on the Board of Directors. Elections will be held in the spring of 2019, and the successful candidates will begin their terms of office on January 1, 2020. To be eligible to run for any of the Executive Committee positions listed below, the candidate must be an APA member.

### President Elect

The president-elect shall be a member, fellow or voting associate member of the Society elected for a term of three years during which the person will serve as president-elect, president and past president. As president, the individual will lead the Society by assuming ultimate responsibility for all ongoing programs, by leading the development of new directions, by maintaining relationships with other organizations, by speaking for the Society in personal and public communication, and by appointing all committees, liaisons and other offices of responsibility. The individual shall preside at all meetings, shall be the chairperson of the Board of Directors and shall perform all other usual duties of a presiding officer. Several duties begin during the president-elect year and extend through the past-presidential year. These include chairing the Committee on Nominations and Elections and the Division Honors Selection Committee.

### Member-at-Large – Continuing Education (2020-2022)

The Member-at-Large – Continuing Education shall be a member, fellow or voting associate member of the society elected for a term of three years. During the person's term in office, the individual will be a member of the Board of Directors with the right to vote. The MAL-Continuing Education serves as the CE Administrator and Division 54 liaison to the APA Office of Continuing Education Sponsor Approval (CESA) which ensures compliance with all CESA regulations. This individual is also responsible for managing the online software for the Continuing Education process for the SPP Annual Conference. Duties will begin in the fall of 2019 as preparation begins for the 2020 SPPAC although the position will not be a Board of Directors member until January of 2020.

### Treasurer (2020-2022)

The Treasurer shall be a member, fellow or voting associate member of the Society elected for a term of three years. During the person's term in office, the individual will be a member of the Board of Directors with the right to vote. This individual will oversee custody of all funds and property of the Society, will direct disbursements of monies, will oversee the keeping of adequate records, will oversee the receipt of all money to the Society, will aid the President and the Board of Directors in the preparation of the annual budget, will make an annual financial report to the Society, will insure that the Society is in compliance with all applicable tax laws, and in general shall perform the usual duties of a Treasurer. Preferred qualifications include knowledge of accounting and tax procedures and familiarity with Quick Books or other accounting software.

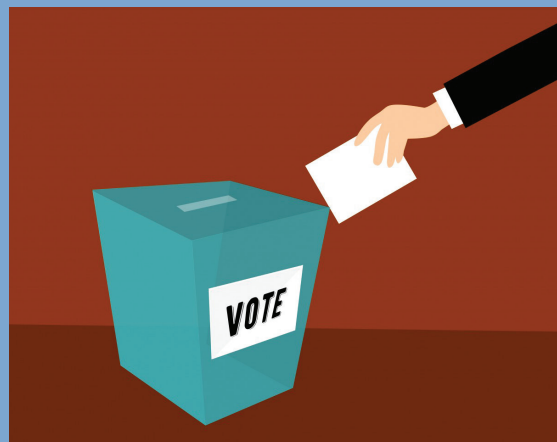
### Nomination Information

To nominate a candidate, send an e-mail to: [APADiv54@gmail.com](mailto:APADiv54@gmail.com) with the word "Nomination" in the subject line. Individuals who previously served as officers of the old "Section" may run for office in the Division. For more information about specific officer duties, please see the SPP's Bylaws, posted on the SPP website.

**For all positions, 10 nominations must be received  
for each candidate by Jan. 5, 2019.  
Self-nominations are encouraged.**

## VOTE ON BYLAW CHANGES

**T**he SPP Board of Directors voted recently to propose changes to the SPP Bylaws. All of our non-student members will soon receive an electronic ballot from APA indicating the changes to be made. Please respond to the email and cast your vote.





## Considering Board Certification?

By Wendy L. Ward, PhD, ABPP

The American Board of Clinical Child and Adolescent Psychology (ABCCAP) is the recognized specialty board for both child clinical and pediatric psychology. ABCCAP Specialists are doctoral level psychologists whose expertise exceeds the basic level of competence certified by state licensure. Board certification assures the public and profession that the Specialist has the education, training, and skills required to provide quality services in Pediatric and Clinical Child/Adolescent Psychology.

While some of you may feel daunted by the prospect of becoming board certified, it is important for you to know that it is a very attainable credential for those practicing competently in our area of specialty. The criteria are clear and there is a stepwise process to follow that spreads the work over a year or so (credentials review, written statement, and oral examination). There is a Senior Option for those advanced in career. If you have questions board members are available to answer them, and a free Mentor can be provided to help you through the process. Pass rates are actually quite high, as would be expected from a profession that takes seriously the professional development of its trainees. Fees are quite reasonable when you consider the costs of the review process and are spread over a year or so. In fact, many institutions pay for the costs of board certification for physicians and often will do so for other doctoral level boards, I would encourage you to ask before starting the process.

Board certification offers multiple points of value. First, patients and families often seek the highest credentialed individuals and can easily search the ABPP website or look for the ABPP credentials among providers on their insurance's approved provider listing. Second, having this credential may assist you with employment opportunities which can be critical in a tight job

market. In fact, some institutions are now requiring board certification at hire or within a certain time period after hire. Third, and perhaps most importantly, board certification can help put psychologists on the same level in the institutional hierarchy as doctoral-level specialty boarded physicians. At a time when pediatric psychologists are working hard to highlight the value psychologists bring to health care settings, doctoral level specialty board certification helps set us apart from other health care professionals. Board certification helps to highlight the value psychologists bring across the clinical, research, and educational missions and support the rise of psychologists into leadership positions traditionally held exclusively by physicians.

As one of the fastest growing subspecialties of the American Board of Professional Psychology, ABCCAP congratulates the following psychologists who have recently been recognized as meeting Specialty Board Certification requirements:

Susan K. Cook	Laura Fuller	Holly K. Middleton
Laura Dilly	Barbara George	Valentina Pacheco
Tanisha Drummond	Sharonne Herbert	Rhonda Robert
Paul Frick	Ann Lagges	Mariella Self
Jocelyn Lebow	David Langer	Lisa Ramirez Shaw

If you are interested in pursuing Board Certification, please visit the website [www.clinicalchildpsychology.com](http://www.clinicalchildpsychology.com). Also, feel free to contact me at [wward@uams.edu](mailto:wward@uams.edu).



Wendy Ward, Ph.D., ABPP

## JPP CALL FOR SUBMISSIONS—50<sup>TH</sup> ANNIVERSARY

### Guest Editors:

Bryan Karazsia, PhD, Anne Kazak, PhD, ABPP, and Tonya Palermo, PhD, ABPP

In recognition of the 50<sup>th</sup> anniversary of the Society of Pediatric Psychology in 2019, we announce a special issue in the *Journal of Pediatric Psychology* titled, **Historical Developments in Pediatric Psychology: Influence on Contemporary Research and Practice**. The unifying feature across submissions to this issue will be historical developments and their impact on contemporary research and practice. Papers that review of foundational theories and that either highlight unexplored paths or propose novel hypotheses are particularly encouraged.

Submissions are due **Feb. 1, 2019**.

For a full description, please visit: <https://societyofpediatricpsychology.org/node/755>



## Journal of Pediatric Psychology Update

### Focus on Students

By Tonya Palermo, Ph.D., Editor

This summer we filled several open student positions. We selected a wonderful group of 23 students for the *JPP* Student Journal club for the 2018-19 academic year. These trainees will have an opportunity to be chosen during the year to write an accompanying commentary to our Featured Articles, which are highlighted in each issue of the journal. We also received outstanding applications for our open position for Assistant Editor for Transparent Reporting to fill the vacancy that will be left at the end of the year when Dr. Aimee Hildenbrand completes her term. Ana Gutierrez-Colina (postdoctoral fellow at Cincinnati Children's Hospital) and Caitlin Murray (postdoctoral fellow at Seattle Children's Hospital) will both join the editorial team to cover transparent reporting. Aimee has done an excellent job of creating a process for performing transparent reporting reviews of all intervention papers, and we will expand capacity to add transparent reporting for systematic reviews in the future. I want to take this opportunity to thank Aimee for her outstanding service to the journal!

There are several open calls for special issues, 1) Historical Developments in Pediatric Psychology: Influence on Contemporary Research and Practice edited by Bryan Karaszia, Anne Kazak, and Tonya Palermo, and 2) Innovations in Pediatric Psychology Assessment, edited by Lindsey

Cohen, David Cella, and Lauren Wakschlag. The complete calls for papers can be found at <https://academic.oup.com/jpepsy>.

I recently published an editorial announcing a policy change for *JPP* regarding blinding of submissions. We will be moving to single blinded submissions for the journal effective Jan. 1, 2019. See my editorial in Issue 10 for a detailed rationale.

To briefly summarize, there are three primary reasons for this change including, 1) the difficulty performing blind evaluations of multiple publications from the same dataset; 2) the desire to promote transparency and reproducibility of research which requires reporting elements that are best evaluated unblinded; and 3) the fact that double-blinding adds considerable work for authors and editorial staff, and despite this work, blinding often fails. We are updating our conflict of interest policy and author instructions to reflect these changes to single blinded submissions and have plans to evaluate the impact of this policy on rejection rates and composition of publishing authors and institutions.

As always, thanks to the editorial team for making the journal a success!



Tonya Palermo, Ph.D.

## Clinical Practice in Pediatric Psychology

### New Places and New Faces

By Jennifer Verrill Schurman, Ph.D., Editor

#### International Outreach & Engagement

This Fall began with a joint editorial staff presentation at *CPPP* and *JPP* on strategies for increasing publication success in SPP journals at the European Conference on Pediatric Psychology held in the beautiful city of Ghent, Belgium. This presentation stimulated some great dialogue about publishing issues with colleagues around the globe. As shared with the attendees, *CPPP* will continue to actively encourage submissions examining and/or including diverse populations, settings, and systems that can help further the clinical practice of pediatric psychology both within and outside of the United States, and solicit involvement of reviewers from outside the country to broaden our reviewer pool.

To address one of the specific issues raised, we already have added new guidance to our Instructions for Authors to clarify publication policies and expectations for authors who are required to upload a copy of their thesis or dissertation work to a repository prior to submission

of this work for journal peer-review (see *CPPP* Policy on Pre-Publication of Author's Work for details). We are actively working with international partners to spread the word about *CPPP* to potential authors and reviewers, develop additional "webinars" on publication topics that can be widely distributed, and solicit ideas for special issue/section topics of interest globally. I look forward to the continued engagement of the international community in the growth and success of *CPPP*, and encourage those outside the United States with interest in reviewing to contact me. In the meantime, be watch for our upcoming Special Issue on "The Global Reach of Pediatric Psychology" with Laura Simons serving as guest editor to be published in December 2018.

#### Welcome Ethics Special Section Editor!

I first want to thank everyone who submitted an application for the Ethics Special Section Editor position. We had a slate of strong candidates who made this a difficult decision. I am extremely pleased to announce that Victoria

A. Miller, PhD, has agreed to join our editorial team in this position. Dr. Miller is the director of Research in the Division of Adolescent Medicine at Children's Hospital of Philadelphia (CHOP) and associate professor of Pediatrics, Medical Ethics, and Health Policy at the Perelman School of Medicine, University of Pennsylvania. Previously, she was an associate editor for the journal *AJOB Empirical Bioethics* and currently serves on *JPP*'s Editorial Board. She has particular interest and expertise in several areas of ethics, including child and family medical decision making and informed consent/assent to research and treatment, balancing her research work in these areas with ongoing clinical practice in cystic fibrosis. She will begin overseeing ethics submissions in January 2019.

As always, we look forward to serving you and welcome any comments, suggestions, or ideas.



Jennifer Schurman, Ph.D.



## Third European Paediatric Psychology Conference (EPPC) Held in Ghent, Belgium

By Helen Griffiths, Ph.D., PPN-UK Chair  
Children's Psychological Medicine  
Children's Hospital, Oxford



Helen Griffiths, Ph.D.

Once described by Lonely Planet as Belgium's best kept secret, the stunning city of Ghent became the backdrop for the Third European Paediatric Psychology Conference (EPPC). EPPC brought together clinical

psychologists across Europe and provided the setting for the first internationally held meeting of the International Committee of the Society for Paediatric Psychology. Convened by chair Laura Simons, the meeting brought together representatives from the respective paediatric psychology networks from the USA, UK, Netherlands, Belgium, Italy and Sweden.

The aims of the meeting were to understand the development and current state of the networks represented, and to discuss how international collaborations could be enhanced, for the advancement of paediatric psychology and most importantly the advancement and dissemination of research and clinical practice that supports children with health needs.

Finding myself in a room with so many eminent psychologists from around the world, I was struck with a sense of responsibility for what we were representing. Hearing in turn how the various networks had evolved, it was clear that despite the differences between how we are set up and run, the common theme is universal: how do we best organise ourselves as a profession to most effectively be the voice for what helps the children with medical needs and their families?

Moving forward, the desire to collaborate was strong. Discussions focused on the European Committee for Paediatric Psychology to link in with the International Committee of the SPP and to formalise a structure for the planning of

the EPPC and support the development of Paediatric Psychology Networks across Europe. A theme of the conference itself was the use of technology in making interventions more accessible to children and families, and we need to turn the use of this same technology to strengthen our links with each other as networks - via webinars, online content, and teleconferences (time zone permitting!) to become more closely linked and share our learning.

The meeting, along with the conference, was exciting and inspiring with 240 delegates who attended the EPPC from 17 countries. As the incoming chair for the PPN-UK, it gave me much food for thought on how to take our network, our practice and our learning international. Over the coming two years in my role as PPN-UK chair, I look forward to taking on some of these opportunities and challenges.

To learn more, visit [www.bps.org.uk/cypf/ppn](http://www.bps.org.uk/cypf/ppn).



## SPP Faculty Awards

**T**he SPP Awards Committee invites you to nominate a colleague for one of our five faculty awards. Several awards honor pediatric psychologists who have made significant contributions to the field.

### Carolyn S. Schroeder Outstanding Clinical Practice Award

This award recognizes outstanding commitment and significant contributions to pediatric psychology by a provider of direct clinical services in the field. Nominees should typically spend a minimum of 20 hours weekly in direct, face-to-face patient care; assessment, therapy and consultation; program development, administration and service; model service delivery; or other evidence-based clinical applications. The outstanding practice can be in any clinical setting including primary care, hospital, or clinic-based practice. Additional time may be spent in professional activities such as teaching, supervision or clinical research.

### Dennis Drotar Distinguished Research Award

Formerly known as the Logan Wright Distinguished Research Award, this award recognizes excellence and significant contributions in establishing the scientific base of pediatric psychology. Nominations can be made for one particularly significant contribution or a series of contributions in a programmatic area. Nominations and endorsements should include an evaluative summary of the contribution, noting the positive impact of the nominee's research and detailing the extent of scholarship given in productivity.

### Michael C. Roberts Award for Outstanding Mentorship Award

This award, formerly the Martin P. Levin Mentorship Award, started with the generous support of the Levin Foundation. It honors faculty in pediatric psychology who mentor students in an exemplary way, providing professional advice and guidance through various training phases. In 2017, this award was renamed to honor Michael Roberts whose legacy of service to SPP has been legendary, covering virtually all roles, mentoring hundreds of students and board members, developing and editing five editions of the *Handbook of Pediatric Psychology*, frequent service through Council of Representatives, and SPPAC.

### Wright Ross Salk Distinguished Service Award

In recognition of the early founders of pediatric psychology, this award honors outstanding service contributions to SPP or to the field of pediatric psychology generally.

### Routh Early-Career Award in Pediatric Psychology

This award recognizes significant contributions of an early-career member of SPP to the field of pediatric psychology in research, clinical training, and service.

### SPP Award for Distinguished Contributions to Diversity

This award honors a pediatric psychologist who professionally promotes understanding and respect for diversity in research, policy, or practice within the field of pediatric psychology. Diversity-related activities may focus on issues such as race/ethnicity, gender, culture, disability status, sexual orientation, language differences, socioeconomic status and/or religion. This work could also focus on health disparities in children's health care, which could include attention to differences in access to services and mortality rates. Contributions that have addressed the conceptual and/or methodological challenges of working in diversity areas of research, policy, and practice would also be relevant.

For complete nomination instructions, visit:  
[http://societyofpediatricpsychology.org/awards\\_and\\_grants](http://societyofpediatricpsychology.org/awards_and_grants)

## New Division 54 Fellow 2018

**A**t the recommendation of the SPP Fellows Committee and the APA Board of Directors, the APA Council of Representatives elected the following individual to Fellow status.



**Anthony Alioto, Ph.D., BCB**  
Nemours – A.I. duPont  
Hospital for Children  
Sidney Kimmel Medical College  
Thomas Jefferson University

## Apply for Division 54 Fellow Status Deadline Dec. 1

**C**riteria for recognition as a Division 54 Fellow include having: a national impact on psychology, sustained contributions to pediatric psychology for more than five years, distinctive contributions to pediatric psychology that are recognized by others as excellent, and contributions whose impact extends beyond the immediate setting in which the candidate works. Areas of unusual and outstanding contributions include research, teaching, administration, professional service, and practice.

For application information, contact Karen Roberts at [apadiv54@gmail.com](mailto:apadiv54@gmail.com) and visit <http://societyofpediatricpsychology.org/division-54-fellows>.



# Society of Pediatric Psychology

## Division 54, American Psychological Association

### Join Division 54!

#### Membership benefits include:

- Subscription to two professional journals: *Journal of Pediatric Psychology* and *Clinical Practice in Pediatric Psychology*, and the Society's newsletter, *Progress Notes*
- Professional development and continuing education credit at SPPAC, the Society of Pediatric Psychology Annual Conference, and the annual APA convention
- Access to the SPP member directory and listserv, with employment opportunities, clinical issue discussions, referral requests, etc.
- Opportunities to network, participate in Special Interest Groups, and have advocacy and representation in pediatric psychology
- Various awards and grants for students and psychologists at all career stages
- Participation in the SPP mentoring program—as mentee or mentor

#### Special Student Benefits include:

- Conference programming specifically designed for students to meet and network with mentors

#### Vision Statement

Healthier children, youth, and families.

#### Mission Statement

The Society aims to promote the health and psychological well being of children, youth and their families through science and an evidence-based approach to practice, education, training, advocacy, and consultation.

#### Accessing Member Services

- **Join the listserv** Send an e-mail to: [div54@hotmail.com](mailto:div54@hotmail.com), with the following command: ADD DIV54-MEMBERS (Email address) (First name) (Last name) in the body of the message (do not include parentheses and do not write anything in the subject line). For example: ADD DIV54-MEMBERS janedoe@pedpsych.edu Jane Doe
- **Sign off the listserv** Send an e-mail to: [listserv@lists.apa.org](mailto:listserv@lists.apa.org). Leave subject line blank. In e-mail, type "signoff div54-members" (without quotes).
- **Access the *Journal of Pediatric Psychology* and *Clinical Practice in Pediatric Psychology* online** Go to: [www.division54member.com/](http://www.division54member.com/) and sign in with your username and password.
- **Check your membership status, change your contact information, or to ask about SPP programs and services** Send an e-mail to: [APAdiv54@gmail.com](mailto:APAdiv54@gmail.com)
- **Join the online member directory** Send e-mail to: [APAdiv54@gmail.com](mailto:APAdiv54@gmail.com) to ask for online directory registration form.
- **Read past newsletter issues** <http://www.societyofpediatricpsychology.org/all-newsletter>
- **Visit the Society of Pediatric Psychology online** Go to: <http://societyofpediatricpsychology.org/>

To join, please visit:

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## Progress Notes

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Visit Division 54 at: <http://societyofpediatricpsychology.org>