

In Childhood

- Ashley, S. (2005). *ADD & AD/HD Answer Book*. Naperville, IL: Sourcebooks, Inc. ISBN 1-4022-0549-X
- Barkley, R.A. (2013). *Taking Charge of AD/HD: The Complete, Authoritative Guide for Parents, Third Edition*. New York: Guilford Publications. ISBN 978-1-4625-0789-4
- Crutsinger, C. & Moore, D. (1997). *ADD Quick Tips: Practical Ways to Manage Attention Deficit Disorder Successfully*. Carrollton, TX: Brainworks, Inc. ISBN 0-944662-05-6
- Hallowell, E.M. & Jensen, P.S. (2008). *Superparenting for ADD: An Innovative Approach to Raising Your Distracted Child*. New York: Ballantine Books. ISBN 978-0-345-49776-5
- Kilcarr, P.J. & Quinn, P.O. (1997). *Voices from Fatherhood: Fathers, Sons & ADHD*. New York: Brunner/Mazel, Publishers. ISBN 0-87630-858-2
- Kutscher, M.L. (2003). *ADHD Book: Living Right Now!* White Plains, NY: Neurology Press. ISBN: 0-9726060-2-5
- Nadeau, K.G., Littman, E.B., & Quinn, P.O. (2006). *Understanding Girls with Attention Deficit Hyperactivity Disorder*. Washington, DC: Advantage Books. ISBN 978-0-9660366-5-7
- Parker, H.C. (2005). *The ADHD Workbook for Parents: A Guide for Parents of Children Ages 2-12 with AD/HD*. Plantation, FL: Specialty Press, Inc. ISBN 1-886941-62-9
- Reimers, C., & Brunger, B.A. (2006). *ADHD in the Young Child: A Guide for Parents and Teachers of Young Children with AD/HD*. Plantation, FL: Specialty Press, Inc. ISBN 1-886941-32-7
- Rief, S.F. (2008). *The ADHD Book of Lists: A Practical Guide for Helping Children and Teens with Attention Deficit Disorders, Second Edition*. San Francisco, CA: Jossey-Bass. ISBN 978-0-470-18970-2
- Rief, S.F. (2008). *The ADD/ADHD Checklist: A Practical Reference for Parents and Teachers, Second Edition*. San Francisco, CA: Jossey-Bass. ISBN 978-0-470-18970-2

In Adolescence

- Dendy, C.A.Z. (2006). *Teenagers with ADD & AD/HD: A Guide for Parents & Professionals (Second Edition)*. Bethesda, MD: Woodbine House. ISBN 1-890627-31-3
- Dendy, C. A. Z. (2011). *Teaching Teens with ADD, ADHD & Executive Function Deficits (Second Edition)*. Bethesda, MD: Woodbine House. ISBN 978-1-60613-016-2
- Nadeau, K.G. (1998). *Help4ADD@HighSchool*. Bethesda, MD: Advantage Books. ISBN 0-9660366-1-1

In Adulthood

- Barkley, R.A. (2010). *Taking Charge of Adult ADHD*. New York: The Guilford Press. ISBN 978-1-60623-338-2
- Gordon, M. & McClure, F.D. (1996). *The Down & Dirty Guide to Adult Attention Deficit Disorder*. DeWitt, NY: GSI Publications. ISBN 0-9627701-9-1
- Kelly, K. & Ramundo, P. (1993). *You Mean I'm Not Lazy, Stupid or Crazy?! A Self-Help Book for Adults with Attention Deficit Disorder*. Cincinnati, OH: Tyrell & Jerem Press. ISBN 1-882522-00-1
- Murphy, K.R. & LeVert, S. (1995). *Out of the Fog: Treatment Options & Coping Strategies for Adult ADD*. New York: Hyperion. ISBN 0-7868-8087-2
- Nadeau, K.G. (1996). *Adventures in Fast Forward: Life, Love, and Work for the ADD Adult*. New York: Brunner/Mazel. ISBN 0-87630-800-0
- Tuckman, A. (2009). *More Attention, Less Deficit: Success Strategies for Adults with AD/HD*. Plantation, FL: Specialty Press, Inc. ISBN 978-1886941748
- Tuchman, A. (2012). *Understand Your Brain, Get More Done: The Executive Functions Workbook*. Plantation, FL: Specialty Press, Inc. ISBN 978-1886941397

Books for Kids:

- Corman, C.A. & Hallowell, E.M. (2006). *Positively ADD: Real Success Stories to Inspire Your Dreams*. New York: Walker & Company. ISBN 0-8027-8988-9
- Goldstein, S. (2009). *Some Kids Just Can't Sit Still!* Plantation, FL: Specialty Press, Inc. ISBN 978-1-886941-73-1

- Gordon, M. (1991). *Jumpin' Johnny Get Back to Work!*. DeWitt, NY: GSI Publications. ISBN 0-9627701-1-6
- Janover, C. (1997). *Zipper, the Kid with AD/HD*. Bethesda, MD: Woodbine House, Inc. ISBN 0-933149-95-6
- Taylor, J.F. (2006). *The Survival Guide for Kids with ADD or AD/HD*. Minneapolis, MN: Free Spirit Publishing. ISBN 978-1-57542-195-7
- Watson, R. (2000). *The ADDED Touch: Spend the day with Matthew, a first grader with Attention Deficit Disorder*. Harrisburg, PA: Silver Star Publications. ISBN 0-9676529-0-1
- Weiner, E. (1999). *Taking ADD to School*. Valley Park, MO: JayJo Books, LLC. ISBN 1-891383-06-X
- Zimmett, D. (2001). *Eddie Enough!* Bethesda, MD: Woodbine House, Inc. ISBN 1-890627-25-9

Books Addressing Problems with Executive Functioning

- Cooper-Kahn, J. & Dietzel, L. (2008). *Late, Lost, and Unprepared: A Parent's Guide to Helping Children with Executive Functioning*. Bethesda, MD: Woodbine House. ISBN-13: 978-1-890627-84-3
- Dawson, P. & Guare, R. (2009). *Smart but Scattered: The Revolutionary "Executive Skills" Approach to Helping Kids Reach Their Potential*. New York: Guilford Press. ISBN 978-1-59385-445-4
- Guare, R., Dawson, P. & Guare, C. (2013). *Smart but Scattered Teens: The "Executive Skills" Approach to Helping Teens Reach Their Potential*. New York: Guilford Press. ISBN 978-1-60918-229-8
- Kutscher, M.L. & Moran, M. (2009). *Organizing the Disorganized Child: Simple Strategies to Succeed in School*. New York: HarperCollins. ISBN 978-0-06-179741-5

Books Addressing Problems with Emotion Dysregulation & Oppositional Behavior:

- Greene, R.W. (2001). *The Explosive Child: A New Approach for Understanding and Parenting Easily Frustrated, Chronically Inflexible Children (Second Edition)*. New York: Quill/HarperCollins Publishers. ISBN 0-06-093102-7
- Kazdin, A.E. (2008). *The Kazdin Method for Parenting the Defiant Child*. Boston: Mariner Books/Houghton Mifflin Harcourt. ISBN 978-0-547-08582-1

Resources on the Web...

Helpful locations on the Web that provide credible, up-to-date information concerning ADHD include:

- ❖ **www.chadd.org** – Home page for *Children and Adults with Attention Deficit Disorders* [CHADD], a national advocacy and support group for individuals with ADHD and their families. Provides extensive information concerning AD/HD, as well as useful links to other sites on the web with credible information about AD/HD.
- ❖ **www.help4AD/HD.org** – Home page for the *National Resource Center on AD/HD*, which provides useful information and links to other credible sites on the Web.
- ❖ **www.helpforadd.com** – Web site maintained by David Rabiner, Ph.D., a researcher and clinician at Duke University. Dr. Rabiner produces a regular newsletter concerning recent research on AD/HD, and posts prior issues of his newsletter on this site. You can also subscribe to receive future issues of his newsletter via e-mail.
- ❖ **www.additudemag.com** – Home page for *ADDitude Magazine*, a bi-monthly magazine written for and by those living with ADHD. In the last couple of years, they have become a bit more “fringe” in terms of their coverage (at times crossing the border into promotion) of “alternative” approaches to managing ADHD that don’t have sufficient empirical support to warrant their use as first-line treatments, but their coverage of supported treatments is generally solid. Subscription information is available, as well as highlights from the current and past issues of the magazine.
- ❖ **www.addwarehouse.com** – *ADD Warehouse* offers a wide selection of books, videotapes, and other materials about ADHD as well as common co-occurring conditions. A good place to look for what types of materials are available, although you can sometimes get a better price elsewhere (e.g., amazon.com).