



The President's Message

SPPAC 2018

What a wonderful time was had by all in attendance at SPPAC 2018 in Orlando, Florida. I would like to acknowledge all the efforts of Erica Sood (2018 Program Chair) and Amy Lewandowski Holley (2019 Program Chair), as well as Jennifer Hansen Moore (Member at Large Continuing Education), Jeannette Iskander (2017-2018 Student Representative), Karen Roberts (Administrative Officer), the conference planning committee, and the many volunteers who helped to make SPPAC 2018 another wonderful annual conference.

Thank you to all attendees who completed the post-conference satisfaction survey, helping us to improve SPPAC each year and deliver a conference that is consistently ranked as being of high value to our members. A real highlight for me was the awards ceremony, where we recognized the clinical, research and other professional contributions of our colleagues over the past year, and I also thought our plenary speakers this year were excellent and thought provoking.

Probably, though, my favorite offering at our annual conference is the student symposium, where students with highly ranked submissions are invited to present their research behind a podium in a symposium. I believe this event makes very concrete our commitment to our students – something I see as of very high value to SPP as an organization – a part of our culture. The students, who normally don't get much podium time at a large meeting like SPPAC, did a wonderful job presenting their findings and indicating many future directions for our field.

If you haven't attended one of these student symposia at SPPAC, I would encourage you to do so. I also tried to spend at least a few poster sessions meeting new students who are doing work in fields completely unrelated to my own. It was wonderful to ask them about their work, and it helped me to realize once again, that in pediatric psychology there is a great deal of overlap even between areas that seem disparate.

APA 2018

We are gearing up for the 126th annual APA Convention in San Francisco, California from August 9-12 of this year. I would like to acknowledge all of the efforts of Marilyn Sampilo (APA Program Chair 2018) as well as Jason Van Allen (APA Program Chair 2019), and of course our own Karen Roberts (Administrative Officer) and others who have been helping our team with APA planning.

SPP/Division 54 has some excellent programming at the conference, including symposia on obtaining an internship and parenting in the context of pediatric chronic illness, as well as a skill-building session on cultural factors in working with parents of ill children, among other offerings. Attendance of SPP members at APA has traditionally been smaller than at SPPAC, but I will say that APA does represent a very nice opportunity to learn about the work of our colleagues in



Ann McGrath Davis, Ph.D.,
MPH, ABPP

other divisions, and to broaden one's view of factors to consider when working with children and families. If you've never attended before it might be one to put on your list for the future.

EPPC 2018

SPP is beginning a new collaborative relationship with the European Pediatric Psychology Conference, which is being held September

20-21 in Ghent Belgium. Topics for the meeting range from behavioral flexibility to transition from pediatric to adult care. Several board members from SPP plan to meet with the EPPC organizers and others in attendance to discuss thoughts on future collaborative efforts as well as strengthening relationships between organizations. If you have thoughts on this please feel free to share them with me or with any board member.

SPP has some excellent programming at the APA conference, including symposia on obtaining an internship and parenting in the context of pediatric chronic illness, as well as a skill-building session on cultural factors in working with parents of ill children, among other offerings.

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Newsletter Deadline

Articles for the next newsletter are due before May 15, 2018.

Please send your submission to newsletter editor, Laura Simons, at: lesimons@stanford.edu.

CIM SIG: Mindfulness Meditation

By Susan Tran, Ph.D. and Brittany Gresl, Ph.D. CIM SIG Co-Chairs

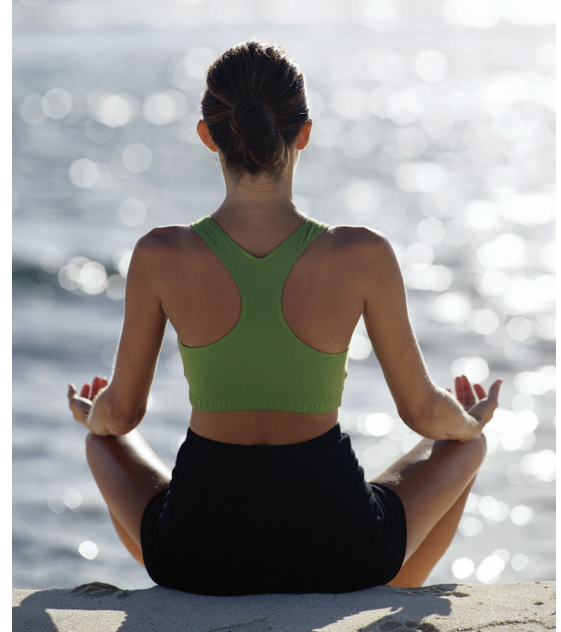
As was evident from conversations in our SIG meeting at SPPAC, mindfulness has been gaining in popularity in health psychology. Mindfulness-based therapies have demonstrated benefits such as improving pain intensity, pain disability, and depressive symptoms in chronic pain patients (Gotnik et al., 2015). Mindfulness training has also yielded improvements in self-esteem, mindfulness, psychological flexibility, and mental health in adolescents with mental health diagnoses (Tan & Martin, 2015); and it may have particular benefits for youth exposed to chronic stressors (Perry-Parrish et al., 2016). Thus, not only does mindfulness hold promise for the treatment of pediatric chronic pain, it may be a beneficial approach to treatment for youth with other physical and mental health comorbidities.

A Personal Perspective

In order to incorporate mindfulness strategies into clinical practice, I (Gresl) applied for a fellowship in Mindfulness-Based Stress Reduction (MBSR). One of the hallmarks of MBSR is the value placed on experiential learning. In fact, MBSR teacher training through the Center for Mindfulness at UMass Medical School requires an individual to attend 4 retreats as part of teacher certification. Through the support of a generous fellowship from the Hemera Foundation, I had the opportunity to spend five days on an intensive retreat learning about the fundamentals of MBSR.

The attitudinal foundations of MBSR include non-judging, patience, beginner's mind, trust, non-striving, acceptance, and letting go. Learning how to observe the pattern of your mind's activity without trying to change or fix it is hard. It's like recognizing you have 30 browser tabs open in your mind and being aware of all of them without freaking out. For many of us, this feeling of having a hyperactive browser is all too common, which is why there's a little something for everyone in MBSR.

This immersive retreat introduced the main methods of MBSR including breathing, sitting meditation, body scan, yoga, and walking meditation. In the first 24 hours, I was convinced I wouldn't last the whole retreat. By day three, I felt energized, focused, and alert. My senses felt alive. While observing silence on days four and five, I noticed things in my environment I wouldn't have given a second glance to in my daily life. Even now as I reflect on the experience, I am taken back to what Kabat-Zinn refers to as the "way of awareness"—a simple reference to being awake in one's own life. I am grateful for this opportunity and the gift of these skills to share with others.



To learn more about mindfulness meditation or contemplative fellowships for healthcare providers, visit www.hemera.org. To find out more about the CIM SIG or become a member, contact susan.tran@depaul.edu or brittany.gresl@childrens.com.

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What's new at JPP this Spring?

By Tonya Palermo, Ph.D., Editor

It has been a busy spring at *JPP*. We have been updating the *JPP* website and author instructions, getting input from the editorial board at SPPAC in Orlando, developing ideas for special issues, and managing ongoing submissions.

Visit the updated *JPP* website at <https://academic.oup.com/jpepsy>. Hopefully you will find the web site easier to navigate to access instructions and author forms. We have made a change to our instructions for case studies/single subject research designs. Effective immediately, *JPP* will only consider submissions for single subject research designs and will no longer consider narrative case studies. An editorial from Associate Editor Bryan Karazsia provides an overview of this change and recommendations for conducting and reporting single subject research designs.

I want to give a special thanks to Associate Editors Avani Modi and Bryan Karazsia for running the editorial board meeting at SPPAC in my absence. There was a great turnout of editorial board members and we really appreciate the feedback and input received. Our agenda included a number of items for discussion including whether to continue to blind manuscript submissions to *JPP*, whether to require clinical trial registration, and ideas for special issues. We will continue to discuss these topics amongst our editorial team.

We have several special issues in progress.

The special issue on Neural Processes in Child Health edited by Chad Jensen, Jeff Schatz, and Lisa Jacola has just wrapped up and will be published later this year. Avani Modi, Kevin Hommel, and Ahna Pai are working hard on editing the special issue on Adherence in honor of Dennis Drotar; and Christopher Cushing and Bill Riley have just started managing submissions for the special issue on eHealth and mHealth in a partnered issue with *CPPP*. Last, we are in the early stages of working on a special issue to celebrate SPP's 50th anniversary in 2019. The issue will focus on theoretical developments in pediatric psychology over the past 50 years. Please look for our official announcement and call for papers in the next few months.

Last, I will solicit applications for the *JPP* Student Journal Club for the 2018-19 academic year this summer. If you are interested in participating, watch the listserv and journal website for a call for applications.

As always, I'd like to thank the entire editorial team for making the journal a success!



Tonya Palermo, Ph.D.

CPPP Update: Supporting Training and Advancement in Peer Review

By Jennifer Verrill Schurman Ph.D., Editor

I want to thank the many individuals who responded to our recent request to complete the *Clinical Practice in Pediatric Psychology* Readership Survey. We received 118 responses and appreciate the time and thought that went into each. We are working through this feedback to carefully consider its application to our strategic plan for the next few years. Today, I want to highlight our efforts to address one particular issue—training and advancement in peer review.

Mentoring Program for Junior Reviewers

Training the next generation of scientist-practitioners in peer review is important to the sustainability of our field. In our recent readership survey, nearly 30% of respondents were not aware that *CPPP* has a mentoring program for junior reviewers. I have received follow up emails from several of you requesting more information about this opportunity. *CPPP* encourages a formalized approach to such training to ensure that the process is closely guided, transparent, and ethically managed. Moving forward, we also want to make sure that quality training in peer review is accessible to all trainees and ECPs, including those without clear access to a mentor at their own institution.

What does this mean for you? If you are a pediatric psychologist already involving your trainees in peer review, keep doing this important work and review the expanded guidance now provided at www.apa.org/pubs/journals/cpp/reviewer-mentoring-program.aspx to ensure that you are following our recommended best practices for peer review training. If you are a junior reviewer seeking training and experience in conducting reviews, first look for mentors at your own site. If an on-site mentor

is not available, then you can request to be matched with a mentor by emailing me with: 1) a current CV; and, 2) a cover letter outlining your previous experience with reviewing and populations of interest/expertise. We will ask for volunteers among our editorial board and/or ad hoc reviewers in order to pair up potential mentees with appropriate mentors. This process will be monitored to make sure that it is working well.



Jennifer Schurman, Ph.D.

Supporting the Advancement of Existing Reviewers

To support the advancement of our existing reviewers, past and current *CPPP* editors partnered with past and current *JPP* editors to present a professional development workshop at SPPAC 2018 that included practical advice for increasing the utility/value of reviews, moving onto an editorial board, and making the leap to an associate editor position. A similar "How to Review" hour will be presented at APA 2018 (August 10 at 1 pm) as a partnership between *CPPP* and *APA Journals*. We would love to see you there!

We will continue to look for opportunities - both formal and informal - to support our more seasoned reviewers, as well as our junior colleagues. As always, we look forward to serving you and welcome any comments, suggestions, or ideas at jschurman@cmh.edu.

2018 SPP Awards of Distinction

Carolyn S. Schroeder Award for Outstanding Clinical Practice



Meghan McAuliffe Lines, Ph.D.

The Carolyn Schroeder Clinical Practice Award was given to **Meghan McAuliffe Lines, Ph.D.** This award recognizes excellence, innovation and leadership in the clinical practice of pediatric psychology.

McAuliffe Lines is the clinical director of Integrated Primary Care Psychology at Nemours A.I. duPont Hospital for Children and holds a faculty appointment as assistant professor of Pediatrics at Sidney Kimmel Medical College of Thomas Jefferson University. McAuliffe Lines received her Ph.D. in Clinical Psychology from the University of Delaware and completed her pre-doctoral internship and postdoctoral fellowship at Nemours A.I. duPont Hospital for Children. As clinical director for Integrated Primary Care at Nemours, McAuliffe Lines provides direct clinical service to patients and families as part of the medical home team in one primary care clinic, and coordinates all of the psychology providers and programs in primary care at Nemours.

Through her leadership, Nemours has expanded their integrated primary care psychology program into 13 pediatric primary care clinics throughout Delaware and southeastern Pennsylvania. McAuliffe Lines also provides clinical supervision for graduate student externs, pre-doctoral interns, and postdoctoral fellows. McAuliffe Lines has been funded by the HRSA Graduate Psychology Education Program since 2010, providing opportunities to enhance internship training and develop a separate internship track with a special emphasis on training in the primary care setting. She is currently an associate editor for *Clinical Practice in Pediatric Psychology*.

Dennis Drotar Distinguished Research Award



Deborah Wiebe, Ph.D.

The Dennis Drotar Distinguished Research Award was given to **Deborah Wiebe, Ph.D.** This award recognizes excellence and significant contributions in establishing the scientific base of pediatric psychology.

Wiebe received her Ph.D. in Clinical Health Psychology, as well as a master's in Public Health from the University of Alabama at Birmingham in 1988. She joined the faculty in the Department of Psychology at the University of Utah, where she helped to develop a Health Psychology training program, and served as director of Clinical Training for a number of years.

In 2006, she joined the faculty in the Department of Psychiatry at the University of Texas Southwestern Medical Center, with a secondary appointment in the School of Behavioral and Brain Sciences at the University of Texas at Dallas (UTD). While there, Wiebe served as director of research and on the executive board for the UTD Center for Children and Families. Most recently, she joined the faculty in Psychological Sciences at UC Merced in 2013, where she serves as head of the Health Psychology group.

Wiebe's research focuses on the central role of social relationships (especially parent-child relationships) in managing serious pediatric conditions such as diabetes, and how these associations change across important developmental transitions. Her research is primarily funded by grants from the National Institute of Diabetes and Digestive and Kidney Diseases.

Donald K. Routh Early-Career Award



Melanie Noel, Ph.D.

The Routh Early-Career Award was given to **Melanie Noel, Ph.D.** This award recognizes significant contributions to the field of pediatric psychology in research, clinical training, and/or service during the early career.

Noel is an assistant professor of Clinical Psychology at the University of Calgary and a Full Member of the Alberta Children's Hospital Research Institute and the Hotchkiss Brain Institute. She directs the Alberta Children's Pain Research Lab within the Vi Riddell Pain & Rehabilitation Centre at the Alberta Children's Hospital.

Noel's expertise is on children's memories for pain and co-occurring mental health issues and pediatric chronic pain. She published conceptual models of children's pain memory development, co-occurring PTSD and chronic pain, and fear-avoidance. In recognition of her contributions to advancing knowledge of the psychological aspects of children's pain, she received early career awards from the Society of Pediatric Psychology, the International Association for the Study of Pain, the Canadian Pain Society, and the Canadian Psychological Association.

Noel is an advocate for the use of developmentally tailored psychological interventions for pediatric pain management and serves on committees to promote and implement evidence-based interventions within her children's hospital and beyond. As an evidence lead on the Help Eliminate Pain in Kids and Adults team, Dr. Noel co-authored clinical practice guidelines for pain and fear management for vaccine injections. Many of these recommendations were adopted by the World Health Organization.

SPP Award for Distinguished Contributions to Diversity



Lori Crosby, Psy.D.

The SPP Award for Outstanding Contributions to Diversity in Pediatric Psychology was given to **Lori Crosby, Psy.D.**

Crosby is a professor in the Division of Behavioral Medicine and Clinical Psychology at Cincinnati Children's Hospital Medical Center (CCHMC) and Department of Pediatrics at the University of Cincinnati College of Medicine. She is also co-director of the Cincinnati Center for Clinical and Translational Science (CTSA), Community Engagement Core, INNOVATIONS in Community Research and Program Evaluation, and directs a research program in pediatric sickle cell disease.

In 2012, Crosby was elected as Fellow of the American Psychological Association (APA) Division 54 in light of her significant contributions to the field of pediatric psychology.

Crosby has expertise in self-management, treatment adherence, healthcare transition, recruitment and retention of minorities in research and integrating design thinking into research. She has given over 100 presentations at regional or national meetings and authored or co-authored over 50 peer-reviewed articles, book chapters, or community-focused reports.

Crosby has been a principal investigator, co-investigator or consultant on more than 18 federally funded grants including a K07 and an R21 funded by the National Institutes of Health. In December 2017, she was awarded a contract from the Patient Centered Outcomes Research Institute (PCORI) to disseminate a hydroxyurea shared decision-making intervention.

Michael C. Roberts Award for Outstanding Mentorship



Ron Blount, Ph.D.

The Michael C. Roberts Award for Outstanding Mentorship was given to **Ron Blount, Ph.D.** This award honors a pediatric psychology faculty member who mentors students in an exemplary way, providing professional advice and guidance through various phases of training including early-career development.

Blount is professor of Psychology at the University of Georgia. His early research was on children's pain, distress, and coping during acute painful medical procedures, with an emphasis on how particular parent and staff behaviors promoted coping or distress. Over the last 15 years, his focus has included pediatric transplant recipients, IBD, and cardiac conditions. His cross-cutting themes with these patient groups include adherence, barriers, quality-of-life, medical outcomes, and transition readiness.

"All of us want to leave a legacy. Professional and research mentoring has been my main priority and most important professional activity in this stage of my career," Blount says. "I am thankful for the outstanding young professionals who have honored me by joining my lab and letting me walk the path with them during their years of graduate training and beyond. Together, we have created an atmosphere of synergy, cooperation, and growth. Team members have developed a strong professional identity, assumed leadership positions, and many are now mentoring their own trainees. This award really belongs to them. Mentoring such wonderful people has been a labor-of-love. Of any professional award I could receive, this is the one I will value most."

Wright Ross Salk Award for Distinguished Service



Tim Wysocki, Ph.D., ABPP

The Wright Ross Salk Award for Distinguished Service was given to **Tim Wysocki, Ph.D., ABPP.** In recognition of the early founders of pediatric psychology, this award honors outstanding service contributions to the Society of Pediatric Psychology or to the field of pediatric psychology generally.

Wysocki is co-director of the Center for Health Care Delivery Science at Nemours Children's Health System in Jacksonville, Florida. He has served SPP as president-elect (2013), president (2014) and past-president (2015), associate editor of the *Journal of Pediatric Psychology* (2010-2016), and as chairperson of the task force on the SPP Workforce Survey (2014-2017).

Wysocki has earned continuous NIH and other external funding since 1992 for his research on adaptation of children and adolescents with type 1 diabetes and their families to the challenges of living with this chronic condition. His research has explored interventions to promote family management of diabetes, family teamwork in diabetes management, youth and parent coping with knowledge about long term complications, and mechanisms of benefit among patients and families incorporating new diabetes technologies into their regimens. He has been involved in the multidisciplinary clinical care of youth with type 1 diabetes and their families, and mentoring of post-doctoral fellows and early-career pediatric psychologists.

Wysocki received SPP's Logan Wright Award for Distinguished Research (2006), the JDRC Award for Excellence in Clinical Research (2011), and the American Diabetes Association's Richard Rubin Award for Behavioral Science in Diabetes (2018).

International Collaboration Award

Developing a Pain Neuroscience Education Framework for Pediatric Cancer Survivors

By Lauren Heathcote, Ph.D., Postdoctoral Fellow
Stanford University Medical School

I am delighted to report on my two-week visit to Adelaide, Australia in March 2018 to collaborate with Professor Lorimer Moseley. Lorimer is the director of the Body in Mind research group and pioneer of Explain Pain, a pain education approach to chronic pain management. We were thrilled to receive the SPP International Collaboration Award to develop a pain education framework for children and adolescents living beyond cancer.

More children and adolescents are surviving cancer than ever before, however many are left with long-term health problems, including pain. Up to 60% of childhood cancer survivors report pain, and one third report at least mild pain-related impairment. Unexplained pain can also trigger fear of cancer recurrence and emotional distress. Thus, it is increasingly clear that the experience of pain, and pain-related fear, are important targets in the clinical care of this growing population. One potential intervention is Pain Neuroscience Education (PNE), a psychoeducation approach that focuses on explaining the scientific concepts that are central to the pathogenesis and perpetuation of persistent pain. PNE, including Explain Pain, is now considered best practice for the management of persistent pain disorders internationally, however it has not yet been extended to pediatric or cancer populations.

During a two-week visit I took part in two expert panel workshops, bringing together world leaders in pediatric pain, PNE, and psycho-oncology. The first was a two-day meeting held at the top of beautiful Mount Lofty, where we discussed how to build age-appropriate and engaging pain education resources for adolescents. For the second, Lorimer and I hosted a half-day workshop at the University of South

Australia with the goal to set a research agenda for pain education in cancer survivors. We identified a number of challenges, including how to modify Explain Pain curricula, in which pain is argued to be relatively unrelated to actual

tissue damage, to a context where pain has once and could again signify significant bodily threat. We also identified opportunities, including delivery of PNE through allied health professionals working in cancer-specific settings, clinicians working in primary care (e.g., general practice nurses), and eHealth resources such as freely available online material. We were incredibly grateful that scientists and cancer clinicians flew in from all over Australia to attend our workshop, with whom we are now working on a manuscript to summarize the meeting proceedings.

I am incredibly grateful to all of those who attended the workshop and individual meetings in Adelaide, with special thanks to Lorimer Moseley, Tracy Jones, and Hayley Leake for welcoming me into the Body in Mind team. Thank you also to SPP for this career-changing award, for providing an opportunity to build vital international collaborations at my early career stage, and to begin a research program with the potential to provide greatly needed novel tools for tackling pain in young people who are living beyond cancer.



Pictured L to R: Lorimer Moseley, Lauren Heathcote, Laura Simons, Jennifer Stinson

Diversity Research Grant

Parental Pain Beliefs and Behaviors as Risk and Resilience Factors in Youth with Sickle Cell Disease

By Amanda Stone, Ph.D., SPP Diversity Research Grant Recipient 2017
Mentors: Anna Wilson, Ph.D., and Cynthia Karlson, Ph.D.

Significance and Specific Aims

Parental chronic pain represents a key risk factor for pediatric pain (Higgins et al., 2015; Stone & Wilson, 2016), but has predominately been evaluated in Caucasian populations. The present study aimed to evaluate parents' beliefs and behaviors regarding their own pain as both risk and resiliency factors for functional impairment and frequent pain in youth with sickle cell disease (SCD), which predominately affects African Americans. Parental beliefs and pain coping strategies may be adaptive (e.g., high self-efficacy for managing pain, positive religious coping) or maladaptive (e.g., catastrophizing, high perceived injustice). Over time, youth with SCD may learn different pain beliefs and coping strategies, at least in part, from their parents, which could contribute to their own risk for functional impairment.

Method

Sixty-five youth with sickle cell disease (SCD; ages 11-17) and a caregiver were approached regarding participation in the study. Of those approached, 40 dyads (61.5%) provided informed consent and assent and were enrolled in the study. Caregivers completed questionnaires in clinic regarding their own pain, pain beliefs, behaviors, and emotional functioning. Youth completed similar questionnaires regarding their own pain experiences. Youth and caregivers also completed 14-day online diaries and a subset of caregivers completed a brief qualitative interview regarding how they communicate about pain and adapt their own pain management strategies to their child's SCD pain. (continued next page...)



Amanda Stone, Ph.D.

SPP AT THE 2018 APA CONVENTION

By Marilyn L. Sampilo, Ph.D., MPH, D54 APA Program Chair
Jason Van Allen, Ph.D., D54 APA Program Co-Chair

We are excited to highlight some of the Division 54 program offerings at this year's convention, to be held in San Francisco from Thursday, August 9 through Sunday, August 12. This year we received a five-year high in number of submission proposals resulting in a great balance of topics! We will have high quality sessions focused on clinical practice, research, and training/professional development with an impressive number of sessions offered for continuing education credit.

Symposia, skill-building sessions, and conversation hours at the Convention are consistent with Division 54's programming theme, Pediatric Psychology in a Rapidly Evolving Landscape: Promoting Diversity and Cultivating Innovation and exemplify the integration of research and practice. Some examples: 1) Health Disparities:

Improving Care Outcomes for Underserved Children, Youth and Families, 2) An Innovative Clinical Approach to Increase Access to Pediatric Psychological Services, 3) Cultural Factors in Working with Caregivers of Infants and Young Children in Medical Settings, and 4) Developing and Refining mHealth Interventions with Intensive Longitudinal Data.

A number of training and professional development opportunities will also be of interest to Division 54 members. These include: 1) Obtaining an Internship in Pediatric Psychology: Words of Wisdom from Two Pediatric Psychologists, 2) Becoming a Pediatric Pain Psychologist: Opportunities in Integrated Pain

Management, and 3) Beyond Clinical Service: Developing Diverse Roles for Psychologists in Integrated Primary Care.

Following the positive reception regarding last year's combined format, we will host our social hour immediately following our business meeting on Friday, August 10 from 4:00–5:50 pm. These events are excellent opportunities for trainees and professionals to network, socialize, and learn from one another.

We hope you plan to join us in San Francisco. We look forward to seeing you in August!



Diversity Research Grant (...continued from previous page)

Parental Pain Beliefs and Behaviors as Risk and Resilience Factors in Youth with Sickle Cell Disease

By Amanda Stone, Ph.D., SPP Diversity Research Grant Recipient 2017

Preliminary Results

Approximately half of caregivers (47.5%) and youth (50.0%) reported experiencing pain at least two to three times per week over the past three months. The rate of caregiver chronic pain was elevated in youth with frequent pain (60.0%) compared to youth with low frequency pain (35.0%), but this difference was not statistically significant. Contrary to hypotheses, children of caregivers with chronic pain did not significantly differ from children of caregivers without chronic pain on measures of pain beliefs, behaviors, anxiety, or depressive symptoms. Evaluating the intergenerational relation between caregiver and child cognitive-affective factors, greater caregiver depressive symptoms were significantly related with lower child pain coping efficacy ($r = -0.39, p = 0.02$). In contrast, greater caregiver positive religious coping was significantly related with higher child pain coping efficacy ($r = 0.37, p = 0.02$).

Implications

The rate of caregiver chronic pain mirrors rates reported in other pediatric chronic pain populations. However, the relation between caregiver and child chronic pain may look different in the SCD population which

could be due to the presence of disease-based pain or cultural differences. Results from preliminary data analyses suggest further evaluating caregivers' mood and own coping beliefs regarding pain may be important for understanding youth's perceived ability to cope with pain. Specifically, caregiver positive religious coping practices may influence children's own ability to emotionally cope with the experience of pain and serve as a protective factor in youth with SCD. Caregiver depressive symptoms may be an important target for family-based interventions related to pain in youth with SCD.

Apply for the SPP Diversity Research Grant

The Division 54 Diversity Research Grant awards \$5,000 to a student or early-career investigator doing research that will address critical gaps in our knowledge related to diversity in pediatric psychology. For more information, visit: www.societyofpediatricpsychology.org/awards_and_grants.

APA CONVENTION PROGRAMMING IN SAN FRANCISCO

THURSDAY, AUGUST 9, 2018

8–10 am	Symposium: Partnering With Stakeholders in Pediatric Psychology Research and Practice Moscone Center Room 3003		Symposium (CE): The Neuroscience of ADHD From Early Childhood to Early Adulthood—Insights from Neuroimaging Moscone Center Room 214
10–11	Symposium (CE): Pursuing the Quadruple Aim in Pediatric Primary Care Moscone Center Room 314		Invited Address: Ask NIH—Program Officers from NIMH and NIDA Discuss Funding Priorities and More Moscone Center Room 3004
11 am – 12 pm	Symposium: Obtaining an Internship in Pediatric Psychology—Words of Wisdom From Two Pediatric Psychologists Moscone Center Rooms 310 and 311		Symposium (CE): Innovations in Understanding Traumatic Stress in Youth Moscone Center Rooms 305 and 309
12–2 pm	Skill-Building Session (CE): The Development, Science, and Practice of Behavioral Health in Pediatric Primary Care Moscone Center Room 152		Invited Address by Tom Insel, MD: Smart Phones are a problem: Can they be a solution? Moscone Center Room 2001
2–3 pm	Conversation Hour: An Innovative Clinical Approach to Increase Access to Pediatric Psychological Services Moscone Center Room 3011	Collaborative Symposium: Treatment Engagement and Intervention Strategies for Underserved Children, Youth, and Families Moscone Center Rooms 305 and 309	Symposium (CE): Youth Resilience, Depression, and Suicide in Schools—Prevention and Social Emotional Learning Moscone Center Room 2001
3–4 pm	Skill-Building Session (CE): Cultural Factors in Working With Caregivers of Infants and Young Children in Medical Settings Moscone Center Rooms 310 and 311		Collaborative Symposium: Psychological Perspectives on Rising Economic Inequality Moscone Center Room 158
4–7 pm	D54 Executive Committee Meeting San Francisco Marriott Marquis Hotel Pacific Room B		D53 Social Hour Marriott Marquis Hotel Golden Gate Room C3

FRIDAY, AUGUST 10, 2018

8–10 am	Symposium: Community-Engaged Research in Pediatric Psychology—Approaches and Funding Considerations Moscone Center Room 2007	Collaborative Symposium: Health Disparities- Improving Care Outcomes for Underserved Children, Youth, and Families Moscone Center Room 158	Collaborative Symposium: The Adolescent Brain Cognitive Development (ABCD) Study—Overview, Emerging Data, and Opportunities Moscone Center Room 157	Symposium (CE): Opening Up Psychology to Give it Away -- Open Platforms to Bring Psychology to all People Moscone Center Room 159
10–11	D54 Poster Session Moscone Center Halls ABC	Collaborative Symposium: Future Directions for Research in Child Maltreatment—Innovation in Science, Education, and Policy Moscone Center Room 157		Symposium (CE): Innovations to Extend Best Practice Interventions for Children with Disruptive Behavior Disorder Moscone Center Room 151
11 am–12 pm	D54 Poster Session Moscone Center Halls ABC			
12–4 pm				
4–6 pm	D54 Social Hour Marriott Marquis Hotel Nob Hill Rooms A and B	Collaborative Symposium: Walk a Mile—Understanding Challenges Faced by Families Struggling to Find Assessment and Treatments Moscone Center Rooms 22 and 23	D53 Board Meeting	Symposium (CE): You Harm Me, I Harm Myself—Peer Victimization, Self-Harm, and Suicidality in At-Risk Adolescents Moscone Center Room 206

APA CONVENTION PROGRAMMING IN SAN FRANCISCO

SATURDAY, AUGUST 11, 2018			
8–9 am	Symposium (CE): Parenting in the Context of Children's Chronic Illness—Balancing Care and Burden Moscone Center Rooms 305 and 309		Symposium (CE): Innovations for Integrating and Interpreting Multi-Informant Reports of Youth Psychopathology Moscone Center Room 214
9–10	Skill-Building Session (CE): Beyond Clinical Service—Developing Diverse Roles for Psychologists in Integrated Primary Care Moscone Center Room 308	D53 Poster Session Moscone Center Halls ABC	
10–11		D53 Poster Session Moscone Center Halls ABC	Symposium (CE): The Use of Telehealth Technology to Improve Research in Neurodevelopmental and Neurogenetic Disorders Moscone Center Rooms 310 and 311
11 am–12 pm	Symposium (CE): Pediatric Psychology in NICU and NICU Follow-Up Moscone Center Room 206		Invited Address by Sally Ozonoff, PhD: Advances in early detection of autism spectrum Moscone Center Room 3006
12–1 pm	Symposium (CE): Developing and Refining mHealth Interventions with Intensive Longitudinal Data Moscone Center Room 160		
1–4 pm			
4–5 pm	Symposium (CE): Becoming a Pediatric Pain Psychologist—Opportunities in Integrated Pain Management Moscone Center Room 216		D53 Awards and Honors featuring Abidin Early-Career Award Address by Anna Van Meter, PhD Moscone Center Room 2008
5–6 pm			Distinguished Career Award Address by Carolyn Webster Straton, PhD: 37 Incredible Years: The Development and Innovation of the Incredible Years Programs: Where to go from here? Moscone Center Room 2008

SUNDAY, AUGUST 12, 2018			
8–9 am	Skill-Building Session: Avoidant/Restrictive Food Intake Disorder—From Science to Practice Moscone Center Room 216		Symposium (CE): Novel Approaches to Improving Evidence-Based Interventions for Ethnic Minority and Immigrant Youth Moscone Center Rooms 310 and 311
9–10 am		Symposium: Childhood Disruptive Behavior Problems—Characterization, Development and Treatment Moscone Center Room 2001	
10–11 am	Conversation Hour: Evolution of Pediatric Psychology Services in a Small, Newly Established, Pediatric Medical Center Moscone Center Room 2018		Symposium: (CE) Coping in Context—Situation Specific Emotional Responses as Determinants of Adjustment Moscone Center Room 104
11– noon			

KEY

Division 54 Substantive Programming		Division 54 Non-substantive Programming		Division 54 Collaborative Substantive Programming		Div 54 CE	
Division 53 Substantive Programming		Division 53 Non-substantive Programming		Division 53 Collaborative Substantive Programming		Div 53 CE	

Taking Advantage of Opportunities to Network within SPP

By Jeannette Iskanders, M.A., Student Representative

One of the best parts about being involved in SPP are the number of opportunities that exist to network with other trainees and pediatric psychologists, whether it is through attending the SPPAC or APA Convention, joining a SIG, being part of the Twitter team, or by being involved in the Network of Campus Representatives.

SPPAC

Each year the SPPAC offers several opportunities to network. This year, vents with trainees and pediatric psychologists, included a mentoring luncheon, student social, and a professional development session specifically targeted towards trainees.

APA Annual Convention

Opportunities to network with other trainees and pediatric psychologists also exist at the APA Annual Convention which will be held in San Francisco this August! Although the APA Convention may be overwhelming for some given the sheer magnitude of the convention, the Division 54 Business Meeting and Social Hour offers individuals an opportunity to catch up with colleagues and learn more about SPP's progress over the past year. I definitely encourage you to attend this meeting if you will be at the Convention!

Twitter Team

Both conferences also offer a chance for individuals to network with one another by being part of the Twitter teams. This is a fun and easy way to

get involved and connect with other. Special shout-out to the amazing tweeters who were part of the #SPPAC2018 twitter team and congratulations to our top three Tweet-ers: Wendy Ward, Jennifer Schurmann, and Lauren Heathcote. Thanks for spreading the word about all SPP has to offer.

SIGs

Getting involved in a SIG is also a great opportunity to connect and network with other individuals who share similar interests. And, if you're looking for a way to gain some leadership experience, consider becoming involved in a SIG subcommittee or taking on a leadership role.

Network of Campus Representatives

Another option to connect with other trainees is to serve on the Network of Campus Representatives, which would allow you to raise awareness about pediatric psychology throughout your department, university, and community. This would also allow you to collaborate with representatives from other universities across the country.

Check out SPP's website or email me at SPP.StudentRep@gmail.com for more information on networking opportunities within SPP. I encourage you to contact me with questions and comments.



Jeannette Iskanders, M.A.

Graduate Student Spotlight

Tarrah Mitchell is an outstanding fifth-year graduate student at the University of Kansas under the mentorship of Ric Steele, Ph.D., and is completing a pre-doctoral internship at the University of Florida Health Science Center.

Mitchell's research focuses on understanding the bidirectional relationships among children's physical, psychological, social, and academic functioning (health-related quality of life) and their weight-related health behaviors, such as disordered eating, physical activity, and sedentary behavior. Additional research focuses on strategies to accurately assess these concepts and behaviors in youth. Clinically, she provides inpatient and outpatient services for children, adolescents, and young adults with chronic medical conditions (e.g., diabetes, cancer, cystic fibrosis, inflammatory bowel disease) within multi-disciplinary environments to address medical adherence, adjustment concerns, and psychological needs.

Regarding service, Mitchell has been involved in SPP as a campus representative and student advisory board member. She has also served as a student volunteer at SPPAC and the National Conference in Clinical Child and Adolescent Psychology and as a student reviewer for the *Handbook of Pediatric Psychology* and several peer-reviewed journals.

Mitchell will start a post-doctoral fellowship at the University of Florida Health Science Center. In the future, Tarrah hopes to work in an academic medical center, where she can continue focusing on clinical services and research aimed at improving the well-being of children and families coping with chronic medical conditions.



Tarrah Mitchell

Walker Education Award



William Black
Cincinnati Children's
Hospital

Presentation Title:
Exercise Training
Integrated with
CBT for Juvenile
Fibromyalgia: the FIT
Teens Program

2018 SPP Student
Travel Awards



Nour Al Ghriwati
Virginia Commonwealth
University



Dana Bakula
Oklahoma State
University



Molly Basch
University of Florida



Samantha Bento
University of Maryland,
Baltimore County and
Children's National Health



Elizaveta Bourchtein
Virginia Commonwealth
University



Christina Caiozzo
Children's Hospital of
Philadelphia



Marie Chardon
University of Florida



Michelle Clementi
Oregon Health & Science
University



Kara Duraccio
Brigham Young University



Kate Gamwell
Oklahoma State
University



Jessica Greenlee
Virginia Commonwealth
University



Katherine Kidwell
Cincinnati Children's
Hospital



Arwen Marker
University of Kansas



Jill Plevinsky
Rosalind Franklin
University of Medicine
& Science/Brown Univ



Christina Sharkey
University of Florida



Rachel Sweenie
University of Florida



Cara Tomaso
University of Nebraska-
Lincoln



Sara Turner
University of Utah



Adrien Winning
Loyola University Chicago



Andrea Wojtowicz
Rosalind Franklin Univ
of Medicine & Science

Announcements

Apply Now!

Student Research Grants & Awards

Marion & Donald Routh Student Research Grant

This annual research scholar grant is for student SPP members in full-time psychology graduate programs (i.e. graduate students or interns) conducting research under the supervision of a faculty advisor. Research proposals should address areas consistent with the field of pediatric psychology. Funding is available up to \$5,000. Up to \$500 of the award can be allocated in the budget to support conference travel. One winner will be selected. However, a second-place award of up to \$1,000 will be provided to the runner-up to support their proposed study.

Mary Jo Kupst Trainee Grant for Resilience Research

Initiated to honor Mary Jo Kupst's career contributions, this grant is designed to facilitate trainee research that will provide a novel contribution and advance the field of pediatric psychology specifically in the area of resilience and/or family functioning. An annual award of \$1,000 is available to any graduate student, intern, or postdoctoral fellow who is a SPP member.

Lizette Peterson-Homer Injury Prevention Grant

This grant, sponsored jointly by Division 54 and the American Psychological Foundation (APF), is open to students and faculty to support clinical research related to the prevention of injuries in children and adolescents. For more information, visit www.apa.org/apf/. Funding is available up to \$5,000.

Drotar-Crawford Postdoctoral Fellowship Research Grant in Pediatric Psychology

Generous support from Peggy Crawford, Ph.D., her late husband Dennis Drotar, Ph.D., and an anonymous donor provides up to two awards annually. This \$10,000 grant is given to a postdoctoral fellow to support research in pediatric psychology while enrolled in a postdoctoral fellowship. The research project must be conducted under the supervision of a faculty advisor in an area of research specific to pediatric psychology.

SPP Student Research Award Competition

Established to encourage and reward quality research on issues related to pediatric psychology and healthcare of children. This award recognizes research completed while the candidate was a graduate student, intern, or postdoctoral fellow. The student must also be the primary (first) author. The award winner will receive a \$1,000 award.

For more details and eligibility criteria on each of these grants and awards, please visit SPP online at: www.societyofpediatricpsychology.org.

Application deadline is October 1, 2018.

Email single-document pdf applications to:

Eleanor Mackey, Ph.D.

emackey@childrensnational.org

Questions? Call 202-476-5307

Call for Grad Student Spotlight Nominations

SPP's Student Advisory Board is accepting nominations for outstanding pediatric psychology graduate students to be featured in the Student Spotlight section of **Progress Notes**. This is a wonderful opportunity to honor and provide a graduate student with exposure to Division 54.

Please send the nomination form, a letter of recommendation, and the nominee's CV to Student Advisory Board member Kim Klages at kklages@memphis.edu. Submission deadline is July 13, 2018.

Drotar-Crawford Postdoc Fellowship Research Grant in Pediatric Psychology 2018 Recipient



Sarah Westen, Ph.D.

University of Florida

Mentor: Dave Janicke, Ph.D.

Title: Sleep, Adherence, and Glycemic Control in Adolescents with Type 1 Diabetes

Adolescents with type 1 diabetes (T1D) have the poorest glycemic control compared to other developmental age groups, often due to suboptimal treatment compliance. Within this age group, insufficient sleep, circadian misalignment, and poor sleep quality are increasing in prevalence and are linked to cognitive, mood, and behavioral consequences. Glycemic control, adherence, and sleep are measurable and modifiable factors which may have profound impacts on psychological and physical health. However, the literature lacks in objective assessment of the daily fluctuation of these variables in adolescents with T1D.

Building upon Westen's preliminary adherence data, this project aims to examine the relationships between objectively-measured sleep parameters (e.g., total sleep time and time of sleep onset and awakening), subjective sleep variables (e.g., sleep quality), and blood glucose regulation (e.g., via continuous glucose monitoring). Further, this project aims to assess links to key psychological variables, such as diabetes-related distress and fear of hypoglycemia. This study will answer a need for person-centered research in adolescents with T1D, using novel treatment technology.

Westen sends a warm thank you to Dr. Peggy Crawford and SPP for honoring the legacy of Dr. Dennis Drotar with this award and for making this project possible.

Plan to Attend!

National Conference in Clinical Child and Adolescent Psychology: Translating Research into Practice

Registration is open for the 13th biennial National Conference in Clinical Child and Adolescent Psychology, scheduled for **October 18–20, 2018** at the Intercontinental Kansas City on the Country Club Plaza. The conference offers **18 hours of intermediate-level continuing education**, draws students and professionals from across the country, and offers a rich atmosphere for learning, networking, and socializing with others in the field.

This year's conference programming features a plenary session designed to

facilitate diversity within the profession. Breakout sessions on issues related to aspects of graduate training (e.g., fellowship funding, specialization, publication) will be offered. Cutting-edge research from across the field will be featured in poster sessions. There will be opportunities to visit with the editors of key journals in our discipline.

Undergraduate students and post-baccalaureate trainees are encouraged to look for the special registration option for the Conference within a Conference (CwC) on the registration page.

To learn more and register, visit

<https://ccpp.ku.edu/2018-national-conference-clinical-child-and-adolescent-psychology>



Remembering Andrea Farkas Patenaude

By Mary Jo Kupst, Ph.D.

Our colleague and friend **Andrea Farkas Patenaude, Ph.D.**, died on Jan. 29, 2018, in Boston. Farkas Patenaude was a pioneer in pediatric psychology: researcher, clinician, administrator, educator, mentor, and patient advocate. A brilliant scientist-practitioner who set high standards for herself and others, she was also a model of compassion, patience, and understanding to patients, families, and to all who knew her.

Farkas Patenaude received her B.A. in Psychology in 1967 from the University of Chicago and her Ph.D. from Michigan State University in 1973. Her clinical internship was at Children's Hospital, Boston, where she became a staff psychologist and in 1984 became director of the Psychology Program in Pediatric Oncology, Dana-Farber Cancer Institute. Later, in 1995 she became director, Psycho-Oncology Research in Pediatric Oncology and Center for Cancer Genetics and Prevention. She was an associate professor in Psychiatry at Harvard Medical School.

Her early innovative work in the psychological aspects of bone marrow transplantation led the way for the continuing body of research in this field as well as providing a model for clinical care. Similarly, she was one of the first to study the psychological impact of cancer genetic testing for p53 and BRCA1/2, focusing on child, adult, and family outcomes of genetic testing and related ethical concerns. This body of research has resulted in two books on cancer genetics and over 75 articles, as well as service on national and international genetics committees. Farkas Patenaude also directed psychosocial services to individuals and families coping with hereditary cancer.

She was a founding and core member of the Children's Oncology Group Psychology (and later Behavioral Science Committee). She has been recognized nationally and internationally for her work and has received the APA Presidential Citation, Rosalie G. Weiss Award from the American Psychological Foundation, and the Noemi Fisman Lifetime Award for Clinical Excellence, from the International Psycho-Oncology Society (IPOS). She was an APA Fellow in Pediatric and Health Psychology.

She was a leader in the recent development of standards of psychosocial care for children with cancer and their families and was continuing to work on this project in the areas of communication and training standards. As vice-chair of the International Society of Pediatric Oncology Psychosocial Committee, she was working to advocate for improved health of children internationally.

Farkas Patenaude's dedication to her work shone in all of her accomplishments and influence on the field, but above all, her priority was her family: her husband, Leonard, and her son, Mason. Her generosity of spirit brought people together from all over the globe as colleagues, collaborators, and friends. We will all miss her very much.



Andrea Farkas Patenaude, Ph.D.



2018 SPPAC Highlights

By Erica Sood, Ph.D. and Amy Holley, Ph.D.

The 2018 Society of Pediatric Psychology Annual Conference (SPPAC) convened in Orlando, Florida from April 5-7. This meeting was the one of our largest annual conferences to date, with 756 attendees, 313 of which were students/trainees! We also received over 450 submissions for the 2018 conference, reflecting a high enthusiasm for SPPAC among pediatric psychologists and trainees. SPPAC continues to be the premier venue for highlighting innovative work in the field of pediatric psychology.

The theme for SPPAC 2018 was Innovative Strategies to Promote Research and Practice in Pediatric Psychology: Adapting to a Shifting Healthcare Landscape. Conference programming featured important and timely topics relevant to child health and psychological well-being, including implementation science, stakeholder collaborations to improve care and outcomes, and the expanding role of pediatric psychologists. SPP president, Dr. Ann Davis, opened the conference with an inspiring message about how her practice and research in pediatric psychology have shaped her personally and professionally. The conference agenda featured nine professional development sessions (including programming geared specifically for mid- and later-career psychologists), sixteen symposia, eight workshops (with important topics such as ethical decision making and treating somatic symptoms in youth), and four poster sessions.

Programming included four invited plenary speakers. Dr. Rinad Beidas shared findings from her research program on the implementation of evidence-based practices for child psychopathology in community settings, and discussed how these findings could be applied to pediatric psychology. Dr. Jean Raphael provided an overview of technology-based interventions with a specific focus on vulnerable populations and ethical considerations. Dr. Martha Grootenhuis shared lessons learned in her work implementing patient reported outcomes in real-world pediatric clinical practice in the Netherlands. And Ms. Diane Pickles and Dr. Carole Lannon described how patients, parents, healthcare providers, and researchers can work together through chronic disease learning networks to improve care and outcomes for children and families. This presentation was the first SPPAC plenary talk to include a parent stakeholder SPPAC 2018 programming also included 22 Special Interest Group meetings, Internships/Fellowships on Parade, and a student mentoring lunch. As always, opportunities for networking and mentoring were highly valued by SPPAC attendees.

We thank the SPPAC 2018 conference committee, the student ambassadors, our generous conference sponsors, and all who participated in the conference for ensuring its success. We look forward to another exciting SPPAC in New Orleans next April!



SPP Student Advisory Board at the 2018 SPPAC in Orlando.



Save the Date

By Amy Holley, Ph.D., Conference Chair
and Jessica Fales, Ph.D., Conference Co-Chair

The 2019 Society of Pediatric Psychology Annual Conference (SPPAC) will be held April 4-6 at the New Orleans Marriott Hotel.

The theme for the 2019 conference is **Risk and Resilience in Pediatric Psychology: Processes, Mechanisms, and Interventions**. The conference will feature skill-building workshops, symposia and invited speakers on important and timely topics relevant to child health, risk and resilience including: health disparities, high risk populations, early identification of risk and protective factors, prevention science, positive psychology, psychological flexibility, and the promotion of health and wellness behaviors. The 2019 conference will include targeted programming to meet the unique professional development needs of trainees, early career and mid-career psychologists.

We will solicit proposals for workshops, symposia, professional development programming and poster presentations in August 2019. Updated conference information will be posted to the Division 54 email listserv and website.

Join us for an exciting conference in New Orleans in 2019!



Society of Pediatric Psychology

Division 54, American Psychological Association

Join Division 54!

Membership benefits include:

- Subscription to two professional journals: *Journal of Pediatric Psychology* and *Clinical Practice in Pediatric Psychology*, and the Society's newsletter, *Progress Notes*
- Professional development and continuing education credit at SPPAC, the Society of Pediatric Psychology Annual Conference, and the annual APA convention
- Access to the SPP member directory and listserv, with employment opportunities, clinical issue discussions, referral requests, etc.
- Opportunities to network, participate in Special Interest Groups, and have advocacy and representation in pediatric psychology
- Various awards and grants for students and psychologists at all career stages
- Participation in the SPP mentoring program—as mentee or mentor

Special Student Benefits include:

- Conference programming specifically designed for students to meet and network with mentors

Vision Statement

Healthier children, youth, and families.

Mission Statement

The Society aims to promote the health and psychological well being of children, youth and their families through science and an evidence-based approach to practice, education, training, advocacy, and consultation.

2018 Free Membership Winners

Cathryn Richmond
Jennifer Fisher

Accessing Member Services

- **Join the listserv** Send an e-mail to: div54@hotmail.com, with the following command: ADD DIV54-MEMBERS (Email address) (First name) (Last name) in the body of the message (do not include parentheses and do not write anything in the subject line). For example: ADD DIV54-MEMBERS janedoe@pedpsych.edu Jane Doe
- **Sign off the listserv** Send an e-mail to: listserv@lists.apa.org. Leave subject line blank. In e-mail, type "signoff div54-members" (without quotes).
- **Access the *Journal of Pediatric Psychology* and *Clinical Practice in Pediatric Psychology* online** Go to: www.division54member.com/ and sign in with your username and password.
- **Check your membership status, change your contact information, or to ask about SPP programs and services** Send an e-mail to: APAdiv54@gmail.com
- **Join the online member directory** Send e-mail to: APAdiv54@gmail.com to ask for online directory registration form.
- **Read past newsletter issues** <http://www.societyofpediatricpsychology.org/all-newsletter>
- **Visit the Society of Pediatric Psychology online** Go to: <http://societyofpediatricpsychology.org/>

To join, please visit:

<http://societyofpediatricpsychology.org>

Progress Notes

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