



The President's Message

I am ready to roll up my sleeves... I think.

Well, here I am writing my first presidential message and looking forward to this coming year working with our competent and talented officers and board. I am so lucky to have Karen Roberts nudging me along as our skilled administrative officer and to have the wisdom and guidance of our Past President Tonya Palermo and President Elect Tim Wysocki. Tonya will be a hard act to follow. With her endless energy, she has provided excellent presidential leadership over the past year. I am glad that I have Tonya and Tim to watch my back and not let me stray too far.

Mentoring and eHealth Interventions

In my candidate statement, I mentioned two priorities for my presidential year: mentoring and promotion of e-health interventions. The Division 54 Mentoring Program began in 2004 as a presidential initiative by Mary Jo Kupst. A workshop was conducted and participants were selected from trainees/early career, mid-career, and senior psychologists.

Since then, over 400 Division 54 members have contributed to this program with the numbers continuing to grow. Mentoring is now regarded as a membership benefit. Coordination of the mentoring program has been in the capable hands of Sharon Berry since its inception. I will ask Sharon to work with me to find ways to further enhance the program and make it more visible for our members online.

eHealth interventions have been defined as "applications of technology that seek to either improve a client's understanding of health information or use technology as a surrogate for the clinician in treatment delivery." (Cushing & Steele, 2010, p. 937) I have asked Eve-Lynn Nelson and Lee Ritterband to be co-leaders of a task force with its purpose being to encourage the development, validation, and dissemination of eHealth interventions in pediatric psychology. I am grateful to Eve-Lynn and Lee for accepting co-leadership roles, and they plan to have their team in place by January, 2013. Eve-Lynn is an accomplished researcher in telemedicine and Lee is a principal investigator on NIH-funded e-health intervention studies.

Specific objectives for the task force are:

1. Review the state of the science on eHealth interventions in pediatric psychology and make recommendations for future research (updates since the Cushing & Steele, 2010 meta-analysis and Stinson et al., 2009 systematic review).

2. Determine potential funding sources for eHealth interventions (NIH, industry, foundations, etc.).

3. Review strategies for collaborating with information technology companies to develop and dissemination eHealth interventions.

4. Describe strategies for furthering collaborations in eHealth intervention studies among Division 54 members, e.g., working with SIG chairs, including encouraging the involvement of members who have not yet done e-health interventions.
5. Suggest ways to collaborate with other organizations interested in eHealth interventions such as APA Divisions 38 (Health Psychology) and 53 (Society of Clinical Child and Adolescent Psychology) and the International Society for Research on Internet Interventions (www.isrii.org).

Anticipated outcomes would be for the task force report to be published in the *Journal of Pediatric Psychology* summarizing information relevant to each of the five objectives, increased collaborations between members in eHealth intervention studies (monitored through activities of the SIGs), possibly a new SIG on eHealth, and the sharing of links to eHealth interventions/studies on our SPP website.

I know this sounds a little schmaltzy, but for me, it really is a distinct honor to serve as your president. So many competent people have served in this capacity, and I hope I can uphold their legacy. Please feel free to send me an email any time you have a question, suggestion, or even a critique.

References

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Michael A. Rapoff, Ph.D. is the Ralph L. Smith Professor of Pediatrics at the University of Kansas Medical Center; where he teaches, does research, advises graduate students, sees patients one day a week, and mentors junior colleagues.



Michael A. Rapoff, Ph.D.

Progress Notes is published three times each year by The Society of Pediatric Psychology, Division 54, American Psychological Association.

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Newsletter Deadline

Articles for the next newsletter are due before May 15, 2013.

Please send your submission to newsletter editor, Larua Simons, Ph.D. at laura.simons@childrensharvard.edu,

Plan to Attend

2013
**National
Conference**
on
**Pediatric
Psychology**

**April 11–13, 2013
Astor Crowne Plaza
New Orleans, Louisiana**



By Michael Roberts, Ph.D. and Ric Steele, Ph.D.
2013 Division 54 National Conference Program co-chairs

The National Conference on Pediatric Psychology presents opportunities for learning and sharing information as well as networking in clinical and research situations. Plenary overview speakers and invited symposia will cover the topics of sleep issues in pediatric psychology, federal health care reform, quality improvement, diversity issues, and clinically informed and clinically relevant research methodologies. Poster sessions will present research and clinical projects.

A panel of experts on the Scientific Review Committee evaluated over 400 abstract submissions for posters sessions. The resulting program will be posted online, as well as information for registration and hotel reservations. Opportunities for continuing education for psychologists will be available during three concurrent 3-hour preconference skills-building workshops on Thursday morning: one on translational research methodologies, one on ACT for Pediatric Pain, and one on ethical challenges in research studies.

In addition to the conference programming, Special Interest Group meetings on topics relevant to clinical practice will be held Thursday afternoon, some of which will offer up to two hours of Continuing Education for psychologists (Intermediate Level).

Plenary Speakers and topics include: David Janicke, "Health Care Reform: Policy and Training Implications for Pediatric Psychology;" Celia Lescano, "Diversity Issues in Research and Practice: Changing Times Call

For Changing Measures;" Lisa J. Meltzer, "Who Needs Sleep? Children with Chronic Health Conditions, That's Who;" Jennifer Verrill Schurman, "Bridging the Gap: Bringing Science and Practice Together Through Quality Improvement;" and Jennifer Shroff Pendley, "Why Dichotomize Research and Practice? Perspectives on a New Continuum."

The SPP Student Advisory Board is planning special events for students such as a mentoring lunch on Saturday with advanced registration only for students to sit with prominent pediatric psychologists.

The conference registration fee includes many meals: evening receptions will have enough food to replace dinner; breakfast will be available on Friday and Saturday; lunch will be provided to registrants on Saturday; breaks will have snacks and refreshments.

**A total of 13 hours of Continuing Education credit for psychologists (Intermediate Level) will be offered during conference programming. Additional CEs will be available in Preconference Workshops and in the SIG meetings.*

**The Society of Pediatric Psychology is approved by the American Psychological Association to sponsor continuing education for psychologists. The Society of Pediatric Psychology maintains responsibility for this program and its contents.*

For additional information, visit

www.continuinged.ku.edu/programs/pediatric-psychology/index.php

Or contact Stacy Walters at (785) 864-5823 or toll-free (877) 404-5823.

Division 54 at the 2013 APA Convention



By Susan R. Patton, Ph.D.

2013 Division 54 APA Program Chair

The 121st APA Convention will be held Wednesday, July 31 through Sunday, August 4 in beautiful Honolulu, Hawai'i. Enjoy the convention and make time to sightsee, explore the stunning beaches and parks of Oahu, and join friends and colleagues for a night out on the town.

Division 54's exciting program is composed of top-notch posters and symposia that were selected from blinded review by members of the Division. The program offers innovative presentations geared toward clinicians, researchers, educators, and trainees.

This year's agenda includes symposia on a broad variety of topics including evidence-based treatment in pediatric populations and new ideas for treatment delivery in pediatric psychology. Featured symposia include, "APA and BET Networks Partnership: Using Media as a Platform to Address HIV Disparities

Among Youth," chaired by Scyatta Wallace; "eHealth and Motivational Interviewing for Adolescents and Emerging Adults," chaired by Sylvie Naar-King; and "Integrated Primary Care Pediatrics: The Future Is Here," chaired by Doug Tynan.

We will host two poster sessions to showcase faculty and student research with diverse populations across clinical, school, and primary care settings. Posters of particular interest include: "Underestimation of Fertility Risk among Families newly Diagnosed with Adolescent Cancer," "Parent-focused Intervention for Improving Academic Outcomes in Children with Sickle Cell Disease," "Emergency Department Utilization in Urban Children with Asthma: Family-level Predictors," and "Does Type of Video Game Influence VR Distraction Effects During Cold Pressor Tasks?"

Continuing Education (CE) credits will be offered for selected symposia presen-

tations — stay tuned for details.

Division 54 continues to have an outstanding and strong reputation for student involvement. We will continue to host student programming, social events, and informal sessions in the Division 54 Hospitality suite. We will partner with Division 53 for a joint social hour and the annual Internships/Postdoctoral Fellowships on Parade event. These events allow opportunities for trainees and professionals to network, socialize, and gather information relevant to research and clinical practice.

We hope you plan to join us for a terrific convention in Honolulu. Look for the schedule of events in the next issue of **Progress Notes**. For more information, visit APA online at www.apa.org/convention/index.aspx.

A hui hou kākou!



Call for Nominations Student Spotlight

The Society of Pediatric Psychology's Student Advisory Board is accepting nominations for outstanding undergraduate students in pediatric psychology.

One undergraduate student will be selected based on his or her commitment and contributions to the field of pediatric psychology. The winner will be featured in the next edition of **Progress Notes**. This is an excellent opportunity to recognize and honor a deserving student.

Request a nomination form from Student Advisory Board member, Shana Schuman, at s/schuman@phhp.ufl.edu. Return the form, a recommendation letter, and the nominee's CV to back to Shana at the same address.

Deadline is April 1, 2013.

Progress Notes Editor Update

After a successful three year term, David Janicke has passed the baton of **Progress Notes** editor. Dave has done a tremendous job of ensuring that **Progress Notes** highlights the research and clinical work of our active student membership. Given his commitment to students, it is quite fitting that he will continue on the board as Member-at-Large for Student/Trainee Development. I want to thank Dave for his support during this transition.

As I begin my tenure as your newsletter editor, I would like to continue to put trainees at the forefront and highlight some of the exciting new developments unfolding within our Division. We currently have 12 Special Interest groups, a growing body of evidence-based practice resources, a new journal — *Clinical Practice in Pediatric Psychology*, and going forward an annual National Conference in Pediatric Psychology. I have a feeling there will be no shortage of exciting things to highlight!

If you have story ideas, suggestions for new features, or general comments for consideration, please do not hesitate to contact me at laura.simons@childrens.harvard.edu.



Laura Simons, Ph.D.

Biographical Information and Statements

The Division 54 slate of candidates for the 2013 election for president, treasurer, and member at large for national conferences is complete. We strongly encourage you to submit the ballot mailed to you by APA.

President

Elissa Jelalian, Ph.D.

Elissa Jelalian is an associate professor of psychiatry and human behavior and pediatrics at the Alpert Medical School of Brown University. Her NIH-funded research focuses on innovative weight control interventions for youth, dissemination of evidence-based treatments, and evaluation of policy initiatives to promote healthy nutrition and physical activity.

Jelalian has served as a clinical and research mentor for pre-doctoral and postdoctoral trainees in pediatric psychology at Brown for nearly 20 years. She is strongly committed to training and was the recipient of a departmental award for outstanding mentor in 2004 and the Martin P. Levin Mentorship Award in 2010.

Jelalian is a Fellow in both Division 54 and the Obesity Society, and has served on more than 20 ad hoc and special emphasis review panels for the National Institutes of Health. She is also on the editorial boards of the *Journal of Pediatric Psychology* and the *Journal of Family Psychology* and was recently appointed an associate editor of *Health Psychology*.

Jelalian received her Ph.D. in clinical psychology from Miami University. She completed her internship at the University of Rochester and a postdoctoral fellowship in pediatric psychology at Brown.

Candidate Statement

I am truly honored to be nominated again for the position of Division 54 president. In reflecting on this nomination, I was struck by the extent to which the landscape of health care and pediatric psychology has evolved during the last five years.

Pediatric psychologists are uniquely positioned to respond to the significant changes in health care and policy impacting the wellbeing of children. Whether it is informing the discussion on the impact of trauma on children's psychological and physical health, advocating for health insurance reimbursements, or debating the benefits of policies to improve the health of children, we serve as an informed and compassionate voice.

A powerful tool in these discussions is our ability to develop, implement, and interpret relevant research. Researchers, clinicians, and educators all play a critical role in this process. Consistent with our rich tradition, it is incumbent on the leadership of Division 54 to remain at the forefront of informing policy and providing state of the art treatment to provide the best care for children. If given the opportunity, I would work closely with our colleagues in other divisions to put forth our agenda. It would be a privilege to serve as Division 54 president.



Elissa Jelalian, Ph.D.

President

Sean Phipps, Ph.D.

Sean Phipps is chair of the Department of Psychology at St. Jude Children's Research Hospital in Memphis, and holds secondary appointments in the Department of Pediatrics, University of Tennessee College of Medicine, and the Department of Psychology, University of Memphis. He obtained his Ph.D. in psychology from Case Western Reserve University followed by postdoctoral training in pediatric psychology at Children's Hospital of Los Angeles.

Phipps has maintained an active research program, with over 18 years of consecutive NIH funding for his work. His interest is in the area of children's coping and adaptation to stress, particularly that associated with life-threatening illness. His current focus on psychological resilience applies positive psychology models to identify pathways and mechanisms for healthy outcomes in seriously ill children.

In 2011, Phipps received the Logan Wright Distinguished Research Career Award from Division 54. He serves on the editorial board of several journals, including the *Journal of Pediatric Psychology*.



Sean Phipps, Ph.D.

Candidate Statement

It is an honor to be nominated as president of SPP, which has been my professional home throughout my career. Our organization has flourished, thanks to the enthusiasm of its members and the guidance of past and current leaders. My goal would be to maintain and build on this strength moving forward.

According to colleagues, my statement the last time I ran for president ensured that I would not be elected. Regardless, I feel it necessary to raise the same issue: I believe a significant problem for our group is the paucity of young men that have been entering our specialty. In recent years, female applicants for our pediatric internships and postdocs have outnumbered males by 20 to 1 or more. As a clinic director, I have experienced the pragmatic challenges that ensue from a shortage of male clinicians (because we all recognize clinical circumstances where gender does matter). The contributions of women to our field have been enormous, and we will undoubtedly remain a specialty where women are the majority, but I believe we must find ways to encourage more young men to view pediatrics as a viable career option early in their psychology training. Ensuring that a critical mass of talented male clinicians and researchers continue to enter our field will help to maintain the vitality of our specialty. I hope that none of my female colleagues are offended by this spin on "diversity." I welcome the support of all members, regardless of gender.

Treasurer

Lisa Buckloh, Ph.D.

Lisa Buckloh is a clinical research psychologist at Nemours Children's Clinic in Jacksonville, Fla., and an assistant professor of psychology at the Mayo Clinic College of Medicine. She is also chief of the Child Psychology Section at Wolfson Children's Hospital. Buckloh completed her pediatric psychology postdoctoral fellowship at Nemours and has been on faculty as a licensed psychologist and researcher since 2000. She obtained her Ph.D. in clinical child psychology from the University of Kansas and completed her predoctoral internship at the University of Florida Health Science Center.



Lisa Buckloh, Ph.D.

Buckloh's research interests are in psychological interventions with youth with types 1 and 2 diabetes mellitus and obesity. Through her work with young diabetics, the governor appointed her a member of the Florida Diabetes Advisory Council. She is a principal investigator on an NIH-funded pilot study and has been co-investigator on several NIH and American Diabetes Association grant-funded projects. Her clinical interests include adjustment and adherence issues in childhood chronic illness, encopresis, and internalizing behavioral problems in youth.

Buckloh was SPP's first student representative, serving from 1994 to 1996. She created many activities for the student representative position, including the student column in Progress Notes, the SPP Student Advisory Board, and student programming at the APA Convention and regional conferences. She served as an SPP Advisory Board member from 1996 to 1998. Currently, Buckloh is a mentor for the SPP mentoring program. She is a reviewer for many professional journals, including the *Journal of Pediatric Psychology*.

Candidate Statement

I am honored to be nominated as a candidate for SPP treasurer. My experiences as a clinician and researcher have given me insight into the issues facing our field in both of these areas. I am motivated, organized, and creative about generating ideas and obtaining solutions. I bring attention to detail and fiscal responsibility. In addition, I have had experience in serving as treasurer for a young professional board of a local art museum.

If elected, I would continue to lead us on the path that SPP has been taking to maintain internal fiscal responsibility and increase external funding. This combination has put SPP in strong financial shape to be able to give back to members and students through conference and award sponsorships and other initiatives. I am excited about the opportunity to be involved again in the SPP Executive Committee.

Treasurer

T. David Elkin, Ph.D.

David Elkin is professor of psychiatry at the University of Mississippi Medical Center, and director of the Psychology Residency and Postdoctoral Training Consortium. He received his Ph.D. from the University of Memphis, after completing his internship training in pediatric psychology at the University of Oklahoma Health Sciences Center. He stayed at Oklahoma for a postdoctoral fellowship, focusing on pediatric hematology/oncology. He has been on the faculty at the University of Mississippi Medical Center since 1999.



T. David Elkin, Ph.D.

Elkin has been an active SPP member since its inception and has served as an associate editor of Progress Notes and as Div. 54's 2004 APA Convention Program Committee chair.

Elkin's research interests have focused on children with cancer and brain tumors, and recently he is working more in the area of sickle cell disease. He is the recipient of NIH and foundation funding, and enjoys serving as chair of the IRB at his medical center.

Candidate Statement

I am honored to be nominated again as treasurer for the Society of Pediatric Psychology. SPP has been my home for many years now, and I am excited about the opportunity to give back to the group that has given so much to me.

As treasurer, I have focused on two main issues: internal fiscal responsibility and external fundraising. During my term as treasurer, the SPP Board made wise decisions that have kept us from being significantly affected by the recession. In short, we are growing and are well-positioned to grow even more; we have moved from a \$250,000 organization to an \$800,000 organization.

External fundraising continues to be a priority. I wish to continue to tap outside resources in order to keep SPP strong. I am excited at the opportunity to serve again as treasurer.

Member at Large — Nat'l. Conferences

Michael A. Harris, Ph.D.

Michael A. Harris is an associate professor in the Department of Pediatrics at Oregon Health and Science University (OHSU) as well as the chief of pediatric psychology. He earned his Ph.D. from Alliant International University in San Diego, formerly known as United States International University. As chief of pediatric psychology, Harris is responsible for and oversees the clinical, research, and training efforts of 10 faculty within the Division of Pediatric Psychology.

Clinically, Harris provides service to patients in OHSU's Diabetes Center, the Pediatric Pain Center, and the Pediatric Oncology Survivorship program. In addition, he oversees the Pediatric Psychology Inpatient Consultation Service.

Harris' research focuses on family-based intervention for youth with type 1 diabetes for which he has received funding from the NIH, ADA, and other foundations. He is also involved in the Division's predoctoral APA-approved internship and is the primary supervisor for the pediatric psychology rotation as well as the inpatient consultation rotation.



Michael A. Harris, Ph.D.

Candidate Statement

I am honored to be nominated for the SPP member at large for national conferences position. During my 20 years working as a pediatric psychologist, I have seen the field and SPP grow exponentially and am excited about the opportunity to participate at a different level in the continued growth of both SPP and the field of pediatric psychology. Throughout my career, I have been incredibly lucky to have worked clinically with a diversity of patients with complex medical conditions. Likewise, I have been fortunate to be engaged in empirical efforts in moving the science forward.

*For me, this is an exciting time in pediatric psychology as our field moves head-on into the world of translational efforts and effectiveness studies. I am committed to the dissemination of research and clinical work in pediatric psychology at the national level. I have been a member of Division 54 since 1991, have been on the editorial board for the *Journal of Pediatric Psychology*, have reviewed abstracts for SPP student awards and for regional and national conferences. Likewise, I have been responsible for organizing, coordinating, and planning national conferences for a group of scientists who conduct psychosocial research in diabetes (BRIDGE; Behavioral Research In Diabetes Group Exchange).*

Member at Large — Nat'l. Conferences

Kevin A. Hommel, Ph.D.

Kevin A. Hommel is an associate professor in the Center for Adherence and Self-Management in the Division of Behavioral Medicine and Clinical Psychology at Cincinnati Children's Hospital Medical Center (CCHMC). He received his Ph.D. from Oklahoma State University and completed his pediatric psychology residency and postdoctoral fellowship training at CCHMC.

Hommel's research focuses on measurement and treatment of nonadherence to medical regimens in pediatric chronic conditions, particularly inflammatory bowel disease (IBD). His current randomized controlled trial is testing telehealth behavioral treatment for medication nonadherence in pediatric IBD. In addition, Hommel is engaged in self-management and adherence technology development and improving care through collaborative chronic care networks. He is also actively involved in the residency and postdoctoral training programs at CCHMC.

Hommel has been an active member of SPP for many years. He twice served on the SPP board as APA Program Committee Chair for Division 54 in 2006 and 2007, and received the Routh Early Career Award in 2008. He also served as a mentor in the SPP Mentoring Program and for the *Journal of Pediatric Psychology (JPP)*, reviewed proposals for APA and SPP conferences and grants, and currently serves on the *JPP* editorial board.



Kevin A. Hommel, Ph.D.

Candidate Statement

I am honored to be nominated for the member at large for national conferences position. I have been a member of SPP since I began my graduate training. Throughout the years, SPP has played a significant role in my training and my career as a pediatric psychologist, and I would welcome the opportunity to represent the Division in this capacity.

As a former SPP program committee chair, I would bring a high degree of organizational knowledge to this position. It is clear that it requires an ability to work with many individuals and organizations to promote continuing education for our Division. My research program involves networking with numerous individuals in the healthcare setting, as well as those in industry and organizations not traditionally associated with healthcare. This has allowed me to build strong organizational skills and leadership capabilities that will enable me to perform the duties of the MAL-NC position at the highest level.

As member at large, I would continue to increase the breadth and depth of continuing education opportunities for Division 54 membership and develop innovative methods for disseminating these important training opportunities to our membership.

I sincerely appreciate your support and would be thrilled to serve in this role.

Member at Large — Nat'l. Conferences

Chad D. Jensen, Ph.D.

Chad D. Jensen is an assistant professor in the Department of Psychology at Brigham Young University. He earned his Ph.D. from the University of Kansas Clinical Child Psychology Program and completed his clinical internship at Brown University.

Jensen mentors clinical psychology doctoral and undergraduate students as part of his research program in pediatric health promotion. His research examines prevention strategies for increasing children's physical activity participation and evaluates novel interventions for adolescent weight control. Jensen teaches courses in clinical child and health psychology. He also provides clinical training in pediatric psychology to doctoral students. Jensen currently serves on the *Journal of Pediatric Psychology* editorial board.



Chad D. Jensen, Ph.D.

Candidate Statement

I am honored to be nominated to serve as SPP member at large for national conferences. I have been an active member of SPP throughout my career in psychology and appreciate the many benefits my membership in the society has provided. I am particularly passionate about the important role of national conferences in advancing our professional identity as pediatric psychologists. National conferences provide opportunities to advance evidence-based practice, connect pediatric psychologists with others who share their clinical and research interests, and provide opportunities for society members to enhance their research and clinical skills. I view national conferences in pediatric psychology as one of the most vital roles of the society.

My primary aim as member at large for national conferences would be to ensure that society-sponsored conferences meet the needs of all society members. If elected, I would collaborate with national conference planning committees to ensure that programming meets the needs of members at all levels, from undergraduate trainees to senior society members. My experience as student coordinator for a previous SPP regional conference and student volunteer for several additional SPP conferences has prepared me well to assume a leadership role in developing career-enhancing conferences. Building on the important work of past society leaders, I plan to work with SPP members to assess areas where our conferences could be enhanced to ensure that these meetings provide maximal benefit to SPP members.

I would be pleased to serve SPP as member at large for national conferences.

Member at Large — Nat'l. Conferences

Jennifer Verrill Schurman, Ph.D.

Jennifer Verrill Schurman is a pediatric psychologist at Children's Mercy Hospital (CMH) and associate professor of pediatrics at the University of Missouri–Kansas City School of Medicine. She received her Ph.D. in clinical psychology (Child Track) from the University of Cincinnati.

Schurman is a clinician, researcher, educator, and administrator. She co-directs the CMH Abdominal Pain Program and is director of Psychological Services and Programs and director of research for the CMH Division of Gastroenterology.

Within SPP, Schurman co-chairs the Pediatric Gastroenterology SIG and sits on the editorial boards for both the *Journal of Pediatric Psychology* and *Clinical Practice in Pediatric Psychology*. Schurman served as co-chair for the Midwest Conference on Pediatric Psychology in April 2009.



Jennifer Verrill Schurman, Ph.D.

Candidate Statement

I am honored to be nominated for the position of SPP member-at-large, national conferences. Our national conference and scholarly publications are the academic heart of SPP. They are critical to the dissemination of knowledge, as well as to the stimulation of new ideas, collaborations, and opportunities for our members and trainees.

As co-chair of the Midwest Conference on Pediatric Psychology, I experienced firsthand the array of tasks required for a successful conference, from development of a meaningful educational program through the less glamorous (but no less important) tasks of financial stewardship, compliance with CE requirements, creation of promotional materials, personnel coordination, etc. My strong organizational skills and detail-oriented nature served me well then, as I hope they will serve SPP now in this board position.

If elected, it will be my pleasure to contribute to and help strengthen SPP's academic programming as the primary liaison between the SPP board, conference planning committees, journal editors, and APA CE office. I will work with colleagues to identify the best educational opportunities and ensure they meet the required documentation standards.

Beyond these core responsibilities, I hope to bring a unique perspective to SPP board activities. Within my current leadership roles, I strive to value, balance, and integrate the demands of clinical, research, and educational work to the benefit of patients and the broader professional community. Finding innovative ways to bridge the gap between research and practice is critical to our strength and sustainability as a profession moving into the new era of increased healthcare accountability.

I look forward to channeling my own passion and commitment for the field into support for Division 54's continuing education efforts. I appreciate your consideration and support.

Upcoming Student Opportunities The Graduate Student Perspective

By Jen Lee, M.A.

As we approach another exciting year in the Division, I want to review a few upcoming opportunities.

Attend the National Conference in Pediatric Psychology

Held in New Orleans this year, the National Conference in Pediatric Psychology promises to be full of opportunities for students to network with other students and leaders in the field, not to mention providing great food and entertainment. I encourage students to use poster sessions as a way to meet other like-minded students. For those not presenting, the conference holds a host of opportunities to learn and network. The Student Advisory Board (SAB) is in the process of coordinating a mentoring lunch to provide a forum for students to visit with experts in pediatric psychology in a casual setting. Watch your email for information on other student-related programming.

Consider Applying for the Student Advisory Board

The SAB is a wonderful opportunity for students to begin understanding the inner workings of SPP and build leadership experience. We look to replace hardworking members from the membership, website/student spotlight, and programming committees. As an SAB member, you will have the opportunity to write formal proposals to the Board of Directors,

serve on committees, and contribute ideas to help keep SPP a strong division for students.

Be Nominated for the Student Spotlight in Progress Notes

The Student Spotlight has continued to be an opportunity for individuals to recognize a graduate student whose graduate career serves as a model for student membership.

Join us on Facebook

SPP has a Facebook group and page, on which the SAB membership committee posts current events and breaking research findings relevant to the Division's interests. We would also like students to use this opportunity to get to know other members around the country and share ideas.

These are just a few of the ways students benefit from being an SPP member. I hope that involvement in these areas helps connect you with the Division. I also encourage you to contact me with thoughts and opinions at jenlee09@gmail.com.



Jennifer Lee, M.A.
SPP Student Rep.

Student Spotlight Award

Susan Tran is a fifth-year graduate student at the University of Wisconsin-Milwaukee under the mentorship of W. Hobart Davies, Ph.D. She has an exceptionally strong track record in research and clinical endeavors within the field of pediatric psychology.

Tran has worked extensively on research projects in the pediatric pain center at Children's Hospital of Wisconsin, and has also managed a variety of other studies including a recent study examining parent beliefs regarding acceptability of recruitment methods in pediatric behavioral research. Clinically, she has worked with a range of disorders including functional GI disorders, constipation, cyclic vomiting syndrome, asthma, chronic pain, and feeding disorders.

Tran has presented her research at international, national, and local conferences and has collaborated on several published manuscripts. For her dissertation, she is examining longitudinal associations between anxiety, pain catastrophizing, and treatment outcomes in complex pediatric chronic pain.

Her mentor describes her as an "extraordinarily talented student who will make a substantial career contribution to the field of pediatric psychology."

Tran is in the process of applying to internship and expects to graduate in May of 2014. Her future goals include continuing to study the effects of psychosocial factors on coping with chronic illness. She hopes to have a career at an academic medical center integrating research and clinical work.



Susan Tran

Call for Student Leaders

The SPP Student Advisory Board (SAB) is accepting nominations for five SAB member positions. SAB members hold two-year terms, beginning January 1, 2014, with transition to the position beginning August 2013.

Applicants must be D54 student members and enrolled in an APA-accredited graduate program in professional psychology with specific interests in pediatric psychology. Applicants must not be eligible for graduation from their program until after their term is complete in December 2015.

To apply, e-mail the following to SPP Student Representative Jennifer Lee at SPP.StudentRep@gmail.com: 1) CV; 2) contact information; 3) letter of recommendation from your primary mentor; and 4) a short statement indicating your interest in serving as an SAB member and preference as to how you would serve on the Student Advisory Board (i.e., Membership Committee, Student Spotlight/Website Committee, Programming Committee), including highlights of how you would contribute.

Deadline is **April 15, 2013**.

Student Grants

Marion and Donald Routh Student Research Grant

SPP has established an annual research scholar grant program for student members. Research proposals should address areas consistent with the field of pediatric psychology. Topic examples might include relationships between psychological and physical wellbeing of children and adolescents, including behavioral and emotional components of disease and treatment, the role of pediatric psychology in pediatric medical settings, or the promotion of health and the prevention of illness among children and youth.

Funding is available up to \$1,000.

Lizette Peterson-Homer Injury Prevention Grant

This grant, open to students and faculty, provides support for research related to the prevention of injuries in children and adolescents. It is jointly sponsored by APA Division 54 and the American Psychological Foundation (www.apa.org/apf/).

Funding is available up to \$5,000.

Student Awards

SPP Student Research Award Competition

SPP encourages and rewards quality research on issues related to pediatric psychology and health care of children. All research must have been completed while the candidate was a student. The student must be the primary (first) author.

An award of \$500 is available.

Send all award applications
by Oct. 1, 2013 to:

David M. Janicke, Ph.D.

E-mail: djanicke@phhp.ufl.edu

For more information, visit

www.societyofpediatricpsychology.org.

2012 SPP Grants and Student Award Winners

Routh Student Research Grant



Winner:
Kathryn Birnie
Dalhousie
University

"Pain Catastrophizing, Parenting, and Parental Responsiveness During Parent-Child Interactions About Pain and Conflict"

Honorable
Mention:
**Molly Mishler
Thomason**
Rosalind Franklin
University of Medicine and Science



"Food Dependence in Youth with Overweight or Obesity: Electrophysiological and Neuropsychological Correlates"

Student Research Award

Winner:
Melanie Noel
Dalhousie
University



"The Influence of Children's Pain Memories on Subsequent Pain Experience"

Honorable
Mention:
Sarah Martin
Georgia State
University



"A Sequential Analysis of Parent Reassurance and Child Postoperative Distress"

Lizette Peterson-Homer Injury Prevention Research Award



Winner:
Elisabeth O'Neal
University of Iowa

"Mother Child Communication about Safety in Low Income Families"

Diversity Grant Award



Winner:
Kristin Long, Ph.D.
Brown University

"Examining Sibling Functioning Through a Multi-cultural Lens"

Thank you to the reviewers:

Carla Allan
Susannah Allison
Rachel Annunziato
Sharon Berry
Simona Bujoreanu
Ed Christophersen
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Hobart Davies
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Michael Steele

Clinical Practice in Pediatric Psychology Updates

By Jennifer Shroff Pendley, Ph.D. and W. Douglas Tynan, Ph.D., co-editors



Jennifer Shroff Pendley, Ph.D.



W. Douglas Tynan, Ph.D.

The inaugural issue of *Clinical Practice in Pediatric Psychology* (CPPP) is in press, arriving around March 31. We received many high-quality submissions and are pleased with the interest in the new journal. We are joined by over 30 members of our editorial board, as well as many others who have agreed to serve as journal reviewers. We continue to add to our submission reviewer list, so please contact us if you are interested. Over the course of next year, we will identify associate editors who will assist in editing and help coordinate special issues.

Starting with our opening issue, we intend for CPPP to describe the breadth of practice-related activities ranging from prevention to integrated primary care to more specialized areas. We will include papers that highlight applied research and scientifically derived interventions in real-world settings. In light of rapid changes in health care, we also intend to remain current on state and federal policies that may affect our reimbursement and work.

Over the next five years, in the context of health care reform and emphasis on the medical home model, we expect the rise of new specialists and professionals, many of whom will focus on health behaviors. Psychology's professional role in training and working with these new providers will be a challenge to be explored on this journal's pages. Therefore, future issues also will include articles on professional training activities in health care settings, funding and reimbursement patterns as health care reforms unfold, increasing diversity in the psychology workforce, and evaluation of cost-effectiveness of clinical services.

In addition, we hope to develop innovative programs, such as those using new technologies, including Internet-based assessment and intervention, smart phone apps, texting, and other communication strategies. It will be critical for such interventions to be of high quality and to employ rigorous methodology in their evaluation; as unproven technological interventions become increasingly popular, we must disseminate findings that can inform both practitioners and the public.

Finally, case studies that include sufficient detail to permit replication will be strongly considered, including those featuring a series of similar cases. We hope that you will consider submitting your practice-oriented manuscripts to CPPP. When considering manuscript submissions, please keep the following points in mind.

Single-subject Designs and Small Group Studies

We seek applications of evidence-based treatments in clinical settings, rather than rare or unusual presentations. For example, we encourage submissions that focus on the application of an evidence-based treatment to a diverse population or in a difficult medical setting that also discusses the associated challenges and possible solutions. Alternatively, we are interested in new, innovative interventions that can provide the framework for future, larger-scale studies.

Program Development

Include outcome data and discuss program development practicalities in the applied setting. Remember to include sufficient information to allow for replication and to include links to manuals and other materials used to implement the program. We are particularly interested in programs addressing the efficacy, cost-effectiveness, and practicalities of providing care within multidisciplinary clinics.

Preferred Practice Issues

We encourage papers relating to professional-practice issues, training, diversity, funding and cost-effectiveness of services, and workforce analyses. Include relevant data supporting these practice issues that would allow replication in other settings.

Traditional Research-based Studies

When examining adaptation to chronic illness or adherence, include clinical implications of the findings. Address how results will help clinicians provide more effective services.

Health Insurance Reform

We believe health insurance reform will be a key topic for at least the next five years. In order to ensure the profession's relevance and longevity, psychology must play a key role in a health care system that may be increasingly focused on primary care and prevention. Policy reviews that highlight such opportunities for psychologists will be considered positively.

Health Promotion

Promotion of healthy habits often takes place outside of health care settings. Papers will be considered that discuss or evaluate health-promotion/disease-prevention programs based in schools, youth-serving organizations, and other settings that serve families and children.

As we launch this new journal, we will maintain a close relationship with the editors of *Journal of Pediatric Psychology* to maximize the benefit for our members. If you have questions about the appropriateness of a manuscript or if you would like to serve as a reviewer, please e-mail us at Jennifer.Pendley@nemours.org or Doug.Tynan@nemours.org.

Journal of Pediatric Psychology Highlights

By Grayson N. Holmbeck, Ph.D.

By the time you read this, the *Journal of Pediatric Psychology (JPP)* will have published the first issue from our editorial team (Issue #1, 2013). It includes my editorial, which details 12 goals for *JPP* for the next five years, Tonya Palermo's editorial, which provides new guidelines for publishing systematic review articles, and Phyllis Magrab's paper from the reactivated series, *Pioneers in Pediatric Psychology*. With respect to the *Pioneer* papers, let us know if you have ideas for authors who would be ideal for this ongoing series. We are asking authors to discuss "lessons learned" from their experiences in the field of pediatric psychology and how some of their experiences were interwoven with the historical development of the field.

New Opportunity for Authors

As discussed in Dr. Palermo's editorial, we will now support "Topical Reviews," meant to be brief up-to-date reviews of the latest hot topics in our field. These reviews may present areas that are still developing rapidly that provide an indication of the field's future direction. These papers will be limited to 2,000 words. We look forward to receiving submissions written in this format. More generally, instructions for preparing systematic reviews and topical reviews are now posted on our website.

2012 in Review

We received 329 new submissions, which represent a 12 percent increase. The average time to a first editorial decision was 28.4 days, with a rejection rate of roughly 70 percent.

Special Issues

We are working on two special issues (submission deadlines have passed); one focuses on Adherence (edited by Lori Stark), the other focuses on Innovative Treatment and Prevention Programs for Pediatric Overweight and Obesity (edited by David Janicke and Ric Steele).

We are also working on two other special issues where we have invited papers from targeted authors. One focuses on evidence-based interventions (edited by Tonya Palermo), a follow-up to an earlier special issue on this topic and will help to inform Division 54's evidence-based website. The other issue targets new statistical applications in Pediatric Psychology (edited by Bryan Karazsia and Kris Berlin).

We developed a set of assessment resource sheets based on *JPP*'s 2008 special issue on evidence-based assessment. These resource sheets can be accessed at www.apadivisions.org/division-54/evidence-based/assessment-resources.aspx.

I want to thank the associate editors for their superb work in 2012 (Dean Beebe, John Lavigne, Tonya Palermo, Lori Stark, Ric Steele, and Tim Wysocki) and Susan Wood for her excellent work as the editorial assistant for the journal.

For any type of manuscript, the Instructions to Authors can be found at www.oxfordjournals.org/our_journals/jpepsy/for_authors/index.html. Papers can be submitted at <http://mc.manuscriptcentral.com/jpepsy>. Also, I call your attention to a website feature that lists *JPP* papers by topic at <http://jpepsy.oxfordjournals.org/cgi/collection>.

I look forward to serving you.



Grayson Holmbeck, Ph.D.

2012 Diane Willis Award Outstanding JPP Article

The Diane Willis Award for Outstanding Article in the *Journal of Pediatric Psychology* honors Diane J. Willis, who served SPP as president and founding editor of the *Journal of Pediatric Psychology* and the SPP Newsletter.

JPP articles are selected based on contribution and value to the field of pediatric psychology, demonstrating innovation and excellence in methodology and design, and providing an exemplar for others to model.

Ric Steele, Brandon, Aylward, Chad Jensen, Christopher Cushing, Ann David, and James Bovaird authored this year's winning article entitled, "Comparison of a Family-Based Group Intervention for Youths with Obesity to a Brief Individual Family Intervention: A Practical Clinical Trial of Positively Fit." To access the article in *JPP*'s January/February 2012 issue, visit <http://jpepsy.oxfordjournals.org/content/37/1.toc>.

A special thank you goes to the 2012 Diane Willis Award Review Committee: Gerry Koocher, John Chaney, Maureen Black, Sean Phipps, and Meg Zeller.

American Board of Clinical Health Psychology

While there is no specific board for pediatric psychology through the American Board of Professional Psychology (ABPP), those working in pediatric settings have two distinct options: Board certification in Child and Adolescent Clinical Psychology and American Board of Clinical Health Psychology (ABCHP), of ABPP.

Now in its 20th year, ABCHP welcomes Division 54 applicants. Flexibility is afforded by the board's recognition of the breadth of health psychology activities. If you work in a health care setting, and not a mental health setting, ABCHP board certification may be a better match with your interests, skills and daily work. Examination committees for applicants from pediatric settings will include pediatric psychologists. Examinations are routinely held in conjunction with the APA Convention and Society for Behavioral Medicine annual meeting.

If you have any additional questions regarding ABCHP, please contact Doug Tynan, Ph.D. (ABPP in both Clinical Health Psychology and Clinical Child and Adolescent Psychology) at doug.tynan@nemours.org.

Primary Care Task Force

By Terry Stancin, Ph.D. and Lynne Sturm, Ph.D.

Health care reform has provided increasing opportunities for psychologists in primary care settings. Models of “collaborative” or “integrated” care emphasize interdisciplinary patient-care responsibilities that have been shown to improve health outcomes and reduce costs, especially with adults.

However, as a field, pediatric psychology has focused more on tertiary care and chronic illness than on primary care, and so most pediatric psychologists have had limited training or may be unsure about the skills and expertise necessary to function effectively in a primary care context. Moreover, there has not been a general consensus document that articulates the competencies psychologists need to work in primary care medical settings — whether in adult or child settings.

Inter-Organizational Work Group

To address the need for delineating competencies, 2012 APA president, Suzanne Bennett Johnson, convened the Inter-Organizational Work Group on Competencies for Primary Care Psychology Practice consisting of representatives from nine national organizations with a vested interest in collaborative care. Susan McDaniel served as work group chair and the APA Education Directorate, led by Catherine Grus, provided administrative and technical support. Terry Stancin and Lynne Sturm represented APA Division 54 on the Work Group. Also participating were appointed representatives from APA Division 20, Adult Development and Aging; APA Division 38, Health Psychology; Association of Psychologists in Academic Health Centers (APAHC); Collaborative Family Healthcare Association (CFHA); Council of Clinical Health Psychology Training Programs (CCHPTP); Society of Behavioral Medicine (SBM); Society of Teachers of Family Medicine (STFM); and the VA Psychology Training Council (VAPTC).

The work group was charged with developing a document that articulated the competencies fundamental to primary care psychology, with the goal that it would serve as a resource for graduate psychology training programs and current practitioners. In addition, the document was designed to inform policymakers, other health professionals, and the public about the competencies of primary care psychologists.

Preliminary work on this document focused on reviewing the extant literature on primary care psychology competencies and competency models in professional psychology. The work group adopted the framework of the Competency Benchmarks Work Group (Hatcher et al., in press) and split into smaller groups to draft essential components and behavioral anchors for broader competency cluster areas. The entire group reviewed an initial draft document that was then refined in a face-to-face meeting.

The organization boards that sent representatives to the work group, including the SPP Board of Directors, then reviewed the draft document. A final version was completed in Dec. 2012 and a manuscript was prepared for initial dissemination (McDaniel et al. 2012).

Competency Clusters

The final document outlines six broad competency clusters: science, systems, professionalism, relationships, application, and education. Within each cluster, essential knowledge, skills, and attitudes needed for practicing in primary care settings as well as behavioral examples are provided. The work group endeavored to supplement existing benchmarks for clinical practice by including components that were unique to primary care (as opposed to general competencies).

Clusters Illustrate Document's Scope

In the Professionalism Cluster, an essential component to the competency pertaining to professional values and attitudes listed is “Values the culture of the primary care setting and conveys an attitude of flexibility.” A behavioral anchor that would demonstrate this essential component is that the primary care psychologist is “Willing to assume or to adapt role activities of consultant, team leader, advocate, case manager, health educator and community liaison.”

In the Application Cluster, as essential



component pertaining to interventions is “Effectively uses current evidence-based interventions appropriate for primary care to treat health and mental health-related issues.” A behavioral anchor for this component is: “Implements evidence-based interventions (e.g. CBT, Parent Child Interaction Therapy, Motivational Interviewing, Family Psychoeducation, problem solving therapy).”

The product of this work group was a consensus document intended to inform education, practice, and research in primary care psychology and to be a tool for psychologists working in primary care environments to assess their competence. We note that this document is general and not specific to pediatric primary care, and so there are many adult examples that may have less relevance to pediatric psychologists. It may be helpful to expand the behavioral anchors to include more pediatric applications and examples. Nonetheless, we expect that this document will serve as an important and useful resource for pediatric psychologists with interests in primary care.

For more information, email Terry Stancin at tstancin@metrohealth.org or Lynne Sturm at lstrom@iu.edu.

References

- Hatcher, R.L., Fouad, N.A., Grus, C.L., Campbell, L.F., McCutcheon, S.R. & Leahy, K.L. (in press). Competency benchmarks: Practical steps toward a culture of competence. *Training and Education in Professional Psychology*.
- McDaniel, S. H. & the APA Interorganizational Workgroup Group. (under review). Competencies for Psychology Practice in Primary Care.

Pediatric Bioethics Special Interest Group

By Victoria Miller, Ph.D. and Jerilyn Radcliffe, Ph.D.

The Pediatric Bioethics Special Interest Group was created in 2011 to support ethical practice in pediatric psychology as well as research in this area. A variety of ethical challenges can arise in the increasingly complex and fast-paced environment of pediatric healthcare and clinical research.

As pediatric psychologists, we have a unique opportunity to contribute to the ethical debate related to these challenges, through our clinical expertise and empirical research. In particular, the field of pediatric bioethics can be enhanced by the application of psychological science to the empirical study of pediatric bioethics and to ethical dilemmas that arise in the course of clinical care and research. Pediatric psychologists with an interest in bioethics often find themselves operating in multidisciplinary settings (e.g., ethics committees, IRB boards, medical teams, research teams), with exposure to a rich diversity of perspectives related to ethical issues. However, we would also benefit from access to a network of pediatric psychologists with clinical and/or research interests related to bioethics. This Bioethics SIG provides a forum to discuss challenges, share ideas and resources, and pursue collaborative relationships with a community of other pediatric psychologists.

We have three specific goals: to promote a network of researchers and clinicians with an interest in pediatric bioethics in research and/or clinical settings; to share and distribute resources related to pediatric bioethics; and to raise awareness of the broader SPP community of a) empirical research in pediatric bioethics and implications for clinical practice and research conduct, and b) strategies for addressing ethical dilemmas that arise in clinical and research settings.

The founding co-chairs are Victoria Miller and Jerilynn Radcliffe. Our 39 members are connected through a database to document research and clinical interests and to facilitate networking. Our student repre-

sentative, Melissa Cousino, facilitates communication with SPP trainee members regarding their ethics-related training needs. Through our SIG listserv, we share information pertinent to pediatric bioethics.

In response to a request, we presented a pre-meeting ethics workshop at the Milwaukee Regional Meeting in April 2012, covering "Conducting Ethical Research in Pediatric Psychology: Collaborative IRB Relationships" (Jerilynn Radcliffe) and "The Ethics of Child Assent: Children's Participation in Research and Treatment Decision Making" (Victoria Miller).

Our SIG will sponsor a pre-meeting symposium at the National Meeting in New Orleans in April 2013 entitled, "Ethical Challenges in Pediatric Psychology Research and Practice." The presentations in this symposium will include: "Facilitating Adolescent Medical Decision-Making: The Role of Pediatric Psychologists in Navigating the Unique Ethical Issues" (Sarah Brand, Karen Fasciano, Jennifer W. Mack, Dana-Farber Cancer Institute); "Ethical Challenges in E-Health: The CFone Social Networking Website" (Alexandra L. Quittner, Sandy L. Romero, Katherine A. McLean, Kristen K. Marciel, & Laura Blackwell, University of Miami); and "Ethical Issues and Guidelines for Conducting Data Analysis in Psychological Research" (Rachel Wasserman, Loyola University, Chicago). We expect this to be a highly informative session.

Our membership approved an election policy so that we have a sound system in place for continued leadership once our terms end in December 2013.

To learn more about Division 54 SIGs, visit
www.apadivisions.org/division54/sigs/index.aspx.

To see a full list of SIG programming at the
2013 National Conference on Pediatric Psychology, visit
www.continuinged.ku.edu/programs/pediatric-psychology/index.php.

Adherence SIG Clinical Case Symposium

By Shanna Guilfoyle, Ph.D. and Marisa Hilliard, Ph.D.

The Adherence Special Interest Group (SIG) is pleased to host the first Adherence Clinical Case Symposium at the upcoming 2013 National Conference on Pediatric Psychology. The symposium will take place Thursday afternoon, April 11, 2013, and will offer 2 hours of CE credit. During this new event, clinicians and trainees will share their experiences and challenges providing adherence-related clinical care to youth with medical conditions and their families.

We were pleased to receive a number of high-quality, fascinating case vignette submissions for this symposium. The review process highlighted the challenging, yet meaningful work pediatric psychologists are doing around the country to promote adherence and improve youth's health and quality of life. Based upon the selected abstracts, a series of five cases will illustrate a range of topics related to adherence promotion in clinical practice, including the translation and application of adherence theory into practice, addressing complex family factors impacting adherence, conceptualizing and addressing adherence during adolescent and young adult transitions, and realistic expectations for adherence interventions in inpatient settings. Presenters will emphasize innovative and emerging strategies for adherence-promotion assessment

and intervention. Case examples will cover a variety of ages, presenting problems, and medical conditions. We anticipate a lively discussion regarding these clinical issues, including generating ideas and soliciting audience feedback.

The Adherence SIG is looking forward to this opportunity for SPP members to share common challenges and to "pick the brains" of our most valuable clinical resource: each other! The goal is for audience members to walk away from this symposium with increased awareness of how adherence theories and research translate to everyday clinical practice, as well as strategies that they may be able to use in their own treatment adherence cases.

The three Adherence SIG committees have been hard at work for the past two years on initiatives related to assessment, intervention, and dissemination efforts surrounding adherence. We are thrilled that the first annual Adherence SIG Clinical Case Symposium will bring these efforts together and share them with the SPP membership. We hope this symposium will be a forum for SPP members to think deeply about the hard work that goes into adherence promotion, and will become a tradition to be continued at subsequent SPP meetings. See you in New Orleans!

Obesity in African American Girls and Women: Summit Insights and Implications for Pediatric Psychologists

By Idia B. Thurston, Ph.D., Stephanie L. Fitzpatrick, Ph.D., and Monica J. Mitchell, Ph.D.

Obesity is a major health concern in the United States, with children of diverse racial and ethnic backgrounds experiencing significantly higher rates of obesity than their peers. Based on the 2009-2010 National Health and Nutrition Examination Survey data, African American girls (24.3%) and women (58.5%) have the highest prevalence of obesity compared to other racial/ethnic groups. Children and adolescents who are overweight or obese are at higher risk for lifetime physical and mental health complications including hypertension, diabetes, obstructive sleep apnea, heart disease, stroke, depression, and low self-esteem.

Given these high prevalence rates and gaps in the literature, the APA and the Association of Black Psychologists (ABPsi) co-sponsored a summit in October 2012 to discuss the epidemic of obesity among African American girls and women at the University of the District of Columbia in Washington, DC. Topics included: determinants of obesity, obesity prevention and intervention, public policy, and development of an action agenda.

Impact of Stress

Dr. James Jackson presented on the impact of stress on obesity prevalence. Suggested areas for future directions included: 1) exploring the role of the unhealthy lifestyles and stressors contributing to unhealthy behaviors among African American families; 2) designing interventions that teach healthier coping mechanisms to replace unhealthy strategies; and 3) policy and advocacy efforts to improve the physical and social living environment to reduce stressors.

Psychologist's Role

Guided by Bronfenbrenner's socioecological theory, Dr. Susan Bennett Johnson's presentation highlighted the psychologist's potential role in addressing the obesity epidemic at multiple levels, including:

- Individual developmental issues – such as how food and activity preferences develop; and lifestyle behavior change – exploring the role of food and exercise in individuals' lives
- Family – understanding the cross- and intergenerational effects on biology, values, beliefs, perceptions, and behaviors
- Systems – investigating the roles of schools and colleges, health care systems, and research enterprises
- Communities – exploring the contributory effects of religious, social, and work environments
- Policy – becoming strong advocates at local, state, and federal levels to impact and become agents of change
- Prevention – working to decrease the obesogenic environment
- Partnering – creating interdisciplinary collaborations with other research teams, organizations and agencies to influence systems, communities, and policy makers

Summit Purpose

This summit provides implications for the field of pediatric psychology. It highlights the need for multi-disciplinary collaboration in order to develop effective, holistic, culturally tailored clinic and community-based

interventions to lower rates of obesity in girls and women from diverse backgrounds. It also underscores the role pediatric psychologists can play in influencing the hospital environment

related to the care and treatment of overweight and obese youth.

Pediatric psychologists can raise awareness about the need for psychological assessment and intervention in weight management programs, emphasize the importance of reimbursement for the psychological services provided, and model ways to engage patients in a culturally sensitive way in order to decrease dropout from care.

APA and ABPsi representatives are working together to develop a joint action agenda based on the summit presentations. This document will be an important resource for pediatric psychologists working with overweight and obese youth in clinical, research, and community settings. However, as pediatric psychologists who are in unique inter-professional positions, we could also reflect on the role we may play in raising awareness and decreasing obesity disparities from the clinical assessment tools and language we use in our reports, to our culturally sensitive treatment interventions and insightful questions we ask in our research initiatives.

**"If you want to plan for a year,
grow rice;
if you want to plan for a decade,
grow trees;
if you want to plan for centuries;
grow women."
— West African proverb**

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Society of Pediatric Psychology

Division 54, American Psychological Association

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- Programming specific to pediatric psychology at the annual APA meeting
- Subscription to the SPP newsletter, **Progress Notes**
- Opportunities to be involved and volunteer in SPP
- Various awards and grants for students and psychologists at all career stages
- Opportunity to participate in various Special Interest Groups within SPP
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www.societyofpediatricpsychology.org

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- **Join the listserv** Send an e-mail to: div54@hotmail.com, with the following command: ADD DIV54-MEMBERS (Email address) (First name) (Last name) in the body of the message (do not include parentheses and do not write anything in the subject line). For example: ADD DIV54-MEMBERS janedoe@pedpsych.edu Jane Doe
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Society of Pediatric Psychology Vision Statement

Pediatric psychology is an integrated field of science and practice in which the principles of psychology are applied within the context of pediatric health.

The field aims to promote the health and development of children, adolescents, and their families through use of evidence-based methods.

Founded in 1969, the field has broad interdisciplinary theoretical underpinnings and draws

from clinical, developmental, social, cognitive, behavioral, counseling, community and school psychology.

Areas of expertise within the field include, but are not limited to: psychosocial, developmental and contextual factors contributing to the etiology, course and outcome of pediatric medical conditions; assessment and treatment of behavioral and emotional concomitants of

illness, injury, and developmental disorders; prevention of illness and injury; promotion of health and health-related behaviors; education, training and mentoring of psychologists and providers of medical care; improvement of health care delivery systems and advocacy for public policy that serves the needs of children, adolescents, and their families.

—Approved, August 10, 2006

Progress Notes

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