Dear Dr. DOCTORNAME,

Your patient, FIRSTNAME LASTNAME, has been hospitalized at Primary Children’s Medical Center for SOMENUMBER days due [MEDICAL CONCERN]. As you know this symptom has been occurring [PERIOD OF TIME].

His/Her symptoms seem to be multi-factorial in etiology, with physiological conditioning along with other factors such as behavioral, psychological, social and environmental and functional factors playing a role. We recommend that the emphasis of patient's care switches from etiology and work-up to treatment planning and functionality - emphasizing that his/her [SYMPTOM] has a cause (multi-factorial). Specifically we recommend focusing treatment on functioning, such as helping patient return to normal everyday tasks and desired activities, etc., despite ongoing symptoms.

Research has demonstrated that with individuals experiencing Medically Unexplained Physical Symptoms, or MUPS, continual contact with medical personnel is *essential*. Individuals with MUPS present frequently in the inpatient setting, they are often time intensive, they often become upset that there is a failure to find an explanation for the symptoms, and feel misunderstood by the medical team. In the process of developing a collaborative stance and continual communication with providers we are hoping to alleviate some of the difficulties for FIRSTNAME and her family.

After our medical team spoke with you on the phone, we are excited about our collaborative work in providing FIRSTNAME with the best care possible. As part of the treatment of his/her [PRESENTATION], we believe that continued contact with medical providers in order to provide reassurance as well as encourage his/her participation in outpatient therapies, such as behavioral health and integrative medicine, are key. At this time we think that FIRSTNAME would benefit from intense outpatient medical support, particularly weekly 10-15 minute check-ins with your clinic. These weekly check-ins can be tapered off as deemed appropriate with FIRSTNAME, his/her family, and outpatient providers. We recommend collaboratively determining the next phase of her treatment with his/her outpatient therapist.

We encourage you to please contact us, either Dr. Robnett or Dr. Caplin, with any questions or concerns that you may have. Our contact information is provided below.

We are grateful for your input and the important role that you play in returning FIRSTNAME to functioning.

Thank you,