

PARENTING STRESS MEASURES:

1. **The Parental Stress Scale** (Berry & Jones, 1995) is available free of charge.
<http://spr.sagepub.com/content/12/3/463.abstract>
2. The **FACES-IV**. <http://www.facesiv.com/home.html>
3. **Family Crisis-Oriented Personal Evaluation Scales (F-COPES)** --> McCubbin, H. I., Olson, D. & Larsen, A. S. (1987). *Family Crisis-Oriented Personal Evaluation Scales (F-COPES)*. St. Paul, MN: Family Social Science, University of Minnesota.
4. **Parenting Stress Index** --> Abidin, R. R. (1983). *The Parenting Stress Index*. Charlottesville, VA: Pediatric Psychology Press
5. Abidin, R. R. (1990). *The **Parenting Stress Index** Short Form*. Charlottesville, VA: Pediatric Psychology Press.
6. Arnold, D. S., O'Leary, S. G., Wolff, L. S., & Acker, M. M. (1993). The parenting scale: A measure of dysfunctional parenting in discipline situations. *Psychological Assessment*, 5(2), 137-144.
7. **Parenting Relationship Questionnaire** (part of the BASC series)
8. **Family Environment Scale (FES)**