

Pediatric Chronic Pain Programs by State/Province

| State/Province | City | Program Name | Hospital Name | Website | Program Address and Contact Numbers | Main Contact(s) | Services Provided |
|----------------------|-------------|--|------------------------------|---|---|--|--|
| UNITED STATES | | | | | | | |
| AR | Little Rock | Pediatric Pain Medicine Clinic (outpatient) | Arkansas Children's Hospital | http://www.archildrens.org/Services/Pain-Medicine-Clinic-Pediatric.aspx | 1 Children's Way, Slot #203 Little Rock, AR 72202-3591 Tel: 501.364.3100 | Sarah Tariq, MBBS Mandy Horn, RN; Michael L. Schmitz, MD | A multidisciplinary clinic combining pediatric medicine, psychosocial evaluation, biofeedback, and regional anesthetic interventions. |
| AZ | Phoenix | Pediatric Pain Service (inpatient and outpatient programs) | Phoenix Children's Hospital | http://www.phoenixchildrens.com | 1919 E. Thomas Rd, Phoenix, AZ 85016 Tel: 602.546.1537 | John Jones, MD Sarah Beaumont, MD | A comprehensive interdisciplinary dual inpatient and outpatient program. The inpatient program is a physician run Complex Pain Program that includes 7 anesthesiologists, 2 NPs, physical therapy, rehabilitative medicine, psychology, psychiatry, child life, social work, case managers and school reentry specialists in addition to pediatricians. Psychologists perform assessments and work on biofeedback, guided imagery and relaxation techniques. The medical team manages coordination of care, medications and when indicated, performs invasive procedures. The outpatient program offers the same anesthesiologists and nurse practitioners as well as adolescent and developmental pediatricians and a social worker. *2015 Recipient of the American Pain Society Clinical Center of Excellence in Pain Management |
| CA | Irvine | UC Irvine Healthcare Center for Pain Management (outpatient program) | UC Irvine Douglas Hospital | http://www.anesthesiology.uci.edu/pain/ | Gottschalk Medical Plaza, 1 Medical Plaza Drive, Irvine, CA 92697 Tel: 949.824.7246 | Justin Hata, MD | Multidisciplinary evaluation and treatment by a team of anesthesiologists, physical medicine & rehabilitation physicians, psychologists, and nurses. Interventional techniques (nerve blocks, spine injections, intrathecal drug delivery systems), medication management, cognitive behavioral therapy, school reintegration. |

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| CA | Los Angeles | Pediatric Pain Management Clinic • Chronic Pain Program (outpatient) | Children's Hospital Los Angeles | http://www.chla.org/site/c.iplNKTOAJsG/b.4991943/k.81B0/Chronic_Pain.htm | 4650 Sunset Blvd, MS#12, Los Angeles, CA 90027; Tel: 323.361.7686 | Jeffrey I. Gold, PhD | Multidisciplinary and comprehensive biopsychosocial pain evaluation, individual, family, and group psychotherapy, medication management, regional anesthesia, acupuncture, massage, clinical hypnotherapy, biofeedback training, stress/pain management groups, cognitive behavioral interventions, peer group counseling with specialty modules (i.e., mindfulness meditation, yoga, jewelry making, music), physical and occupational therapy. |
| CA | Los Angeles | UCLA Pediatric Pain Program • Pediatric Pain Clinic (outpatient) • Whole Child LA (outpatient) | David Geffen School of Medicine at UCLA | http://www.mattel.medsch.ucla.edu/pedspain http://www.wholechildla.org | 22-464 MDCC, 10833 Le Conte Ave, Los Angeles, CA 90095-1752 Tel: 310.825.0731 Fax: 310.794.2104 | Lonnie Zeltzer, MD | Integrative biopsychosocial evaluation and treatment, with psychological and physical therapies, hypnotherapy, biofeedback, music and art therapy, lyengar yoga, acupuncture, meditation, and craniosacral therapy. <i>*2009 Recipient of the American Pain Society Clinical Center of Excellence in Pain Management</i> |
| CA | San Diego | Chronic Pain Program (outpatient) | Rady Children's Hospital | http://www.rchsd.org/ourcare/programs/services/c-chronicpainprogram/index.htm | Rady Children's Hospital, Chronic Pain Program, MC 5122, 3020 Children's Way, San Diego, CA 92123 Tel: 858.576.1700 ext 2678 | Pritha Dalal, MD, Denise Givens, C-FNP | Medical evaluation and management, acupuncture, biofeedback, cognitive-behavioral therapy, physical therapy, healing touch, child life |
| CA | San Francisco | Pediatric Integrative Pain Clinic (outpatient) | University of California San Francisco Children's Hospital | http://www.ucsfchildrenshospital.org/ | 2330 Post Street, 3rd Floor, San Francisco, CA 94115 Tel: 415.885.7478 | David K. Becker, MD, MPH | Clinicians work collaboratively with child's other doctors, child's school, mental health providers and complementary medicine providers to develop a holistic plan of care |

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| CA | Palo Alto | Pediatric Pain Management Service • Chronic Pain Management Clinic • Inpatient Pain Assessment and Interventional Management Program • Comprehensive Outpatient Pediatric Pain Rehabilitation Program | Packard Children's Hospital at Stanford, Stanford Children's Health | http://pedsanesthesia.stanford.edu/patient_care/pain.html | Hospital: 725 Welch Road, Palo Alto, CA 94306 Clinic & Rehab Program: 321 Middlefield Road, Menlo Park, CA 94025 Tel: 650-726-4000 (inpatient team) Tel: 650-724-0104 (administrative office) Tel: 800-995-5724 (clinic and rehab referrals) Fax: 888-290-4566 | Elliot Krane, MD | Multidisciplinary therapy by pediatricians, anesthesiologists, physical & occupational therapists, clinical child psychologists and child psychiatrists. Interventional techniques, medical therapy, intensive physical therapy, psychotherapy, acupuncture, biofeedback, hypnosis |
| CO | Aurora | Pain Consultation Services - Acute/Chronic (outpatient program) | Children's Hospital Colorado | http://www.childrenscolorado.org/ | 13123 East 16th Avenue, Aurora, CO 80045 Tel: 720-777-6700 | Robin Slover, MD or Sheryl Kent, PhD | Comprehensive, outpatient biopsychosocial evaluation and treatment with an interdisciplinary team including physicians, psychologists, nurse practitioners, physical and occupational therapists, social worker, and nurses. Medication management and interventional therapies, biofeedback, hypnosis and relaxation therapies, individual and group psychotherapy, and cognitive behavioral interventions. Inpatient admissions for complex regional pain syndrome as needed with intensive physical therapy and psychotherapy. |
| CT | Hartford | Division of Pain Medicine • Inpatient Pain Program • Chronic Pain Program (outpatient) | Connecticut Children's Medical Center | http://www.connecticutchildrens.org/our-care/pain-and-palliative-medicine/ | 282 Washington St., Hartford, CT 06106 Tel: 860-837-5207 Fax: 860-837-5209 | Laura Miele, RN, William T. Zempsky, MD | Comprehensive interdisciplinary evaluation and treatment including care coordination, physical and occupational therapy, medication management, biofeedback and integrative medicine strategies, psychological counseling, school reintegration. <i>*2014 Recipient of the American Pain Society Clinical Center of Excellence in Pain Management</i> |

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| DC | Washington | | | www.childrensnational.org | | | |
| | | (i) Complex Pain Management Center (outpatient) | Children's National Medical Center/Sheikh Zayed Institute for Pediatric Surgical Innovation | | (i) Tel: (202)476-1210 | Sean Alexander, MD Angela Fletcher, PsyD | Interdisciplinary pain center that includes evaluation and treatment of various forms of chronic pain syndromes. Services provided include regional anesthesiology, medication management, physical therapy, regional anesthesiology, acupuncture, cognitive behavioral therapy, sleep hygiene education, biofeedback training, relaxation training, acceptance and mindfulness based therapies, and school liaison/reintegration. |
| | | (ii) Comprehensive Headache Program (outpatient) | Children's National Medical Center/Sheikh Zayed Institute for Pediatric Surgical Innovation | | (ii) Tel: (202)476-4323 | Marc DiSabella, MD Angela Fletcher, PsyD | Interdisciplinary program provides evaluation and treatment to children and adolescents presenting with acute and recurrent headaches contributing to various levels of functional impairment. Services provided include medication management, regional anesthesiology, acupuncture, cognitive behavioral therapy, sleep hygiene education, biofeedback training, relaxation training, and school liaison/reintegration. |
| DE | Wilmington | Integrated Pain and Wellness Program (outpatient) | Nemours/Alfred I. duPont Hospital for Children | http://www.nemours.org/service/medical/painmanagement.html | 1600 Rockland road, Wilmington, DE 19803 Tel: 302-298-7778 Fax: 302-651-4543 | Katherine Salamon, PhD | Multidisciplinary biopsychosocial pain evaluation, individual and family psychotherapy, stress and pain skills group, social work, physical and occupational therapy, medication management, massage, healing touch, biofeedback training |
| FL | Gainesville | UF Health Pediatric Pain Medicine Service (outpatient) | UF Health | http://anest.ufl.edu/clinical-divisions/pain-medicine/pain-medicine-research/pain-medicine-faculty/galaxy-li-md/ | Dept of Anesthesiology, PO Box 100254, Gainesville FL 32610; Tel: 352-265-0077 Tel: 352-594-1822 Fax: 352-627-4160 | Galaxy Li, MD | A physician-led, multidisciplinary practice that incorporates pediatric pain medicine, pediatric pain psychology, and physical therapy for comprehensive treatment plans that may include various interventional techniques. |

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| FL | Jacksonville | Center for Pediatric Chronic Pain, Nemours Children's Specialty Care | Wolfson Children's Hospital | http://www.nemours.org/locations/florida/jacksonville/pediatric-specialties.html | 807 Children's Way Jacksonville, F.32207 Tel: 904-202-8275 Fax: 904-396-1630 | Robert Bryskin, MD Monica Hicks | Interdisciplinary Pain management with physical therapy and child psychology services, Pain management procedures, medical services and in-patient services if needed. |
| GA | Atlanta | Center for Pain Relief • Outpatient Clinic Inpatient Pain • Assessment and Management | Children's Healthcare of Atlanta | http://www.choa.org/Childrens-Hospital-Services/Pain-Relief | 5455 Meridian Mark Road, Suite 200, Atlanta, GA 30342 Tel: 404-785-6220 | Dr. Claudia Venable | Interdisciplinary pain clinic staffed by pediatric anesthesiologists, nurse practitioners, pediatric psychologists and a nurse. Services include comprehensive evaluation, medication management and psychological services. Inpatient service includes medication management, pain management procedures (blocks and injections), cognitive-behavioral therapy, hypnosis, biofeedback and other relaxation techniques. |
| IL | Chicago | The RIC Center for Pain Management • Adolescent Pain Management Program | Rehabilitation Institute of Chicago | http://www.ric.org/paincenter | 980 N Michigan Ave, Suite 800, Chicago, IL 60611 Tel: 312.238.1113 (Dr. Revivo) Tel: 312.238.7827 (Dr. Amstutz) | Gadi Revivo, DO; Diane Amstutz, PhD | Interdisciplinary pain management with physical and occupational therapy, biofeedback, psychological services, and medical services, including inpatient beds available for those who medically require that level of care. |

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| IL | Chicago | Chronic Pain Management Program (outpatient) | Ann and Robert H. Lurie Children's Hospital of Chicago | https://www.luriechildrens.org/en-us/care-services/specialties-services/anesthesiology/chronic-pain-treatment/Pages/index.aspx | Ann and Robert H. Lurie Children's Hospital of Chicago, 225 E. Chicago Avenue, Box 19, Chicago, IL 60611 Tel: 312-227-5157 | Ravi Shah, MD Dave Krodel, MD Santhanam Suresh, MD Patrick Birmingham, MD Elizabeth DeAngelis APN/NP | Multidisciplinary pain clinic staffed by a pediatric anesthesiologist, advanced practice nurse, clinical psychologist, physical therapist and massage therapist. The clinic offers a comprehensive evaluation including medication management, pain management procedures, (nerve blocks, trigger points and epidural steroid injections) counseling, acupuncture, massage and relaxation techniques. |
| IN | Indianapolis | Riley Pain Center (outpatient) | Riley Hospital for Children | http://iuhealth.org/riley/pain-management/ | 705 Riley Hospital Drive, Indianapolis, IN 46202 317-948-7040 | Robin Hinton, B.A. Eric Scott, Ph.D., Director | Interdisciplinary evaluations, treatment plan development among pediatric anesthesiologists, psychologists, nurses and physical therapists. Therapeutic interventions include individual and family therapy (Cognitive behavioral in nature), medication management, interventional techniques, physical therapy, biofeedback, acupuncture and hypnosis. |
| KY | Louisville | Children's Health & Inness Recovery Program (CHIRP) - Kosair Children's Hospital & Bingham Clinic (outpatient clinic and pediatric inpatient consultations) | University of Louisville School of Medicine Pediatrics Child Psychiatry & Psychology | http://louisville.edu/chirp/ | 200 E. Chestnut St. Louisville, KY 40202 Tel: (502) 588-0811 | Bryan Carter, PhD | Psychological intervention component to an interdisciplinary collaborative management program for pediatric patients with painful and fatiguing conditions. CHIRP consists of a manualized-workbook driven cognitive behavioral and systems intervention coordinated with the patient's referring physician, appropriate specialists, school advocacy, physical therapy, biofeedback, and psychiatric services, as needed on an individualized basis. |

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| MA | Boston and Waltham | Division of Pain Medicine | | | | Charles Berde, MD, PhD | <i>*2011 Recipient of the American Pain Society Clinical Center of Excellence in Pain Management</i> |
| | Boston | (i) Pediatric Chronic Pain Program | Boston Children's Hospital | (i) http://www.childrenshospital.org/clinicalservices/Site1897/mainpageS1897P0.html | (i) 300 Longwood Avenue, Boston, MA, 02115 Tel: 617.355.7040 | (i) Neil Schechter, MD, FAAP | (i) Interdisciplinary chronic pain program providing comprehensive evaluation and ongoing management by physicians, psychologists, physical therapists, and nurses. Access to a wide range of medical consultation is also available. Available services include: care coordination, medication management, regional anesthetic approaches, physical and occupational therapy, cognitive behavioral therapy, psychological counseling, biofeedback, acupuncture, and school liaison. |
| | Waltham | (ii) Pediatric Chronic Headache Program | Boston Children's Hospital | (ii) http://www.childrenshospital.org/~link.aspx?_id=F9FB2C35B3DA4001B5C44D61244617BA&_z=z | (ii) 9 Hope Avenue, Waltham, MA, 02453 Tel: 781.216.1960 Fax: 781.216.2540 | (ii) Alyssa LeBel, MD | (ii) Interdisciplinary chronic and intractable headache program offering comprehensive evaluation, education, and ongoing management by pediatric neurologists and headache specialists, pain psychologists, and nurses. Additional services include physical and occupational therapy, occipital nerve blocks, trigger-point injections, intravenous dihydroergotamine, cognitive behavioral therapy, psychological counseling, biofeedback, acupuncture, Reiki, school liaison, inpatient IV admissions, research and care coordination. |
| | Waltham | (iii) Medical Acupuncture Service | Boston Children's Hospital | (iii) http://www.childrenshospital.org/clinicalservices/Site1887/mainpageS1887P0.html | (iii) 9 Hope Avenue, Waltham, MA, 02453 Tel: 781.216.3700 | (iii) Yuan-Chi Lin, MD | (iii) Acupuncture services for chronic pain |

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| MA | Waltham | (iv) Mayo Pediatric Pain Rehabilitation Center (day treatment program) | Boston Children's Hospital | (iv) http://www.childrenshospital.org/clinicalservices/Site2585/mainpageS2585P0.html | (iv) 9 Hope Avenue, Waltham, MA, 024523 Tel: 781.216.1650 | (iv) Navil Sethna, MD, FAAP Judy Gaughan, RN, MS | (iv) The Mayo Family Pediatric Pain Rehabilitation Center (PPRC) at Children's Hospital Boston at Waltham is a day hospital intensive rehabilitation program that serves the needs of children and adolescents with chronic musculoskeletal and neuropathic pain conditions, chronic functional abdominal pain and chronic daily headaches. The program admits children and adolescents from the ages of 8 to 18 who have failed conventional outpatient treatment. The interdisciplinary treatment team include a nurse clinical coordinator, physical and occupational therapists, recreational therapist, clinical psychologists, and attending pediatric pain medicine physicians. |
| MA | Boston | Pediatric Pain Program | Massachusetts General Hospital for Children (MGHfC) | http://www.massgeneral.org/children/services/treatmentprograms.aspx?id=1619 | 55 Fruit Street, Yawkey Bldg. Suite 8B, Boston, MA 02114 Tel: 617-643-7246 | Pascal Scemama de Gialluly, MD, MBA; Lisa Watt, PNP | Interdisciplinary pain clinic staffed by anesthesiologists and an advanced practice nurse. Available services include: biopsychosocial pain evaluation, care coordination, medication management, and regional anesthetic techniques (nerve blocks, spine injections). Clinicians work collaboratively with child's referring doctor, PCP, mental health providers, and physical & occupational therapists to develop a comprehensive plan of care. |
| MI | Detroit | Children's Hospital of Michigan Pediatric Pain Management Program | Children's Hospital of Michigan | http://www.childrensdmc.org/?id=1814&sid=1 | 3901 Beaubien, Detroit, MI 48201 Tel: 313-745-4049 | Elissa Potter, RN, BSN | Multidisciplinary evaluation and treatment by pediatric anesthesiologist certified in pediatric pain management, psychologist, pharmacist, and nursing. We offer medical and pharmacological management, local and regional anesthetic interventions, and cognitive behavioral therapy. |

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| MD | Baltimore | Pediatric Pain Rehabilitation Program (outpatient and inpatient programs) | Kennedy Krieger Institute | www.kennedykrieger.org | 707 North Broadway, Baltimore, MD 21205 Tel: 888.554.2080 Tel: 443-823-9440 | Regina Byan | Outpatient interdisciplinary evaluation, treatment and follow-up services. Inpatient and extensive day program for comprehensive rehabilitation of patients with complex needs and pain-associated disability. The team includes pediatricians, physical medicine physicians, anesthesiologists, physical therapists, occupational therapists, pediatric psychologists, neuropsychologists, social workers, educators, therapeutic recreation and child life therapists. |
| MN | Minneapolis | Interdisciplinary Pain Clinic (outpatient evaluation & treatment; day treatment program to start 2016) | Children's Hospitals and Clinics of Minnesota | http://www.childrensmn.org/services/pain-program | 2525 Chicago Ave. S. Mail Stop 32-T5 Minneapolis, MN 55404 Tel: 612.813.7888 | Stefan Friedrichsdorf, MD, FAAP | The interdisciplinary pain clinic manages acute, chronic/complex, and recurrent pain in children and teens 0-17 years in a specifically designed "Healing Environment" clinic. The team of pediatric experts include physicians, nurse practitioners, physical therapists, psychologists, social worker/family therapists. For the initial evaluation, the patient & family will usually be seen by the whole team at the same time in the same room. Recommendations for interdisciplinary treatment and follow-up are made at the end of the initial evaluation, with follow-up usually consisting of individual appointments with physical therapy, psychology, family therapy, as well as medical re-evaluation. <i>*2013 Recipient of the American Pain Society Clinical Center of Excellence in Pain Management</i> |

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| MN | Rochester | Pediatric Chronic Pain Clinic | Mayo Clinic | http://www.mayoclinic.org/pain-medicine-rst/ | 200 First Street SW, Rochester MN 55905 Tel: 507.266.9670 | Robert T. Wilder MD | |
| | | (i) Chronic Pain Clinic (outpatient) | | | | (i) Tracy Harrison, MD | (i) The Mayo Clinic Pediatric Pain Clinic is a multidisciplinary team consisting of anesthesiologists, physical medicine physicians, and pediatric psychologists. Patients are referred by the Mayo Clinic physician coordinating care during the patient's evaluation at Mayo Clinic. Patients may see one to three specialists with expertise in treating chronic pain in children and adolescents. Pain Clinic recommendations are customized to the needs of the individual patient. Treatment recommendations are shared with the patient, the patient's family attending the Pain Clinic appointment(s), and the referring Mayo Clinic provider to be integrated into the patient's overall treatment plan. The treatment plan is to be shared with patients' primary provider so that families can work with their local providers to promote a return to wellness. |
| | | (ii) Pediatric Pain Rehabilitation Program (day hospital) | | | | | (ii) This is a three-week outpatient hospital-based program with team consisting of pediatric pain physician, psychologists, physical therapists, nurses, nutritionist, etc. Physical therapy, biofeedback, recreational therapy, as well as parental programming is available for all participants. Goals are gradual return to school planning, increased physical activity, medication management. We have 'rolling admission' meaning we admit nearly every day; program is for patients 12-21. |

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| MO | Kansas City | Comprehensive Pain Management Program | Children's Mercy | Twitter: @CMHPain | 2401 Gillham Road Kansas City, MO 64108 | Daniel Millspaagh, MD | | | |
| | | (i) Complex Pain Management | | (i) http://www.childrensmercy.org | | (i) Tel: 816-983-6750 | | Daniel Millspaagh, MD | (i) Interdisciplinary evaluation and treatment of children and adolescents with idiopathic or disease-related chronic pain. Services include medication management, physical therapy, acupuncture, aromatherapy, yoga, massage therapy, biofeedback, hypnosis, and cognitive-behavioral and acceptance-based psychotherapy. |
| | | (ii) Comprehensive Headache Clinic | | (ii) http://www.childrensmercy.org | | (ii) Tel: 816-983-6750 | | Jennifer Bickel, MD Mark Connelly, PhD | (ii) Interdisciplinary evaluation and management of children and adolescents who have headaches associated with moderate to severe functional disability or whose headaches have not responded to initial medical treatments. Services include medication management, nerve blocks, acupuncture, aromatherapy, outpatient infusion, school reintegration, coping skills training, self-hypnosis training, biofeedback, and massage therapy. |
| | | (iii) Rehabilitation for Amplified Pain Syndrome (RAPS) Program | | (iii) http://www.childrensmercy.org/RAPS/ | (iii) Tel: 816-983-6750 | Cara Hoffart, DO, Medical Director, & Dustin Wallace, PhD, Director of Behavioral Health | (iii) Interdisciplinary inpatient and outpatient day treatment program that treats children with chronic pain who have tried outpatient treatments but are still unable to function normally. The program typically lasts 3-4 weeks depending on each patient's unique needs. Team members guide patients through daily activities to help restore normal function, including physical and occupational therapy, yoga, relaxation techniques, stress-management training, and music and art therapy. Individual and group cognitive behavioral and acceptance-based therapy, as well as parent groups, also are provided to support patients and families throughout the program. | | |

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| | | (iv) Abdominal Pain Clinic | | (iv) http://www.childrensmercy.org/abpain | (iv)Tel: 816-983-6975 | Craig Friesen, MD, Jennifer Schurman, PhD | (iv) Integrated multidisciplinary approach to the assessment, diagnosis, and treatment of children/adolescents with chronic and/or recurrent abdominal pain. Evaluations by a pediatric gastroenterologist, pediatric psychologist, and advance practice nurses. Interventions include medication management, biofeedback-assisted relaxation training, cognitive-behavioral therapy, graduated school reentry, and physical therapy. |
| MO | St Louis | St Louis Children's Hospital Pain Management Clinic (Outpatient clinic) | St. Louis Children's Hospital | http://www.stlouischildrens.org/our-services/pain-management-clinic | #1 Children's Place Suite 5S 31 St. Louis, Mo 63110 | Lynne Sterni, MD, Charles Schrock, MD | Multi-disciplinary evaluation and treatment by pain physicians, nurse practitioners, pain psychologists, and physical therapists. Social work services available as needed. Medical management, interventional nerve blocks, ongoing individual psychotherapy and cognitive-behavioral therapy to include relaxation techniques, hypnosis, biofeedback available as indicated. |

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| NJ | New Brunswick | Pediatric Chronic Pain Center (Inpatient and outpatient) | Children's Specialized Hospital | http://www.childrens-specialized.org/programs-and-services/inpatient-programs/chronic-pain-management | Children's Specialized Hospital, 200 Somerset Street, New Brunswick, NJ 08901, Phone: 888-CHILDREN x7065 | Katherine Bentley, MD chronicpainprogram@childrens-specialized.org | Multidisciplinary Pediatric Chronic Pain Center includes physician, physical therapy, occupational therapy, psychology, yoga, aquatics, parent education/support and child life services. The program is for children and adolescents with chronic pain and related functional impairment. The goal upon discharge is for the child/adolescent to return to all normal activities, including school and extracurricular involvements, without any physical modifications. |
| NY | New York | Pediatric Pain Management Center (outpatient) | Morgan-Stanley Children's Hospital of New York | http://childrensnyp.org/mschony/pain-medicine.html | Division of Pediatric Pain, Symptom Management and Palliative Care, Columbia University Departments of Anesthesiology and Pediatrics, 622 West 168th Street, New York, NY 10032 Tel: 212.305.7114 | William Schechter, MD; John Saroyan, MD; Mary Tresgallo, DNP | Comprehensive pediatric pain and symptom management |

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| OH | Cincinnati | | Cincinnati Children's Hospital Medical Center | | Division of Pain Management, Cincinnati Children's Hospital Medical Center, 3333 Burnet Avenue, ML #2001 Cincinnati, OH 45229-3039 Tel: 513.636.7768 Fax: 513.636.2920 | | | |
| | | Pain Management Center | | http://www.cincinnatichildrens.org/service/p/pain/default/ | | | Kenneth Goldschneider, MD | Interdisciplinary Chronic Pain Clinic, inpatient acute medical pain service, collaboration with Epidermolysis Bullosa Clinic, Eczema Clinic and Connective Tissue Disorder Clinic; ACGME accredited pediatric pain fellowship <i>*2007 Recipient of the American Pain Society Clinical Center of Excellence in Pain Management</i> |
| | | Functional Independence Restoration (FIRST) Program | | http://www.cincinnatichildrens.org/service/functional-independence/default/ | | | John Rose, MD; Sara Williams, PhD | FIRST is an inpatient pain rehabilitation program for patients ages 10-18 years old with a chronic pain condition such as AMPS, CRPS, and fibromyalgia. Prior to admission, patients need to complete outpatient assessment and/or treatment through the Pain Management Center. Patients with ongoing pain and disability whose diagnostic testing is complete are candidates for the program, which is aimed at improving function. Our interdisciplinary team includes pain and rehabilitation medicine, nursing, psychology, physical/occupational/recreation therapy, child life, school, music therapy, nutrition, and holistic health. |

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| OH | Cleveland | Pediatric Pain Rehabilitation Program (inpatient and day hospital program) | Cleveland Clinic Children's Hospital | http://my.clevelandclinic.org/childrens_hospital/departments/rehabilitation_services/programs/pediatric_pain_rehab.aspx | Cleveland Clinic Children's Hospital, Shaker Campus, 2801 Martin Luther King Jr. Drive/CR-11, Cleveland, Ohio 44104-3865 Tel: 216.448.6253 | Gerard A. Banez, PhD | Our core pain service is a three-week interdisciplinary pain rehabilitation program providing inpatient and day hospital care for children and adolescents with chronic pain and related functional impairment. The primary goals of the program are to help children manage their pain effectively and to restore daily activity. In addition to the inpatient/day hospital program, we offer an interdisciplinary pain assessment clinic; individual and group PT, OT, psychological, and psychiatry services; coordinated outpatient therapies; and a day treatment program. Our program is the only CARF-accredited interdisciplinary pain rehabilitation program dedicated to children. <i>*2015 Recipient of the American Pain Society Clinical Center of Excellence in Pain Management</i> |
| OH | Columbus | Comprehensive Pain Services • Comprehensive Pain Management Clinic (outpatient) • Pain Management Service (inpatient) • Palliative Medicine (outpatient and inpatient) | Nationwide Children's Hospital | www.nationwidechildrens.org (Search subject: Pain Service) | Nationwide Children's Hospital, 700 Children's Drive, Columbus, OH 43205 Tel: 614.722.4205, Fax: 614.355.2878 | Timothy P. Smith, MD Sharon Wrona, DNP, PNP, APMHA Kim Stultz | Comprehensive multidisciplinary outpatient pain management for infants, children, adolescents and young adults in two locations. The Clinic provides personalized complex patient evaluation and integrative pain management program. Care provided by interdisciplinary team including physician, psychologist, physical therapist, social work, acupuncturist, and massage therapist. Services also include acupuncture, cognitive behavioral therapy, biofeedback, relaxation training, aromatherapy, nutritional guidance, parent coaching and support, and school liaison. |
| OH | Dublin | Center for Pediatric and Adolescent Pain Care (outpatient program) | Private practice | http://www.pediatricpaincare.com | 5060 Bradenton Ave, Suite-B, Dublin OH 43017 Tel: 614-889-6422 | Alexandra Nielson, Michael Joseph, MD | Comprehensive pediatric pain and symptom management including: medical management, biofeedback, acupuncture, individual and family counseling. |

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| OK | Oklahoma City | Pediatric Pain Management (outpatient program) | The Children's Hospital at OU Medical Center | http://www.oumedicine.com/body.cfm?id=6427 | 825 NE 10th St., 2nd Floor, Suite 2300, Oklahoma City, OK 73104 Tel: 405-271-7255 (pain clinic) Tel: 405-271-4989 (pain management nurse) | Cristina Rhodes, DO | A multidisciplinary outpatient clinic consisting of pediatric anesthesiologists, a nurse practitioner, and a psychologist. The clinic offers medical management, psychological pain management and biofeedback for a variety of chronic pain conditions. |
| OR | Portland | Pediatric Pain Management Center • Pediatric Pain Clinic (outpatient) • Coping Clinic (outpatient) | OHSU Doernbecher Children's Hospital | http://www.ohsu.edu/xd/health/services/clinics/PainManagementCenterPediatrics.cfm | OHSU Doernbecher Children's Hospital, 3181 SW Sam Jackson Park Rd., Portland, OR 97239 Tel: 503.418.5188 | Jeffrey Koh, MD | Interdisciplinary pain clinic staffed by pediatric anesthesiologists, a physical therapist, pediatric psychologists, and nurses. Services include comprehensive evaluation, medication management, physical therapy, acupuncture, biofeedback and relaxation training, cognitive-behavioral therapy, school liaison <i>*2008 Recipient of the American Pain Society Clinical Center of Excellence in Pain Management</i> |
| PA | Hershey | Pediatric Chronic Pain Clinic (outpatient) | Penn State Milton S. Hershey Medical Center | http://www.pennstatehershey.org/web/anesthesia/patientcare/services/pediatric-chronic-pain | Penn State Milton S. Hershey Children's Hospital Pediatric Chronic Pain Clinic 500 University Drive UPCII, Suite 1100 Hershey, PA 17033 Tel: 717-531-6834 Fax: 717-531-4143 | James Mooney, MD Virginia Thompson, CRNP | Staffed by a pediatric anesthesiologist and a nurse practitioner, the clinic addresses the needs of a wide variety of pain related conditions using a multimodal approach. |

Pediatric Chronic Pain Programs by State/Province

| State/Province | City | Program Name | Hospital Name | Website | Program Address and Contact Numbers | Main Contact(s) | Services Provided |
|----------------|--------------|--|--|---|--|--|---|
| PA | Philadelphia | (i) Pain Management Program | (i) The Children's Hospital of Philadelphia | (i) http://www.chop.edu/service/pain-management-program/ | (i) Tel: 215.590.1409 | (i) Francis Wickham Kraemer, MD | (i) Comprehensive inpatient and outpatient evaluation and therapy for infants, children and adolescents with acute and chronic pain. Multi-modal therapy for acute pain management including medications, regional blocks and catheters for outpatient management. An interdisciplinary team provides outpatient evaluation and care for chronic pain using medication management, cognitive behavioral therapy, relaxation and biofeedback training and as well as physical/occupational therapy and complementary acupuncture. Composed of physician, nurse practitioner and psychology providers. |
| | | (ii) Amplified Musculoskeletal Pain Syndrome (AMPS) Program | (ii) The Children's Hospital of Philadelphia | (ii) http://www.chop.edu/centers-programs/center-amplified-musculoskeletal-pain-syndrome#.VjjhOrflvcs | (ii) Tel: 215.590.7234 ampsprogram@email.chop.edu | (ii) David D. Sherry, MD | (ii) Program provides an interdisciplinary team including a physician, nurse practitioner, 3 psychologists (psychiatry referrals as needed), physical therapists, occupational therapists, music therapist, art therapist, social worker, and support staff. Services include intensive physical, occupational, and psychological/creative arts therapies to restore function (no pain medications used). The program is daily Monday – Friday (8am – 4pm) and lasts an average of 3-4 weeks. Patients are categorized as inpatient or day-hospital, based on need and/or insurance coverage. |
| | | (iii) Pediatric Headache Program | (iii) The Children's Hospital of Philadelphia | (iii) http://www.chop.edu/centers-programs/pediatric-headache-program#.Vj68X66rSqB | (iii) 34th Street and Civic Center Blvd, Philadelphia, PA T: 215-590-1719 F: 215-590-2223 | (iii) Christina Szperka, MD | Interdisciplinary chronic and intractable headache program that offers comprehensive evaluation, education and ongoing management of headaches by pediatric neurologists (board certified in pediatric headache), nurse practitioner, pain psychologist, social worker and nurses. Additional services include occipital nerve blocks, botox injections, cognitive behavioral therapy, inpatient IV admissions (e.g., DHE), research and care coordination. |

Pediatric Chronic Pain Programs by State/Province

| State/ Province | City | Program Name | Hospital Name | Website | Program Address and Contact Numbers | Main Contact(s) | Services Provided |
|--------------------|------------|--|---------------------------|---|--|---|--|
| TX | Fort Worth | Pediatric Pain Management Program • Inpatient pain service • Outpatient chronic pain clinic | Cook Children's Hospital | www.cookchildrens.org -Search pain management | Dodson Specialty Clinics, Department of Neurosciences, 1500 Cooper St., Fort Worth, TX 76104, Appointments: 682-885-7246, Nurse Coordinator: 682-885-4549 | Artee Gandhi, MD | Multidisciplinary outpatient chronic pain clinic. Evaluation and treatment by a comprehensive team consisting of a pediatric anesthesiologist, nurse coordinator, physical and occupational therapist, social worker, and psychologist. Therapies include medication management, interventional pain procedures, cognitive behavioral therapy, biofeedback, guided imagery, hypnosis, physical therapy, and acupuncture. Inpatient admission for complex regional pain syndrome and chronic pain disorders failing outpatient treatment. |
| TX | Dallas | Pediatric Pain Management Center • Chronic Pain Clinic (outpatient) | Children's Medical Center | http://www.childrens.com/specialties/temp/late.cfm?groupid=9&pageid=258 | Children's Medical Center Dallas, 1935 Medical District Drive, C5204, Dallas, TX 75024 Tel: 214.456.6466 Fax: 214.456.7894 Pager: 972.356.0099 (PIN 18537) | Alan C. Farrow-Gillespie, MD Lynn Clark, RN, C, CPNP | Evaluation from on site psychologists, physical therapists, pharmacists, pediatric pain management nurses, pain medicine physicians; specialty pain clinics for abdominal or headache pain w/ evaluation by neurologists or gastroenterologists |

Pediatric Chronic Pain Programs by State/Province

| State/Province | City | Program Name | Hospital Name | Website | Program Address and Contact Numbers | Main Contact(s) | Services Provided |
|----------------|-----------|--|--|---|--|------------------------|---|
| WA | Seattle | Pain Medicine Program | Seattle Children's Hospital | http://www.seattlechildrens.org/clinics-programs/pain-medicine/ | Seattle Children's Hospital, 4800 Sand Point Way NE, Seattle, WA 98105 Tel: 206.987.1520 | Gary A. Walco, PhD | Interdisciplinary program including anesthesiology, pediatrics, psychology, physical/occupational therapy, and complementary and integrative medicine |
| | | Pain Rehabilitation Program (PReP) | Seattle Children's Hospital | http://www.seattlechildrens.org/clinics-programs/pain-medicine/pain-rehabilitation-program/ | | Sara Chrisman, MD, MPH | Day treatment program (outpatient or inpatient) |
| WI | Milwaukee | Jane B. Pettit Pain and Headache Center | Children's Hospital of Wisconsin, Medical College of Wisconsin | http://www.chw.org/medical-care/pain-management-program/ | 9000 West Wisconsin Ave MS 792 Milwaukee, WI 53226 Tel: 414.266.2775 | Steven J. Weisman, MD | Comprehensive, multidisciplinary pain management for infants, children and adolescents. Services include multimodal analgesic medication prescription and management, pain interventional procedures, individual and family psychotherapy, school consultation, relaxation/meditation techniques, biofeedback, acupuncture, occupational and physical/occupational therapy, case management <i>*2011 Recipient of the American Pain Society Clinical Center of Excellence in Pain Management</i> |

Pediatric Chronic Pain Programs by State/Province

| State/Province | City | Program Name | Hospital Name | Website | Program Address and Contact Numbers | Main Contact(s) | Services Provided |
|----------------|-----------------|--|---------------------------------|--|---|--|--|
| CANADA | | | | | | | |
| AB | Calgary, CANADA | The Vi Ridell Children's Pain & Rehabilitation Center | The Alberta Children's Hospital | www.albertahealthservices.ca/Facilities/ACH/ | 2888 Shaganappi Trail NW Calgary AB CAN T3B 6A8 Tel: 403-955-7430 Fax: 403-955-7606 | | |
| | | (i) The Complex Pain Clinic | | | | (i) Kerryn Carter MB ChB FANZCA, Kelsey Barrie BN RN | (i) The Complex Pain Clinic (CPC) is a multidisciplinary clinic that provides the assessment and treatment to children and families experiencing complex pain. The treatment team includes an attending pediatric anesthesiologist, a registered nurse, physical therapists, clinical psychologists and a family counsellor. Treatments may include individual sessions with all or one of the disciplines within the clinic, medication management or nerve blocks. The treatment and follow up plan is developed based on the needs of the youth and family involved. |
| | | (ii) Headache Clinic | | | | (ii) Lindsay Craddock MN NP, Karen Barlow MD FRCPC | (ii) The headache clinic is a multidisciplinary outpatient clinic that encompasses medical treatment of pediatric headache disorders with the biopsychosocial and lifestyle self-management. The treatment team is led by an NP and/or neurologist and supported by other allied health disciplines as required (psychology, family counsellor, social work, physiotherapy, occupational therapy). Treatments may include attending an initial education session and medical treatment such Botox and nerve blocks as well as psychological interventions encompassing group therapy, 1:1 sessions, biofeedback, CBT, and self-hypnosis. Individualized headache plans are created with input from the specialists and the family. |

Pediatric Chronic Pain Programs by State/Province

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|----------------|-----------------|---|---------------|---------|-------------------------------------|---|---|
| AB | Calgary, CANADA | (iii) Functional Abdominal Program | | | | (iii) Lindsay Craddock MN NP, Steven Martin MD FRCPC. | (iii) The FAP clinic is a multidisciplinary outpatient clinic that provides medical assessment and treatment of pediatric functional abdominal pain. The treatment team is led by gastroenterologists and an and a NP and is supported by allied health specialists including psychology, social work, family therapy, and physiotherapy. Medical assessment is mixed with psychological intervention including group sessions, 1:1 sessions, self-hypnosis, and other relaxation therapies. |
| | | (iv) The Intensive Pain Rehabilitation Program | | | | (iv) Laura Rayner RN MN, Nivez Rasic MD FRCPC. | (iv) The Intensive Pain Rehabilitation program at the Alberta Children's Hospital is a 6 week, outpatient day treatment program for youth aged 8-18. The program admits youth and their families who have impaired functioning due to pain, with lack of progression with conventional outpatient pain treatment. The focus of the program is on self-management and rehabilitation; with the goal of returning the youth and their family to productive physical and psychological functioning within their community. The treatment team includes an attending pediatric anesthesiologist, a clinical nurse specialist, physical and occupational therapists, clinical psychologists, music/art/recreational therapists, a family counsellor and academic support within a hospital based classroom (at the Dr. Gordon Townsend School). Both individual and group therapies are provided through the program. The IPRP youth and families are followed up at 3/6/12 months (and then annually for 2-3 years) after the program to adjust and support functional goals, maintain function and to monitor clinical outcomes. |

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|----------------|-------------------|---|------------------------------|---|---|---|---|
| AB | Edmonton, CANADA | Stollery Pediatric Chronic Pain Clinic | Stollery Children's Hospital | http://www.albertahealthservices.ca/info/service.aspx?id=1019352 | 2E Medicine Clinic Stollery Children's Hospital 8440 112 St. Edmonton, AB T6G 2B7 | Kathy Reid, RN, MN, NP | The Stollery Pediatric Chronic Pain clinic sees children ages 0-17years, 11 months in Edmonton AB. Our catchment area includes Northern Alberta, Northwest Territories, Yukon, and North Eastern British Columbia. Our interdisciplinary team includes anaesthetists, full time nurse practitioner, psychologist, and physiotherapist. Utilizing a bio-psycho-social approach we provide comprehensive care including, assessment and diagnosis, exercise program guided by physiotherapy, and cognitive behavioural therapy, individually and in group sessions (Pain 101). We have created Chronic Pain 35, a course that has been approved by Alberta Education (our provincial government's educational supervisory organization). This course allows high school students to obtain Grade 12 (senior secondary education year in Canada) school credits for attendance and participation in our outpatient chronic pain self-management program. We also provide parent group education session. |
| BC | Vancouver, CANADA | | BC Children's Hospital | http://www.bcchildrens.ca/our-services/clinics/pain-service | 4480 Oak Street Main Hospital Building, Room E400 Vancouver, BC CANADA V6H 3V4 | Dr. Kyle Sue (ksue@ualberta.ca), Dr. Tim Oberlander (toberlander@cw.bc.ca), Dr. Gillian Lauder (glaunder@cw.bc.ca), Sarb Randhawa, RN (srandhawa3@cw.bc.ca) | |
| | | (i) Complex Pain Service | | | | | (i) Inpatients and outpatients. Staffed by one anesthesiologist, a developmental pediatrician, a nurse clinician, a psychologist, and a physiotherapist. |
| | | (ii) Acute Pain Service | | | | | (ii) Inpatients. Staffed by anesthesiologists and a nurse clinician. |

Pediatric Chronic Pain Programs by State/Province

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|---|------------------|---|---|---|---|---|--|
| ON | Toronto, CANADA | Hospital for Sick Children Chronic Pain Clinic (outpatient) | Hospital for Sick Children | http://www.sickkids.ca/Anesthesia/Chronic-Pain-Clinic/aboutus/index.html | Chronic Pain Clinic Department of Anesthesia and Pain Medicine The Hospital for Sick Children 555 University Avenue Toronto, Ontario M5G 1X8 Tel: 416.813.6975 | Stephen Brown, MD | Interdisciplinary outpatient pain clinic located in a tertiary care, pediatric hospital, providing comprehensive pain management to children age 0 – 18. Families participate in an initial comprehensive biopsychosocial pain assessment with our interprofessional team (pain physician, psychologist, nurse, physical therapist and psychiatrist). An outpatient treatment plan is provided including pharmacology, physical therapy and psychological/mind-body treatments. In addition to the initial interdisciplinary comprehensive pain assessment, services provided include psychology, psychiatry, physical and occupational therapy, hydrotherapy, and medication contracts. Group treatments include mindfulness, acceptance and commitment therapies, and full day combined psychological and functional rehabilitation group. |
| QC | Montreal, CANADA | The Montreal Children's Hospital Chronic Pain Center | The Montreal Children's Hospital, McGill University Health Centre | www.cusm.ca | 1001 Decarie Blvd Montreal, Qc, Canada H4A 3J1 514-412-4448 | 514-412-4400 Dr. Pablo Ingelmo, x22465 Christina Rosmus CNS, x23315 | Comprehensive interdisciplinary assessment, plan of care and follow-up with concurrent patient and family sessions with individual therapists; includes physiotherapy, psychology, nursing, social work, anesthesia, providing pharmacological and non-pharmacological interventions as well as interventional blocks to facilitate school/activity maintenance or re-integration and home normality |
| <p>*For More information on the American Pain Society Clinical Centers of Excellence in Pain Management: http://www.americainpainsociety.org/about-aps/awards/clinical-centers-of-excellence-recipients.html</p> | | | | | | | |