

SPPAC 2023 Pre-Conference Workshops

Thursday, March 30, 2023

AM Session – 4 options:

Ethics of Managing Conflicts in Multidisciplinary Care: Refusing Treatment Due to Nonadherence and Responding to Hope for a Miracle

Debra S. Lefkowitz, PsyD, Children's Hospital of Philadelphia/University of Pennsylvania School of Medicine; Mariella M. Self, PhD, Texas Children's Hospital/Baylor College of Medicine

Learner Level: Beginner, Intermediate, Advanced

Based on the content of this talk, participants will be able to:

- Describe ethical considerations in using contracts or refusal of care to pediatric patients for nonadherence
- Explain ways in which pediatric psychologists can help mitigate provider bias in decision-making
- Discuss family-provider conflict that can arise when hope for a miracle results in requests for a plan of care deemed medically inappropriate.
- Assess the extent to which established approaches to responding to miracle invocations appear consistent with culturally competent practice.

Translating Science to Policy: How to Communicate with Policymakers to Promote Health Equity

Joanna Buscemi, PhD, DePaul University; Anne Dawson, PhD, Nationwide Children's Hospital; Nicole Kahhan, PhD, Nemours Children's Health; Natasha Pouloupoulos, PhD, Holtz Children's Hospital/Jackson Health System; Elizabeth Getzoff Testa, PhD, Mt Washington Pediatric Hospital; Melissa Pielech, PhD, Warren Alpert Medical School of Brown University

Learner Level: Beginner

Based on the content of this talk, participants will be able to:

- Describe the basic skills needed to begin engaging in policy advocacy.
- Detail important tips to remember when communicating with policymakers
- Understand the links between policy advocacy and health equity.
- Create a personalized advocacy action plan.

Mindfulness and Acceptance-based Interventions for Underrepresented Pediatric Populations

Nour Al Ghriwati, PhD; Staci Martin, PhD, Pediatric Oncology Branch, National Cancer Institute

Learner Level: Intermediate, Advanced

Based on the content of this talk, participants will be able to:

- Describe how in-session mindfulness and acceptance techniques can enhance the therapeutic relationship with patients from underserved groups.
- Apply three mindfulness techniques applicable to culturally diverse children and adolescents.
- Explain why metaphors are a useful therapeutic tool with chronically ill youth from various cultures.
- Design research studies that incorporate methods to reduce health disparities

"I Didn't Know What to Say": Combating Microaggressions within the Healthcare Setting

Ayanna Johnson, PhD in School Psyc, St. Jude Children's Research Hospital; Jasmin Searcy-Pate, PhD, University of Illinois at Chicago; Latisha Gathers-Hutchins, PsyD, Dayton Children's Hospital

Learner Level: Beginner, Intermediate, Advanced

Based on the content of this talk, participants will be able to:

- Describe implicit bias and microaggressions
- Describe intervention strategies supportive for reducing the effects of microaggressions within healthcare and academic settings
- Discuss recommendations to address implicit bias and microaggressions
- Apply actionable evidenced-based skills to approach productive corrective action when a microaggression occurs

PM Session – 4 options:

Motivational Interviewing: Applications to Inclusive and Culturally Responsive Clinical Practice

Julie Gettings, PhD, Children's Hospital Of Philadelphia; Rachel Herbst, PhD, Cincinnati Children's Hospital Medical Center; Megan Benoit Ratcliff, PhD, MPH, Megan Benoit Ratcliff, LLC

Learner Level: Beginner, Intermediate, Advanced

Based on the content of this talk, participants will be able to:

- Describe a culturally-responsive MI conceptual model as a strategy to enhance pediatric psychology care
- Demonstrate how provider recognition of implicit bias is key to the spirit and principles of MI in facilitating collaborative care
- Explain ways to navigate agenda setting that minimizes power and privilege differences between providers and patients/families
- Delineate each of the fundamental MI skills (OARS) and how to intentionally apply them to promote culturally responsive practice
- Demonstrate increased proficiency in culturally-responsive MI skills

Creating Space for Clinician Wellness within Pediatric Psychology Practice

Crystal Cederna-Meko, PsyD, Hurley Medical Center & Michigan State University College of Human Medicine; Christina Low Kapalu, PhD, Children's Mercy Kansas City; Justin Williams, PhD, Children's Healthcare of Atlanta, Aflac Cancer & Blood Disorders Center & Emory University School of; Amber Nelson, PsyD, Graduate Department of Clinical Psychology, George Fox University

Learner Level Beginner, Intermediate, Advanced

Based on the content of this talk, participants will be able to:

- Articulate the benefits of self-reflection on psychologist wellness and healing.
- Identify at least one aspect of resiliency that can be cultivated then drawn upon in-the-moment to support thriving as a pediatric psychologist.
- List three individual-level, culturally responsive strategies that pediatric psychologists can routinely employ to promote personal wellness and mitigate the effects of stress.

Using Project ECHO as a Tool for Community Outreach and Increasing Healthcare Equity

Lauren Garbacz, PhD; Robert Dempster, PhD, Nationwide Children's Hospital; Andrew Cohen, PhD, Golisano Children's Hospital; Allison Stiles, PhD, University of Rochester Medical Center; Amy Hess, BA, Nationwide Children's Hospital

Learner Level: Beginner, Intermediate, Advanced

Based on the content of this talk, participants will be able to:

- Describe the foundational framework of Project ECHO and the benefits of a combined case-based learning plus didactic approach (compared to traditional didactic-only presentations).
- Identify three best practices for harnessing opportunities and overcoming challenges when implementing Project ECHO at their institution or home location.
- Engage and educate other providers in communities that have limited access to behavioral health and/or specialty medical services informed by Pediatric Psychology.
- Develop a plan for implementing an individualized Project ECHO as means for enhancing equity and access to specialty healthcare for underserved areas and populations.

Towards Effective Allyship: A Cultural Humility Exploration for Pediatric Psychology Professionals

Roger Harrison, PhD, Nemours Children's Health, Wilmington; Colleen Cullinan, PhD, Nemours Children's Health

Learner Level: Intermediate, Advanced

Based on the content of this talk, participants will be able to:

- Define terms related to allyship including cultural humility, privilege, oppression, and internalized oppression
 - Describe the role that their identity and personal proximity to minoritized peoples play in their allyship effort
 - Discuss stages of effective allyship, including a pre-ally “identity-blind” stage
 - Identify forms of oppression (e.g., racism, sexism, homophobia, transphobia) that they stand in opposition to and create specific steps to increase allyship and advocacy
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