

Effective Mental Health Care for Children: Parent Resources (APA Division 53)

Are you worried about your child's behavior or feelings? Would you like to know the treatment options for your child? This section of the website has videos of interviews with experts in child and adolescent psychology. In each video, the experts discuss issues that are particularly important to parents/caregivers. In addition, the experts describe the evidence-based treatment options (treatments with scientific support) available for children and adolescents experiencing the specific problems listed below. These videos are organized alphabetically, by disorder/problem.

To learn more about the importance of evidence-based practices, go to:

<http://effectivechildtherapy.fiu.edu/parents>